# Non-commutative circuits and the sum-of-squares problem 

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#### Abstract

We initiate a direction for proving lower bounds on the size of non-commutative arithmetic circuits. This direction is based on a connection between lower bounds on the size of non-commutative arithmetic circuits and a problem about commutative degree four polynomials, the classical sum-of-squares problem: find the smallest $n$ such that there exists an identity $$
\begin{equation*} \left(x_{1}^{2}+x_{2}^{2}+\cdots+x_{k}^{2}\right) \cdot\left(y_{1}^{2}+y_{2}^{2}+\cdots+y_{k}^{2}\right)=f_{1}^{2}+f_{2}^{2}+\cdots+f_{n}^{2}, \tag{0.1} \end{equation*}
$$ where each $f_{i}=f_{i}(X, Y)$ is a bilinear form in $X=\left\{x_{1}, \ldots, x_{k}\right\}$ and $Y=\left\{y_{1}, \ldots, y_{k}\right\}$. Over the complex numbers, we show that a sufficiently strong super-linear lower bound on $n$ in 0.1), namely, $n \geq k^{1+\epsilon}$ with $\varepsilon>0$, implies an exponential lower bound on the size of arithmetic circuits computing the non-commutative permanent.

More generally, we consider such sum-of-squares identities for any biquadratic polynomial $h(X, Y)$, namely $$
\begin{equation*} h(X, Y)=f_{1}^{2}+f_{2}^{2}+\cdots+f_{n}^{2} \tag{0.2} \end{equation*}
$$

Again, proving $n \geq k^{1+\epsilon}$ in 0.2 for any explicit $h$ over the complex numbers gives an exponential lower bound for the non-commutative permanent. Our proofs relies on several new structure theorems for non-commutative circuits, as well as a non-commutative analog of Valiant's completeness of the permanent.

We proceed to prove such super-linear bounds in some restricted cases. We prove that $n \geq \Omega\left(k^{6 / 5}\right)$ in (0.1), if $f_{1}, \ldots, f_{n}$ are required to have integer coefficients. Over the real numbers, we construct an explicit biquadratic polynomial $h$ such that $n$ in 0.2 must be at least $\Omega\left(k^{2}\right)$. Unfortunately, these results do not imply circuit lower bounds.

We also present other structural results about non-commutative arithmetic circuits. We show that any non-commutative circuit computing an ordered non-commutative polynomial can be efficiently transformed to a syntactically multilinear circuit computing that polynomial. The permanent, for example, is ordered. Hence, lower bounds on the size of syntactically multilinear circuits computing the permanent imply unrestricted non-commutative lower bounds. We also prove an exponential lower bound on the size of non-commutative syntactically multilinear circuit computing an explicit polynomial. This polynomial is, however, not ordered and an unrestricted circuit lower bound does not follow.


[^0]
## 1 Introduction

### 1.1 Non-commutative computation

Arithmetic complexity theory studies computation of formal polynomials over some field or ring. Most of this theory is concerned with computation of commutative polynomials. The basic model of computation is that of arithmetic circuit. Despite decades of work, the best size lower bound for general circuits computing an explicit $n$-variate polynomial of degree $d$ is $\Omega(n \log d)$, due to Baur and Strassen [30, 2]. Better lower bounds are known for a variety of more restricted computational models, such as monotone circuits, multilinear or bounded depth circuits (see, e.g., 6, 3]).

In this paper we deal with a different type of restriction. We investigate non-commutative polynomials and circuits; the case when the variables do not multiplicatively commute, i.e., $x y \neq y x$ if $x \neq y$, as in the case when the variables represent matrices over a field 1 In a non-commutative circuit, a multiplication gate is given with an order in which its inputs are multiplied. Precise definitions appear in Section 2 , A simple illustration of how absence of commutativity limits computation is the polynomial $x^{2}-y^{2}$. If $x, y$ commute, the polynomial can be computed as $(x-y)(x+y)$ using one multiplication. In the non-commutative case, two multiplications are required to compute it.
Surprisingly, while interest in non-commutative computations goes back at least to 1970 33], no better lower bounds are known for general non-commutative circuits than in the commutative case. The seminal work in this area is [21], where Nisan proved exponential lower bounds on non-commutative formula size of determinant and permanent. He also gives an explicit polynomial that has linear size non-commutative circuits but requires non-commutative formulas of exponential size, thus separating non-commutative formulas and circuits.

