

# Mixing of 3-term progressions in Quasirandom Groups

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#### Abstract

In this note, we show the mixing of three-term progressions  $(x, xg, xg^2)$  in every finite quasirandom group, fully answering a question of Gowers. More precisely, we show that for any *D*quasirandom group *G* and any three sets  $A_1, A_2, A_3 \subset G$ , we have

$$\left| \Pr_{x, y \sim G} \left[ x \in A_1, xy \in A_2, xy^2 \in A_3 \right] - \prod_{i=1}^3 \Pr_{x \sim G} \left[ x \in A_i \right] \right| \le \left( \frac{2}{\sqrt{D}} \right)^{1/4}.$$

Prior to this, Tao answered this question when the underlying quasirandom group is  $SL_d(\mathbb{F}_q)$ . Subsequently, Peluse extended the result to all nonabelian finite *simple* groups. In this work, we show that a slight modification of Peluse's argument is sufficient to fully resolve Gower's quasirandom conjecture for 3-term progressions. Surprisingly, unlike the proofs of Tao and Peluse, our proof is elementary and only uses basic facts from nonabelian Fourier analysis.

# **1** Introduction

In this note, we revisit a conjecture by Gowers [Gow08] about mixing of three term arithmetic progressions in quasirandom finite groups. Gowers initiated the study of quasirandom groups while refuting a conjecture of Babai and Sós [BS85] regarding the size of the largest product-free set in a given finite group. A finite group is said to be *D*-quasirandom for a positive integer D > 1 if all its non-trivial irreducible representations are at least *D*-dimensional. The quasirandomness property of groups can be used to show that certain "objects" related to the group "mix" well. For instance, the quasirandomness of the group  $PSL_2(\mathbb{F}_q)$  can be used to give an alternate (and weaker) proof [DSV03] that the Ramanujan graphs of Lubotzky, Philips and Sarnak [LPS88] are expanders. Bourgain and Gambard [BG08] used quasirandomness to prove that certain other Cayley graphs were expanders.

Gowers proved that for any *D*-quasirandom group *G* and any three subsets  $A, B, C \subset G$  satisfying  $|A| \cdot |B| \cdot |C| \ge |G|^3/D$ , there exist  $a \in A, b \in B, c \in C$  such that ab = c. More generally, he proved that the number of such triples  $(a, b, c) \in A \times B \times C$  such that ab = c is at least  $(1 - \eta)|A| \cdot |B| \cdot |C|/|G|$  provided  $|A| \cdot |B| \cdot |C| \ge |G|^3/\eta^2 D$ . In other words the set of triples of the form (a, b, ab) mix well in a quasirandom group. Gowers' proof of this result was the inspiration and the first step towards the recent optimal inapproximability result for satisfiable *k*LIN over nonabelian groups [BK21]. After proving

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the well-mixing of triples of the form (a, b, ab) in quasirandom groups, Gowers conjectured a similar statement for triples of the form  $(x, xg, xg^2)$ . More precisely, he conjectured the following statement: Let G be a D-quasirandom group and  $f_1, f_2, f_3 : G \to \mathbb{C}$  such that  $||f_i||_{\infty} \leq 1$ , then

$$\left| \mathop{\mathbb{E}}_{x,y\sim G} \left[ f_1(x) f_2(xy) f_3(xy^2) \right] - \prod_{i=1,2,3} \mathop{\mathbb{E}}_{x\sim G} \left[ f_i(x) \right] \right| = o_D(1), \tag{1}$$

where the expression  $o_D(1)$  goes to zero as D increases. The conjecture can be naturally extended to k-term arithmetic progressions and product of k functions for k > 3. However, in this note we will focus on the three term case.