One remarkable aspect of non-commutative computation is its connection with the celebrated approximation scheme for the (commutative) permanent [14]. The series of papers [7, 16, 1, 5] reduce the problem of approximating permanent to the problem of computing determinant of a matrix whose entries are elements of (non-commutative) Clifford algebras. However, already in the case of quaternions (the third Clifford algebra), determinant cannot be efficiently computed by means of arithmetic formulas. This was shown by Chien and Sinclair [4] who extend Nisan's techniques to this and other non-commutative algebras.

In this paper, we propose new directions towards proving lower bounds on non-commutative circuits. We present structure theorems for non-commutative circuits, which enable us to reduce circuit size lower bounds to apparently simpler problems. The foremost such problem is the so called sum-of-squares problem, a classical question on a border between algebra and topology. We also outline a connection with multilinear circuits, in which exciting progress was made in recent years. We then make modest steps towards the lower-bound goal, and present results some of which are of independent interest. Before we describe the results, we take a detour to briefly describe the sum-of-squares problem and its long history.

[^1]
### 1.2 The sum-of-squares problem

In this section all variables commute. Consider the polynomial

$$
\begin{equation*}
\operatorname{SOS}_{k}=\left(x_{1}^{2}+x_{2}^{2}+\cdots+x_{k}^{2}\right) \cdot\left(y_{1}^{2}+y_{2}^{2}+\cdots+y_{k}^{2}\right) . \tag{1.1}
\end{equation*}
$$

Given a field (or a ring) $\mathbb{F}$, define $\mathcal{S}_{\mathbb{F}}(k)$ as the smallest $n$ such that there exists a polynomial identity

$$
\begin{equation*}
\operatorname{SOS}_{k}=z_{1}^{2}+z_{2}^{2}+\cdots+z_{n}^{2} \tag{1.2}
\end{equation*}
$$

where each $z_{i}=z_{i}(X, Y)$ is a bilinear form in variables $X=\left\{x_{1}, \ldots, x_{k}\right\}$ and $Y=\left\{y_{1}, \ldots, y_{k}\right\}$ over the field $\mathbb{F}$.

We refer to the problem of determining the value $\mathcal{S}_{\mathbb{F}}(k)$ as the sum-of-squares problem. Note that the problem is not interesting if $\mathbb{F}$ has characteristic two, for then $\mathcal{S}_{\mathbb{F}}(k)=1$. Over other fields, the trivial bounds are

$$
k \leq \mathcal{S}_{\mathbb{F}}(k) \leq k^{2} .
$$

In Section 1.3, we describe the connection between the sum-of-squares problem and arithmetic complexity. At this point, let us discuss the mathematical significance of the sum-of-squares problem (much more can be found, e.g., in [29]). We focus on real sums of squares, for they are of the greatest historical importanc ${ }^{2}$. Nontrivial identities exhibiting $\mathcal{S}_{\mathbb{R}}(k)=k$ initiated this story.
When $k=1$, we have $x_{1}^{2} y_{1}^{2}=\left(x_{1} y_{1}\right)^{2}$. When $k=2$, we have

$$
\left(x_{1}^{2}+x_{2}^{2}\right) \cdot\left(y_{1}^{2}+y_{2}^{2}\right)=\left(x_{1} y_{1}-x_{2} y_{2}\right)^{2}+\left(x_{1} y_{2}+x_{2} y_{1}\right)^{2} .
$$

Interpreting ( $x_{1}, x_{2}$ ) and ( $y_{1}, y_{2}$ ) as complex numbers $\alpha$ and $\beta$, this formula expresses the property

$$
\begin{equation*}
|\alpha|^{2}|\beta|^{2}=|\alpha \beta|^{2} \tag{1.3}
\end{equation*}
$$

of multiplication of complex numbers. The case $k=1$ trivially expresses the same fact 1.3 for real $\alpha$ and $\beta$. In 1748 , motivated by the number theoretic problem of expressing every integer as a sum of four squares, Euler proved an identity showing that $\mathcal{S}_{\mathbb{R}}(4)=4$. When Hamilton discovered the quaternion algebra in 1843 , this identity was quickly realized to express (1.3) for mutiplying quaternions. This was repeated in 1848 with the discovery of the octonions algebra, and the 8 -square identity expressing 1.3 ) for octonions. Motivated by the study of division algebras, mathematicians tried to prove a 16 -square identity in the following 50 years. Finally Hurwitz in 1898 proved that it is impossible, obtaining the first nontrivial lower bound:

Theorem 1.1. [11] $\mathcal{S}_{\mathbb{R}}(k)>k$, except when $k \in\{1,2,4,8\}$.
The following interpretation of the sum-of-squares problem got topologists interested in this problem: if $z_{1}, \ldots, z_{n}$ satisfy (1.2), the map $z=\left(z_{1}, \ldots, z_{n}\right): \mathbb{R}^{k} \times \mathbb{R}^{k} \rightarrow \mathbb{R}^{n}$ is a bilinear normed map. Namely, it satisfies $|z(\bar{x}, \bar{y})|=|\bar{x}||\bar{y}|$ for every $\bar{x}, \bar{y} \in \mathbb{R}^{k}$, where $|\cdot|$ is the Euclidean norm. This rigid structure allows for topological and algebraic geometry tools to yield the following, best known lower bound, which unfortunately gains only a factor of two over the trivial bound:

[^2]Theorem 1.2. [13, 18] $\mathcal{S}_{\mathbb{R}}(k) \geq(2-o(1)) k$.
As it happens, the trivial upper bound can be improved as well. There exists a normed bilinear map as above from $\mathbb{R}^{k} \times \mathbb{R}^{\rho(k)}$ to $\mathbb{R}^{k}$, with $\rho(k)=\Theta(\log k)$. This was shown by Radon and Hurwitz [24, 12], who computed the exact value of the optimal $\rho(k)$. Interestingly, such a map exists even if we require the polynomials $z_{i}$ to have integer ${ }^{3}$ coefficients, see [36, 19]. The existence of this integer bilinear normed map turns out to be related to Clifford algebras as well: it can be obtained using a matrix representation of a Clifford algebra with $\rho(k)$ generators. This can be seen to imply
Fact 1.3. $\mathcal{S}_{\mathbb{Z}}(k) \leq O\left(k^{2} / \log k\right)$.
This is the best known upper bound on $\mathcal{S}_{\mathbb{R}}$, or $\mathcal{S}_{\mathbb{F}}$ for any other field with char $\mathbb{F} \neq 2$. This motivated researchers to study integer sums of squares, and try to prove lower bounds on $\mathcal{S}_{\mathbb{Z}}$. Despite the effort [18, 34, 29], the asymptotic bounds on $\mathcal{S}_{\mathbb{Z}}$ remained as wide open as in the case of reals. One of the contributions of this paper is the first super-linear lower bound in the integer case. We show that $\mathcal{S}_{\mathbb{Z}}(k) \geq$ $\Omega\left(k^{6 / 5}\right)$.
To illustrate the subtlety of proving lower bounds on the sum-of-squares problem, let us mention that if we allow the $z_{i}$ 's to be rational functions rather than polynomials, the nature of the problem significantly changes. In 1965, Pfister [23] proved that if the $z_{i}$ 's are rational functions, $\mathrm{SOS}_{k}$ can be written as a sum of $k$ squares whenever $k$ is a power of two.

### 1.3 Non-commutative circuits and bilinear complexity

Conditional lower bounds on circuit complexity. The connection between the sum-of-squares problem and non-commutative lower bounds is that a sufficiently strong lower bound on $\mathcal{S}(k)$ implies an exponential lower bound for permanent. Here we present our main results, for a more detailed discussion, see Section 2.1. In the non-commutative setting, there are several options to define the permanent, we define it row-by-row, that is,

$$
\operatorname{PERM}_{n}(X)=\sum_{\pi} x_{1, \pi(1)} x_{2, \pi(2)} \cdots x_{n, \pi(n)}
$$

where $\pi$ is a permutation of $[n]=\{1, \ldots, n\}$. The advertised connection can be summarized as follows $4^{4}$
Theorem 1.4. Let $\mathbb{F}$ be an algebraically closed field. Assume that $\mathcal{S}_{\mathbb{F}}(k) \geq \Omega\left(k^{1+\varepsilon}\right)$ for a constant $\varepsilon>0$. Then $\mathrm{PERM}_{n}$ requires non-commutative circuits of size $2^{\Omega(n)}$.