For the specific case of 3-term progressions, Tao [Tao13] proved the conjecture for the group  $SL_d(\mathbb{F}_q)$  for bounded d using algebraic geometric machinery. In particular, he proved that the righthand side expression in Eq. (1) can be bounded by  $O(1/q^{1/8})$  when d = 2 and  $O_d(1/q^{1/4})$  for larger d. Tao's approach relied on algebraic geometry and was not amenable to other quasirandom groups. Later, Peluse [Pel18] proved the conjecture for all nonabelian finite simple groups. She used basic facts from nonabelian Fourier analysis to prove that the right-hand side expression in Eq. (1) can be bounded by  $\sum_{1 \neq \rho \in \hat{G}} 1/d_{\rho}$  where  $\hat{G}$  represents the set of irreducible unitary representation of G and  $d_{\rho}$ the dimension of the irreducible representation  $\rho$ . This latter quantity is the *Witten zeta function*  $\zeta_G$  of the group G minus one and can be bounded for *simple* finite quasirandom groups using a result due to Liebeck and Shalev [LS04].

In this paper, we show that a slight variation of Peluse's argument can be used to prove the conjecture for *all quasirandom groups* with *better* error parameters. More surprisingly, the proof stays completely elementary and short. Specifically, we prove the following statement:

**Theorem 1.** Let G be a D-quasirandom finite group, i.e, its all non-trivial irreducible representations are at least D-dimensional. Let  $f_1, f_2, f_3 : G \to \mathbb{C}$  such that  $||f_i||_{\infty} \leq 1$  then

$$\left| \mathop{\mathbb{E}}_{x,y\sim G} \left[ f_1(x) f_2(xy) f_3(xy^2) \right] - \prod_{i=1,2,3} \mathop{\mathbb{E}}_{x\sim G} \left[ f_i(x) \right] \right| \le \left( \frac{2}{\sqrt{D}} \right)^{\frac{1}{4}}.$$

### 2 Preliminaries

We begin by recalling some basic representation theory and nonabelian Fourier analysis. See the monograph by Diaconis [Dia98, Chapter 2] for a more detailed treatment (with proofs).

We will be working with a finite group G and complex-valued functions  $f: G \to \mathbb{C}$  on G. All expectations will be with respect to the uniform distribution on G. The *convolution* between two function  $f, h: G \to \mathbb{C}$ , denoted by f \* h, is defined as follows:

$$(f*h)(x) := \mathop{\mathbb{E}}_{y}[f(xy^{-1})h(y)]$$

For any  $p \ge 1$ , the *p*-norm of any function  $f: G \to \mathbb{C}$  is defined as

$$||f||_p^p := \mathop{\mathbb{E}}_{x}[|f(x)|^p].$$

For any element  $g \in G$ , the *conjugacy class of* g, denoted by C(g), refers to the set  $\{x^{-1}gx | x \in G\}$ . Observe that the conjugacy classes form a partition of the group G. A function  $f : G \to \mathbb{C}$  is said to be a *class function* if it is constant on conjugacy classes.

For any  $b \in G$  we use  $\Delta_b f(x) := f(x) \cdot f(xb)$ . For any set  $S \subset G$ ,  $\mu_S : G \to \mathbb{R}$  denotes the scaled density function  $\frac{|G|}{|S|} \mathbb{1}_S$ . The scaling ensures that  $\mathbb{E}_x[\mu_S(x)] = 1$ .

Given a complex vector space V, we denote the vector space of linear operators on V by End(V). This space is endowed with the following inner product and norm (usually referred to as the *Hilbert-Schmidt* norm):

For  $A, B \in \text{End}(V)$ ,  $\langle A, B \rangle_{\text{HS}} := \text{Trace}(A^*B)$  and  $||A||_{\text{HS}}^2 := \langle A, A \rangle_{\text{HS}} = \text{Trace}(A^*A)$ .

This norm is known to be submultiplicative (i.e,  $||AB||_{\text{HS}} \leq ||A||_{\text{HS}} \cdot ||B||_{\text{HS}}$ ).

**Representations and Characters:** A representation  $\rho: G \to \text{End}(V)$  is a homomorphism from G to the set of linear operators on V for some finite-dimensional vector space V over  $\mathbb{C}$ , i.e., for all  $x, y \in G$ , we have  $\rho(xy) = \rho(x)\rho(y)$ . The dimension of the representation  $\rho$ , denoted by  $d_{\rho}$ , is the dimension of the underlying  $\mathbb{C}$ -vector space V. The *character* of a representation  $\rho$ , denoted by  $\chi_{\rho}: G \to \mathbb{C}$ , is defined as  $\chi_{\rho}(x) := \text{Trace}(\rho(x))$ .