Theorem 1.4 is an instance of a general connection between non-commutative circuits and commutative degree four polynomials, which we now proceed to describe.
Let $f$ be a commutative polynomial of degree four over a field $\mathbb{F}$. We say that $f$ is biquadratic in variables $X=\left\{x_{1}, \ldots, x_{k}\right\}$ and $Y=\left\{y_{1}, \ldots, y_{k}\right\}$, if every monomial in $f$ has the form $x_{i_{1}} x_{i_{2}} y_{j_{1}} y_{j_{2}}$. If $f$ is biquadratic in variables $X$ and $Y$, we define

[^3]sum-of-squares complexity: $\mathcal{S}_{\mathbb{F}}(f)$ is the smallest ${ }^{5} n$ so that $f$ can be written as
$$
f=z_{1}^{2}+\cdots+z_{n}^{2}
$$
bilinear complexity: $\mathcal{B}_{\mathbb{F}}(f)$ is the smallest $n$ so that $f$ can be written as
$$
f=z_{1} z_{1}^{\prime}+\cdots+z_{n} z_{n}^{\prime}
$$
where each $z_{i}$ and $z_{i}^{\prime}$ are bilinear forms in $X, Y$. We thus have $\mathcal{S}_{\mathbb{F}}\left(\mathrm{SOS}_{k}\right)=\mathcal{S}_{\mathbb{F}}(k)$, as defined in the previous section.
Let us first note that over certain fields, $\mathcal{S}_{\mathbb{F}}(f)$ and $\mathcal{B}_{\mathbb{F}}(f)$ are virtually the same:
Remark 1.5. Clearly, $\mathcal{B}_{\mathbb{F}}(f) \leq \mathcal{S}_{\mathbb{F}}(f)$. If $\mathbb{F}$ is algebraically closed with char $\mathbb{F} \neq 2$, then $\mathcal{S}_{\mathbb{F}}(f) \leq 3 \mathcal{B}_{\mathbb{F}}(f)$. This holds since $2 z z^{\prime}=\left(z+z^{\prime}\right)^{2}+(\sqrt{-1} z)^{2}+\left(\sqrt{-1} z^{\prime}\right)^{2}$.

We now define the non-commutative version of $\mathrm{SOS}_{k}$ : the non-commutative identity polynomial is

$$
\begin{equation*}
\mathrm{ID}_{k}=\sum_{i, j \in[k]} x_{i} y_{j} x_{i} y_{j} \tag{1.4}
\end{equation*}
$$

We show that a lower bound on $\mathcal{B}_{\mathbb{F}}\left(\mathrm{SOS}_{k}\right)$ implies a lower bound on the size of non-commutative circuit computing $\mathrm{ID}_{k}$.

Theorem 1.6. The size of a non-commutative circuit over $\mathbb{F}$ computing $\mathrm{ID}_{k}$ is at least $\Omega\left(\mathcal{B}_{\mathbb{F}}\left(\mathrm{SOS}_{k}\right)\right)$.
Theorem 1.6 is proved in Section 4. The lower bound given by the theorem is reminiscent of the tensor rank approach to lower bounds for commutative circuits, where a lower bound on tensor rank implies circuit lower bounds 31]. In the non-commutative case we can prove a much stronger implication. For every $\varepsilon>0$, a $k^{1+\varepsilon}$ lower bound on $\mathcal{B}_{\mathbb{F}}\left(\mathrm{SOS}_{k}\right)$ gives an exponential lower bound for the permanent. Theorem 1.7, which is proved in Section 5, together with Remark 1.5 imply Theorem 1.4 .

Theorem 1.7. Assume that $\mathcal{B}_{\mathbb{F}}\left(\mathrm{SOS}_{k}\right) \geq \Omega\left(k^{1+\varepsilon}\right)$ for some $\varepsilon>0$. Then $\mathrm{PERM}_{n}$ requires non-commutative circuits of size $2^{\Omega(n)}$ over $\mathbb{F}$.