The representation 1:  $G \to \mathbb{C}$  satisfying 1(x) = 1 for all  $x \in G$  is the *trivial* representation. A representation  $\rho: G \to \text{End}(V)$  is said to *reducible* if there exists a non-trivial subpace  $W \subset V$  such that for all  $x \in G$ , we have  $\rho(x)W \subset W$ . A representation is said to be *irreducible* otherwise. The set of all irreducible representations of G (upto equivalences) is denoted by  $\hat{G}$ .

For every representation  $\rho: G \to \text{End}(V)$ , there exists an inner product  $\langle, \rangle_V$  over V such that every  $\rho(x)$  is unitary (i.e,  $\langle \rho(x)u, \rho(x)v \rangle_V = \langle u, v \rangle_V$  for all  $u, v \in V$  and  $x \in G$ ). Hence, we might wlog. assume that all the representations we are considering are unitary.

The following are some well-known facts about representations and characters.

**Proposition 2.** 1. The group G is abelian iff  $d_{\rho} = 1$  for every irreducible representation  $\rho$  in  $\hat{G}$ .

- 2. For any finite group G,  $\sum_{\rho \in \hat{G}} d_{\rho}^2 = |G|$ .
- 3. [orthogonality of characters] For any  $\rho, \rho' \in \hat{G}$  we have:  $\mathbb{E}_x \left[ \chi_{\rho}(x) \overline{\chi_{\rho'}(x)} \right] = \mathbb{1}[\rho = \rho'].$

**Definition 3** (quasirandom groups). A nonabelian group G is said to be D-quasirandom for some positive integer D > 1 if all its non-trivial irreducible representations  $\rho$  satisfy  $d_{\rho} \ge D$ .

**Nonabelian Fourier analysis:** Given a function  $f: G \to \mathbb{C}$  and an irreducible representation  $\rho \in \hat{G}$ , the Fourier transform is defined as follows:

$$\hat{f}(\rho) := \mathop{\mathbb{E}}_{x}[f(x)\rho(x)].$$

The following proposition summarizes the basic properties of Fourier transform that we will need.

**Proposition 4.** For any  $f, h: G \to \mathbb{C}$ , we have the following

1. [Fourier transform of trivial representation]

$$\hat{f}(1) = \mathop{\mathbb{E}}_{x}[f(x)].$$

2. [Convolution]

$$\widehat{f} * \widehat{h}(\rho) = \widehat{f}(\rho) \cdot \widehat{h}(\rho).$$

3. [Fourier inversion formula]

$$f(x) = \sum_{\rho \in \hat{G}} d_{\rho} \cdot \langle \hat{f}(\rho), \rho(x) \rangle_{\mathrm{HS}}.$$

*4.* [*Parseval's identity*]

$$||f||_2^2 = \sum_{\rho \in \hat{G}} d_{\rho} \cdot ||\hat{f}(\rho)||_{\mathrm{HS}}^2.$$

5. [Fourier transform of class functions] For any class function  $f: G \to \mathbb{C}$ , the Fourier transform satisfies

$$\hat{f}(\rho) = c \cdot I_{d_{\rho}}$$

for some constant  $c = c(f, \rho) \in \mathbb{C}$ . In other words, the Fourier transform is a scaling of the Identity operator  $I_{d_{\rho}}$ .