The theorem is reminiscent of a result in Boolean complexity, where a sufficient linear lower bound on complexity of a bipartite graph implies an exponential circuit lower bound for a related function (see [15] for discussion.)
An important property that the non-commutative permanent shares with its commutative counterpart is its completeness for the class of explicit polynomials. This enables us to generalize Theorem 1.7 to the following theorem, which is proved in Section 5.1. Let $\left\{f_{k}\right\}$ be a family of commutative biquadratic polynomials such that the number of variables in $f_{k}$ is polynomial in $k$. We call $\left\{f_{k}\right\}$ explicit, if there exists a polynomial-time algorithm which, given $k$ and a degree-four monomial $\alpha$ as inputs $\left\{^{6}\right.$, computes the coefficient of $\alpha$ in $f_{k}$. The polynomial $\mathrm{SOS}_{k}$ is clearly explicit.

[^4]Theorem 1.8. Let $\mathbb{F}$ be a field such that char $\mathbb{F} \neq 2$. Let $\left\{f_{k}\right\}$ be a family of explicit biquadratic polynomials. Assume that $\mathcal{B}_{\mathbb{F}}\left(f_{k}\right) \geq \Omega\left(k^{1+\epsilon}\right)$ for some $\epsilon>0$. Then $\mathrm{PERM}_{n}$ requires non-commutative circuits of size $2^{\Omega(n)}$ over $\mathbb{F}$.

Lower bounds on sum-of-squares complexity in restricted cases. Remark 1.5 tells us that for some fields, $\mathcal{B}_{\mathbb{F}}=\Theta\left(\mathcal{S}_{\mathbb{F}}\right)$, and hence to prove a circuit lower bound, it is sufficient to prove a lower bound on $\mathcal{S}_{\mathbb{F}}$. We prove lower bounds on $\mathcal{S}_{\mathbb{F}}(k)$ in some restricted cases. For more details, see Section 2.2 ,
Over $\mathbb{R}$, we find an explicit 'hard' polynomial (Theorem 1.9 is proved in Section 6).
Theorem 1.9. There exists an explicit family $\left\{f_{k}\right\}$ of real biquadratic polynomials with coefficients in $\{0,1,2,4\}$ such that $\mathcal{S}_{\mathbb{R}}\left(f_{k}\right)=\Theta\left(k^{2}\right)$.

By Theorem 1.8, if the construction worked over the complex numbers $\mathbb{C}$ instead of $\mathbb{R}$, we would have an exponential lower bound on the size of non-commutative circuits for the permanent. Such a construction is not known.

In Section 7, we investigate sums of squares over integers. We prove the following:
Theorem 1.10. $\mathcal{S}_{\mathbb{Z}}(k) \geq \Omega\left(k^{6 / 5}\right)$.

This result, too, does not imply a circuit lower bound. However, if we knew how to prove the same for $\mathbb{Z}[\sqrt{-1}]$ instead of $\mathbb{Z}$, we would get lower bounds for circuits over $\mathbb{Z}$. Such lower bounds are not known.

### 1.4 Ordered and multilinear circuits

An important restriction on computational power of circuits is multilinearity. This restriction has been extensively investigated in the commutative setting. A polynomial is multilinear, if every variable has individual degree at most one in it. Syntactically multilinear circuits are those in which every product gate multiplies gates with disjoint sets of variables. This model was first considered in [22], where lower bounds on constant depth multilinear circuits were proved (and later improved in [27]). In a breakthrough paper, Raz [25] proved super-polynomial lower bounds on multilinear formula size for the permanent and determinant. These techniques were extended by [28] to give a lower bound of about $n^{4 / 3}$ for the size multilinear circuits.

An interesting observation about non-commutative circuits is that if they compute a polynomial of a specific form, they are without loss of generality multilinear. Let us call a non-commutative polynomial $f$ ordered, if the variables of $f$ are divided into disjoint sets $X_{1}, \ldots, X_{d}$ and every monomial in $f$ has the form $x_{1} \cdots x_{d}$ with $x_{i} \in X_{i}$. The non-commutative permanent, as defined above, is thus ordered. An ordered circuit is a natural model for computing ordered polynomials. Roughly, we require every gate to take variables from the sets $X_{i}$ in the same interval $I \subset[d]$; see Section 8.1 for a precise definition. One property of ordered circuits is that they are automatically syntactically multilinear.
We show that any non-commutative circuit computing an ordered polynomial can be efficiently transformed to an ordered circuit, hence a multilinear one, computing the same polynomial. Such a reduction
is not known in the commutative case, and gives hope that a progress on multilinear lower bounds for permanent or determinant will yield general non-commutative lower bounds. Theorem 1.11 is proved in Section 8.1 .