The following claim (also used by Peluse [Pel18]) observes that the scaled density function  $\mu_{gC(g)}$  has a very simple Fourier transform since it is a translate of the class function  $\mu_{C(g)}$ 

**Claim 5.** For any  $g \in G$  and  $\rho \in \hat{G}$  we have:

$$\hat{\mu}_{gC(g)}(\rho) = \frac{\chi_{\rho}(g)}{d_{\rho}} \cdot \rho(g)$$

where C(g) refers to the conjugacy class of g. Moreover,  $\|\hat{\mu}_{gC(g)}\|_{HS}^2 = \frac{|\chi_{\rho}(g)|^2}{d_{\rho}}$ 

*Proof.* We begin by observing that

$$\hat{\mu}_{gC(g)}(\rho) = \mathop{\mathbb{E}}_{x} \left[ \mu_{gC(g)}(x) \cdot \rho(x) \right]$$
$$= \mathop{\mathbb{E}}_{x} \left[ \mu_{gC(g)}(gx) \cdot \rho(gx) \right]$$
$$= \mathop{\mathbb{E}}_{x} \left[ \mu_{gC(g)}(gx) \cdot \rho(g) \cdot \rho(x) \right]$$
$$= \rho(g) \cdot \mathop{\mathbb{E}}_{x} \left[ \mu_{C(g)}(x) \cdot \rho(x) \right]$$
$$= \rho(g) \cdot \hat{\mu}_{C(g)}(\rho).$$

On the other hand, as  $\mu_{C(g)}$  is a class function, we have  $\hat{\mu}_{C(g)}(\rho) = c \cdot I_{d_{\rho}}$  for some constant  $c \in \mathbb{C}$ . The constant c can be determined by taking trace on either side of  $c\dot{I}_{d_{\rho}} = \hat{\mu}_{C(g)} = \mathbb{E}_x[\mu_{C(g)}(x) \cdot \rho(x)]$  and noting that  $\operatorname{Trace}(\rho(x)) = \chi_{\rho}(g)$  as follows:

$$c \cdot d_{\rho} = \mathop{\mathbb{E}}_{x} \left[ \mu_{C(g)}(x) \cdot \chi_{\rho}(x) \right] = \mathop{\mathbb{E}}_{x} \left[ \mu_{C(g)}(x) \right] \cdot \chi_{\rho}(g) = \chi_{\rho}(g).$$

Hence,  $c = \frac{\chi_{\rho}(g)}{d_{\rho}}$  and  $\hat{\mu}_{gC(g)} = \frac{\chi_{\rho}(g)}{d_{\rho}} \cdot \rho(g)$ . Lastly we have,

$$\begin{aligned} \|\hat{\mu}_{gC(g)}\|_{\mathrm{HS}}^{2} &= \left\|\frac{\chi_{\rho}(g)}{d_{\rho}} \cdot \rho(g)\right\|_{\mathrm{HS}}^{2} \\ &= \frac{|\chi_{\rho}(g)|^{2}}{d_{\rho}^{2}} \cdot \operatorname{Trace}\left(\rho(g)^{*} \cdot \rho(g)\right) \\ &= \frac{|\chi_{\rho}(g)|^{2}}{d_{\rho}^{2}} \cdot d_{\rho} \end{aligned} \qquad (By \text{ unitariness of } \rho(g)) \\ &= \frac{|\chi_{\rho}(g)|^{2}}{d_{\rho}}. \end{aligned}$$

The key property of *D*-quasirandom groups that we will be using is the following inequality due to Babai, Nikolov and Pyber, the proof of which we provide for the sake of completeness.

**Lemma 6** ([BNP08]). If G is a D-quasirandom group and  $f_1, f_2: G \to \mathbb{C}$  such that either  $f_1$  or  $f_2$  is mean zero then

$$|f_1 * f_2||_2 \le \frac{1}{\sqrt{D}} \cdot ||f_1||_2 \cdot ||f_2||_2$$

Proof.

$$\begin{split} \|f_{1} * f_{2}\|^{2} &= \sum_{\rho \in \hat{G}} d_{\rho} \|\hat{f}_{1} * \hat{f}_{2}(\rho)\|_{\mathrm{HS}}^{2} \\ &= \sum_{\rho \in \hat{G}} d_{\rho} \|\hat{f}_{1}(\rho) \cdot \hat{f}_{2}(\rho)\|_{\mathrm{HS}}^{2} \\ &\leq \sum_{\rho \in \hat{G}} d_{\rho} \|\hat{f}_{1}(\rho)\|_{\mathrm{HS}}^{2} \cdot \|\hat{f}_{2}(\rho)\|_{\mathrm{HS}}^{2} \qquad \text{(By submultiplicativity of norm)} \\ &= \sum_{1 \neq \rho \in \hat{G}} d_{\rho} \|\hat{f}_{1}(\rho)\|_{\mathrm{HS}}^{2} \cdot \|\hat{f}_{2}(\rho)\|_{\mathrm{HS}}^{2} \qquad \text{(By mean zeroness)} \\ &\leq \frac{1}{D} \cdot \sum_{1 \neq \rho \in \hat{G}} d_{\rho}^{2} \|\hat{f}_{1}(\rho)\|_{\mathrm{HS}}^{2} \cdot \|\hat{f}_{2}(\rho)\|_{\mathrm{HS}}^{2} \qquad \text{(By D-quasirandomness)} \\ &\leq \frac{1}{D} \left( \sum_{1 \neq \rho \in \hat{G}} d_{\rho} \|\hat{f}_{1}(\rho)\|_{\mathrm{HS}}^{2} \right) \cdot \left( \sum_{1 \neq \rho \in \hat{G}} d_{\rho} \|\hat{f}_{2}(\rho)\|_{\mathrm{HS}}^{2} \right) \\ &\leq \frac{1}{D} \cdot \|f_{1}\|_{2}^{2} \cdot \|f_{2}\|_{2}^{2} . \qquad \Box$$

The following is a simple corrollary of Lemma 6.

**Corollary 7.** If G is D-quasirandom;  $f: G \to \mathbb{C}$  has zero mean and  $||f||_{\infty} \leq 1$  then

$$\mathbb{E}_{b}\left[\left|\mathbb{E}_{x}\Delta_{b}f(x)\right|\right] \leq \frac{1}{\sqrt{D}}.$$

Proof. Let  $f'(x) := f(x^{-1})$ . We have,

$$\begin{split} \mathbb{E}_{b}\left[\left|\mathop{\mathbb{E}}_{x}\Delta_{b}f(x)\right|\right] &= \mathbb{E}_{b}\left[\left|\mathop{\mathbb{E}}_{x}f(x)f(xb)\right|\right] \\ &= \mathbb{E}_{b}\left[\left|\mathop{\mathbb{E}}_{x}f'(x^{-1})f(xb)\right|\right] \\ &= \mathbb{E}_{b}\left[\left|f'*f(b)\right|^{2}\right]^{1/2} & \text{(By Cauchy-Schwarz inequality)} \\ &= \|f'*f\|_{2} \\ &\leq \frac{1}{\sqrt{D}} \cdot \|f'\|_{2} \cdot \|f\|_{2} & \text{(By Lemma 6)} \\ &\leq \frac{1}{\sqrt{D}}. & \text{(Since } \|f\|_{2} \leq \|f\|_{\infty} \leq 1). \end{split}$$

## **3 Proof of Theorem 1**

The following proposition is where we deviate from Peluse's proof [Pel18]. We give an elementary proof for *every* quasirandom group while Peluse proved the same result for *simple* finite groups using the result of Liebeck and Shalev [LS04] to bound the Witten zeta function  $\zeta_G$  for *simple* finite groups.

**Proposition 8.** Let G be a D-quasirandom group. Let  $f: G \to \mathbb{C}$  such that  $||f||_{\infty} \leq 1$ ,  $\mathbb{E}[f] = 0$  and  $f_b$  is the mean zero component of the function  $\Delta_b f$  (i.e.,  $f_b(x) = \Delta_b f(x) - \mathbb{E}_x[\Delta_b f(x)]$ ). Then

$$\mathbb{E}_{g,b}\left[\left|\mathbb{E}_{x}\left[\Delta_{b}f(x)\cdot(f_{g^{-1}bg}*\mu_{g^{-1}C(g^{-1})})(x)\right]\right|\right] \leq \frac{1}{\sqrt{D}}.$$