Theorem 1.11. Let $f$ be an ordered polynomial of degree $d$. If $f$ is computed by a non-commutative circuit of size $s$, it can be computed by an ordered circuit of size $O\left(d^{3} s\right)$.

Again, we fall short of utilizing this connection for general lower bounds. By a simple argument, we manage to prove an exponential lower bound on non-commutative multilinear circuits, as we state in the next theorem. However, the polynomial $\mathrm{AP}_{k}$ in question is not ordered, and we cannot invoke the previous result to obtain an unconditional lower bound (Theorem 1.12 is proved in Section 8.2).

Theorem 1.12. Let

$$
\mathrm{AP}_{k}=\sum_{\sigma} x_{\sigma(1)} x_{\sigma(2)} \cdots x_{\sigma(k)}
$$

where $\sigma$ is a permutation of $[k]$. Then every non-commutative multilinear circuit computing $\mathrm{AP}_{k}$ is of size at least $2^{\Omega(k)}$.

### 1.5 A different perspective: lower bounds using rank

An extremely appealing way to obtain lower bounds is by using sub-additive measures, and matrix rank is perhaps the favorite measure across many computational models. It is abundant in communication complexity, and in circuit complexity it has also found its applications. Often, one cannot hope to find a unique matrix whose rank would capture the complexity of the investigated function. Instead, we can associate the function with a family of matrices, and the complexity of the function is related to the minimum rank of matrices in that family. Typically, the family consists of matrices which are in some sense "close" to some fixed matrix.

For arithmetic circuits, many of the known structure theorems [8, 21, 25, 9] invite a natural rank interpretation. This interpretation, however, has lead to lower bounds only for restricted circuits. We sketch below the rank problem which arises in the case of commutative circuits, and explain why it is considerably simpler in the case of non-commutative ones.

Let $f$ be a commutative polynomial of degree $d$. Consider $N \times N$ matrices whose entries are elements of some field, and rows and columns are labelled by monomials of degree roughly $d / 2$. Hence $N$ is in general exponential in the degree of $f$. Associate with $f$ a family $\mathcal{M}$ of all $N \times N$ matrices $M$ with the following property: for every monomial $\alpha$ of degree $d$, the sum of all entries $M_{\beta_{1}, \beta_{2}}$, such that $\beta_{1} \beta_{2}=\alpha$, is equal to the coefficient of $\alpha$ in $f$. In other words, we partition $M$ into subsets $T_{\alpha}$ corresponding to the possible ways to write $\alpha$ as a product of two monomials, and we impose a condition on the sum of entries in every $T_{\alpha}$. It can be shown that the circuit complexity of $f$ can be lower bounded by the minimal rank of the matrices in $\mathcal{M}$.

Note that the sets $T_{\alpha}$ are of size exponential in $d$, the degree of $f$. The structure of the sets is not friendly either. Our first structure theorem for non-commutative circuits, which decomposes non-commutative
polynomials to central polynomials, translates to a similar rank problem. However, the matrices $M \in \mathcal{M}$ will be partitioned into sets of size only $d$ (instead of exponential in $d$ ). This is thanks to the fact that there are much fewer options to express a non-commutative monomial as a product of other monomials. Our second structure theorem, concerning block-central polynomials, gives a partition into sets of size at most two. The structure of these sets is quite simple too. However, not simple enough to allow us to prove a rank lower bound. In the rank formulation of circuit lower bounds, we can therefore see non-commutative circuits as a first step towards understanding commutative circuit lower bounds.

### 1.6 Structure of the paper

In Section 2 we outline our proofs of conditional lower bounds for non-commutative circuits and restricted lower bounds on the sum-of-squares complexity. In Section 3 we investigate the structure of non-commutative circuits. In Section 4 we present a connection between circuit complexity of degree-four polynomials and bilinear complexity. In Section 5 we show a reduction from circuit complexity of general polynomials to bilinear complexity of degree-four polynomials, in particular, we prove a conditional lower bound for permanent. In Section 6 we construct a polynomial whose sum-of-squares complexity over the reals in high. In Section 7 we prove a super-linear lower bound for the sum-of-squares complexity over the integers. Finally, in Section 8 we study a family of circuits we call ordered, which are in particular multilinear, and prove lower bound for the size of multilinear non-commutative circuits.

## 2 Overview of proofs

### 2.1 Conditional lower bounds on non-commutative circuit size

In this section we describe the path that leads from non-commutative circuit complexity to bilinear complexity.

Preliminaries. Let $\mathbb{F}$ be a field. A non-commutative polynomial is a formal sum of products of variables and field elements. We assume that the variables do not multiplicatively commute, that is, $x y \neq y x$ whenever $x \neq y$. However, the variables commute with elements of $\mathbb{F}$. The reader can imagine the variables as representing square matrices.

A non-commutative arithmetic circuit $\Phi$ is a directed acyclic graph as follows. Nodes (or gates) of indegree zero are labelled by either a variable or a field element in $\mathbb{F}$. All the other nodes have in-degree two and they are labelled by either + or $\times$. The two edges going into a gate $v$ labelled by $\times$ are labelled by left and right. We denote by $v=v_{1} \times v_{2}$ the fact that $\left(v_{1}, v\right)$ is the left edge going into $v$, and $\left(v_{2}, v\right)$ is the right edge going into $v$. (This is to determine the order of multiplication.) The size of a circuit $\Phi$ is the number of edges in $\Phi$. The integer $\mathcal{C}(f)$ is the size of a smallest circuit computing $f$.

Note. Unless stated otherwise, we refer to non-commutative polynomials as polynomials, and to noncommutative circuits as circuits.

The proof is presented in three parts, which are an exploration of the structure of non-commutative circuits.

Part I: structure of circuits. The starting point of our trail is the structure of polynomials computed by non-commutative circuits, which we now explain. The methods we use are elementary, and are an adaptation of works like [8, 9] to the non-commutative world.
We start by defining the 'building blocks' of polynomials, which we call central polynomials. A homogeneous $7^{7}$ polynomial $f$ of degree $d$ is called central, if there exist integers $m$ and $d_{0}, d_{1}, d_{2}$ satisfying $d / 3 \leq d_{0}<2 d / 3$ and $d_{0}+d_{1}+d_{2}=d$ so that

$$
\begin{equation*}
f=\sum_{i \in[m]} h_{i} g \bar{h}_{i} \tag{2.1}
\end{equation*}
$$

where
(i). the polynomial $g$, which we call the body, is homogeneous of degree $\operatorname{deg} g=d_{0}$,
(ii). for every $i \in[m]$, the polynomials $h_{i}, \bar{h}_{i}$ are homogeneous of degrees $\operatorname{deg} h_{i}=d_{1}$ and $\operatorname{deg} \bar{h}_{i}=d_{2}$.

The width of a homogeneous polynomial $f$ of degree $d$, denoted $w(f)$, is the smallest integer $n$ so that $f$ can be written as

$$
\begin{equation*}
f=f_{1}+f_{2}+\cdots f_{n} \tag{2.2}
\end{equation*}
$$

with each $f_{i}$ a central polynomial. In Section 3.1 we show that the width of $f$ is at most $O\left(d^{3} \mathcal{C}(f)\right)$, and so lower bounds on width imply lower bounds on circuit complexity. We prove this by induction on the circuit complexity of $f$.

Part II: degree-four. In the first part, we argued that a lower bound on width implies a lower bound on circuit complexity. In the case of degree-four, a central polynomial has a very simple structure: $d_{0}$ is always 2 , and so the body must reside in one of three places: left (when $d_{1}=0$ ), center (when $d_{1}=1$ ), and right (when $d_{1}=2$ ). For a polynomial of degree four, we can thus write 2.2 with $n$ at most order $\mathcal{C}(f)$, and each $f_{i}$ of this special form.
This observation allows us to relate width and bilinear complexity, as the following proposition shows. For a more general statement, see Proposition 4.1, which also shows that the width and bilinear complexity are in fact equivalent.