*Proof.* Let us denote the expression on the L.H.S. as  $\Gamma$ . We use simple manipulations and previously stated facts to simplify the expression.

$$\begin{split} \Gamma^{2} &\leq \mathop{\mathbb{E}}_{g,b} \left[ \|\Delta_{b}f\|_{2} \cdot \|(f_{g^{-1}bg} * \mu_{g^{-1}C(g^{-1})}\|_{2} \right]^{2} & \text{(By Cauchy-Schwarz inequality)} \\ &\leq \mathop{\mathbb{E}}_{g,b} \left[ \|f_{g^{-1}bg} * \mu_{g^{-1}C(g^{-1})}\|_{2}^{2} \right]^{2} & \text{(Since } \|\Delta_{b}f\|_{2} \leq 1) \\ &\leq \mathop{\mathbb{E}}_{g,b} \left[ \|f_{g^{-1}bg} * \mu_{g^{-1}C(g^{-1})}\|_{2}^{2} \right] & \text{(By Cauchy Schwarz inequality)} \\ &= \mathop{\mathbb{E}}_{g,b} \left[ \sum_{1 \neq \rho \in \hat{G}} d_{\rho} \cdot \|\hat{f}_{g^{-1}bg}(\rho) \cdot \hat{\mu}_{g^{-1}C(g^{-1})}(\rho)\|_{\mathrm{HS}}^{2} \right] & \text{(By Parseval's identity & } \hat{f}_{g^{-1}bg}(1) = 0 \text{)} \\ &\leq \mathop{\mathbb{E}}_{g,b} \left[ \sum_{1 \neq \rho \in \hat{G}} d_{\rho} \cdot \|\hat{f}_{gbg^{-1}}(\rho)\|_{\mathrm{HS}}^{2} \cdot \|\hat{\mu}_{g^{-1}C(g^{-1})}(\rho)\|_{\mathrm{HS}}^{2} \right] & \text{(By submultiplicativity of norm)} \end{split}$$

 $= \mathop{\mathbb{E}}_{g,b} \left[ \sum_{1 \neq \rho \in \hat{G}} \|\hat{f}_{g^{-1}bg}(\rho)\|_{\mathrm{HS}}^2 \cdot |\chi_{\rho}(g)|^2 \right]$   $= \sum_{1 \neq \rho \in \hat{G}} \mathop{\mathbb{E}}_{g} \left[ |\chi_{\rho}(g)|^2 \cdot \mathop{\mathbb{E}}_{b} \left[ \left\| \hat{f}_{gbg^{-1}}(\rho) \right\|_{\mathrm{HS}}^2 \right] \right].$ (By Claim 5)

Now using the fact that  $gbg^{-1}$  is uniformly distributed in G for a fixed g and a uniformly random b in G, we can simply the above expression as follows.

$$\Gamma^{2} \leq \sum_{1 \neq \rho \in \hat{G}} \mathbb{E}_{g} \left[ |\chi_{\rho}(g)|^{2} \cdot \mathbb{E}_{b} \left[ \left\| \hat{f}_{b}(\rho) \right\|_{\mathrm{HS}}^{2} \right] \right] \\
= \sum_{1 \neq \rho \in \hat{G}} \mathbb{E}_{b} \left[ \left\| \hat{f}_{b}(\rho) \right\|_{\mathrm{HS}}^{2} \right] \cdot \mathbb{E}_{g} \left[ |\chi_{\rho}(g)|^{2} \right] \\
= \sum_{1 \neq \rho \in \hat{G}} \mathbb{E}_{b} \left[ \left\| \hat{f}_{b}(\rho) \right\|_{\mathrm{HS}}^{2} \right] \qquad (By \text{ orthogonality of } \chi_{\rho}) \\
= \mathbb{E}_{b} \left[ \sum_{1 \neq \rho \in \hat{G}} \left\| \hat{f}_{b}(\rho) \right\|_{\mathrm{HS}}^{2} \right].$$

Finally, we use the fact that all the terms in the summation are non-negative and the group G is a D-quasirandom group.

$$\begin{split} \Gamma^{2} &\leq \frac{1}{D} \cdot \mathop{\mathbb{E}}_{b} \left[ \sum_{1 \neq \rho \in \hat{G}} d_{\rho} \cdot \left\| \hat{f}_{b}(\rho) \right\|_{\mathrm{HS}}^{2} \right] \\ &= \frac{1}{D} \cdot \mathop{\mathbb{E}}_{b} \left[ \| f_{b} \|_{2}^{2} \right] \\ &\leq \frac{1}{D}, \end{split} \tag{By Parseval's identity} \\ & (\text{Because } \| f_{b} \|_{2}^{2} \leq 1). \end{split}$$

The proof of this lemma is similar to the proof of the BNP inequality (Lemma 6). The key difference being that we have a complete characterization of the Fourier transform of  $\mu_{gC(g)}$  from Claim 5 which we use to give a sharper bound.

We are now ready to prove the main Theorem 1. This part of the proof is similar to the corresponding expression that appears in the paper of Peluse [Pel18], which is in turn inspired by Tao's adaptation of Gowers' repeated Cauchy-Schwarzing trick to the nonebelian setting. We, however, present the entire proof for the sake of completeness.

*Proof of Theorem 1.* Let us denote the L.H.S. of the expression by  $\Theta_{f_1, f_2, f_3}$ . Without loss of generality we assume  $\mathbb{E}[f_3] = 0$ . Now we have,

$$\Theta_{f_1,f_2,f_3}^4 = \left| \mathop{\mathbb{E}}_{x,y} \left[ f_1(x) f_2(xy) f_3(xy^2) \right] \right|^4$$
  
=  $\left| \mathop{\mathbb{E}}_{x,z} \left[ f_1(xz^{-1}) f_2(x) f_3(xz) \right] \right|^4$  (Change of variables:  $x \leftarrow xy, z \leftarrow y$ )

$$\leq \left| \underset{x,z_{1},z_{2}}{\mathbb{E}} \left[ f_{1}(xz_{1}^{-1})f_{1}(xz_{2}^{-1})f_{3}(xz_{1})f_{3}(xz_{2}) \right] \right|^{2}$$

$$(Cauchy-Schwarz over x; ||f_{2}||_{\infty} = 1 \text{ and expansion })$$

$$= \left| \underset{y,z,a}{\mathbb{E}} \left[ f_{1}(y)f_{1}(ya)f_{3}(yz^{2})f_{3}(yza^{-1}z) \right] \right|^{2}$$

$$(Change of variables: y \leftarrow xz_{1}^{-1}, z \leftarrow z_{1}, a \leftarrow z_{1}z_{2}^{-1})$$

$$= \left| \underset{y,z,a}{\mathbb{E}} \left[ \Delta_{a}f_{1}(y) \cdot \Delta_{z^{-1}a^{-1}z} f_{3}(yz^{2}) \right] \right|^{2}$$

$$\leq \left| \underset{y,a,z_{1},z_{2}}{\mathbb{E}} \left[ \Delta_{z_{1}^{-1}a^{-1}z_{1}} f_{3}(yz_{1}^{2}) \cdot \Delta_{z_{2}^{-1}a^{-1}z_{2}} f_{3}(yz_{2}^{2}) \right] \right|,$$

$$(Cauchy-Schwarz over y, a; ||f_{1}||_{\infty} \leq 1 ).$$

Now, using the following change of variables,  $z \leftarrow z_1$ ,  $x \leftarrow yz_1^2$ ,  $b \leftarrow z_1^{-1}a^{-1}z_1$ ,  $g \leftarrow z_1^{-1}z_2$ , we get

$$\begin{aligned} \Theta_{f_{1},f_{2},f_{3}}^{4} &\leq \Big| \mathop{\mathbb{E}}_{x,b,z,g} \left[ \Delta_{b} \ f_{3}(x) \cdot \Delta_{g^{-1}bg} \ f_{3}(xz^{-1}gzg) \right] \Big| \\ &= \Big| \mathop{\mathbb{E}}_{x,b,g} \left[ \Delta_{b} \ f_{3}(x) \cdot \mathop{\mathbb{E}}_{z} [\Delta_{g^{-1}bg} \ f_{3}(xz^{-1}gzg)] \right] \Big| \\ &= \Big| \mathop{\mathbb{E}}_{x,b,g} \left[ \Delta_{b} \ f_{3}(x) \cdot \mathop{\mathbb{E}}_{a} [\Delta_{g^{-1}bg} \ f_{3}(xa^{-1}) \cdot \frac{|G|}{|C(g^{-1})|} 1_{g^{-1}C(g^{-1})}(a)] \right] \Big| \\ &= \Big| \mathop{\mathbb{E}}_{x,b,g} \left[ \Delta_{b} \ f_{3}(x) \cdot \mathop{\mathbb{E}}_{a} [\Delta_{g^{-1}bg} \ f_{3}(xa^{-1}) \cdot \mu_{g^{-1}C(g^{-1})}(a)] \right] \Big| \\ &= \Big| \mathop{\mathbb{E}}_{x,b,g} \left[ \Delta_{b} \ f_{3}(x) \cdot \Delta_{g^{-1}bg} \ f_{3} * \mu_{g^{-1}C(g^{-1})}(x) \right] \Big|. \end{aligned}$$

We now separate the function  $\Delta_{g^{-1}bg} f_3$  from its the mean zero part as follows: Let  $\Delta_{g^{-1}bg} f_3 = f'_{g^{-1}bg} + f_{g^{-1}bg}$  where  $f'_{g^{-1}bg} = \mathbb{E}_x[\Delta_{g^{-1}bg} f_3(x)]$  and  $f_{g^{-1}bg}(x) = \Delta_{g^{-1}bg} f_3(x) - f'_{g^{-1}bg}$ .

$$\begin{split} \Theta_{f_1,f_2,f_3}^4 &\leq \left| \mathop{\mathbb{E}}_{x,b,g} \left[ \Delta_b \ f_3(x) \cdot (f_{g^{-1}bg} + f'_{g^{-1}bg}) * \mu_{g^{-1}C(g^{-1})}(x) \right] \right| \\ &\leq \mathop{\mathbb{E}}_{b,g} \left[ \left| \mathop{\mathbb{E}}_x \left[ \Delta_b \ f_3(x) \cdot f_{g^{-1}bg} * \mu_{g^{-1}C(g^{-1})}(x) \right] \right| \right] \\ &\quad + \mathop{\mathbb{E}}_{b,g} \left[ \left| \mathop{\mathbb{E}}_x \left[ \Delta_b \ f_3(x) \cdot f'_{g^{-1}bg} * \mu_{g^{-1}C(g^{-1})}(x) \right] \right| \right] \\ &\leq \frac{1}{\sqrt{D}} + \mathop{\mathbb{E}}_{b,g} \left[ \left| \mathop{\mathbb{E}}_x \left[ \Delta_b \ f_3(x) \right] \right| \cdot \| f'_{g^{-1}bg} * \mu_{g^{-1}C(g^{-1})} \|_{\infty} \right] \end{split}$$
 (Using Proposition 8 to bound the first e

(Using Proposition 8 to bound the first expectation)

$$= \frac{1}{\sqrt{D}} + \mathop{\mathbb{E}}_{b,g} \left[ \left| \mathop{\mathbb{E}}_{x} \left[ \Delta_{b} f_{3}(x) \right] \right| \cdot |f'_{g^{-1}bg}| \right]$$

$$\leq \frac{1}{\sqrt{D}} + \mathop{\mathbb{E}}_{b} \left[ \left| \mathop{\mathbb{E}}_{x} \left[ \Delta_{b} f_{3}(x) \right] \right| \right] \qquad (Using |f'_{g^{-1}bg}| \leq 1)$$

$$\leq \frac{2}{\sqrt{D}}, \qquad (By \text{ Corollary 7 and } \|f_{3}\|_{\infty} \leq 1).$$

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