Proposition 2.1. $w\left(\mathrm{ID}_{k}\right) \geq \mathcal{B}\left(\mathrm{SOS}_{k}\right)$.
Part I and Proposition 2.1 already imply Theorem 1.6. which states that a lower bound on bilinear complexity implies a lower bound on circuit complexity of $\mathrm{ID}_{k}$.

[^5]Part III: general degree to degree-four. The argument presented in the second step can imply at most a quadratic lower bound on circuit size. To get exponential lower bounds, we need to consider polynomials of higher degrees. We think of the degree of a degree- $4 r$ polynomial as divided into 4 groups, for which we try to mimic the special structure from part II: A block-central polynomial is a central polynomial so that $d_{0}=2 r$ and $d_{1} \in\{0, r, 2 r\}$. The structure of block-central polynomials is similar to the structure of degree-four central polynomials in that the body is of fixed degree and it has three places it can reside in: left (when $d_{1}=0$ ), center (when $d_{1}=r$ ), and right (when $d_{1}=2 r$ ). In Section 5 we show that a degree- $4 r$ polynomial $f$ can be written as a sum of at most $O\left(r^{3} 2^{r} \mathcal{C}(f)\right)$ block-central polynomials.

We thus reduced the analysis of degree- $4 r$ polynomials to the analysis of degree-four polynomial. This reduction comes with a price, a loss of a factor of $2^{r}$. We note that this loss is necessary. The proof is a rather technical case distinction. The idea behind it is a combinatorial property of intervals in the set [4r], which allows us to transform a central polynomial to a sum of $2^{r}$ block-central polynomials.

Here is an example of this reduction in the case of the identity polynomial. The lifted identity polynomial, $\mathrm{LID}_{r}$, is the polynomial in variables $z_{0}, z_{1}$ of degree $4 r$ defined by

$$
\mathrm{LID}_{r}=\sum_{e \in\{0,1\}^{2 r}} z_{e} z_{e}
$$

where for $e=\left(e_{1}, \ldots, e_{2 r}\right) \in\{0,1\}^{2 r}$, we define $z_{e}=\prod_{i=1}^{2 r} z_{e_{i}}$. The lifted identity polynomial is the high-degree counterpart of the identity polynomial, which allows us to prove that a super-linear lower bound implies an exponential one (the corollary is proved in Section 5):

Corollary 2.2. If $\mathcal{B}\left(\mathrm{SOS}_{k}\right) \geq \Omega\left(k^{1+\epsilon}\right)$ for some $\epsilon>0$, then $\mathcal{C}\left(\mathrm{LID}_{r}\right) \geq 2^{\Omega(r)}$.
To complete the picture, we show that $\mathrm{LID}_{r}$ is reducible to the permanent of dimension $4 r$.
Lemma 2.3. There exists a matrix $M$ of dimension $4 r \times 4 r$ whose nonzero entries are variables $z_{0}, z_{1}$ so that the permanent of $M$ is $\mathrm{LID}_{r}$.

To prove the lemma, the matrix $M$ is constructed explicitly, see Section 5 . The conditional lower bound on the permanent, Theorem 1.7, follows from Corollary 2.2 and Lemma 2.3 .

An important property that non-commutative permanent shares with its commutative counterpart is completeness for the class of explicit polynomials. This enables us to argue that a super-linear lower bound on the bilinear complexity of an explicit degree-four polynomial implies an exponential lower bound on permanent. In the commutative setting, this a consequence of the VNP completeness of permanent, as given in [32]. In the non-commutative setting, one can prove a similar result [10], see Section 5.1 for more details.

### 2.2 Restricted lower bounds on sum-of-squares complexity

We now discuss the lower bounds for restricted sum-of-squares problems we prove: an explicit lower bound over $\mathbb{R}$ and a lower bound for $\mathrm{SOS}_{k}$ over integers. For more details and formal definitions, see Sections 6 and 7.

We phrase the problem of lower bounding $\mathcal{S}_{\mathbb{R}}(g)$ in terms of matrices of real vectors. Let $V=\left\{\mathbf{v}_{i, j}: i, j \in\right.$ $[k]\}$ be a $k \times k$ matrix whose entries are vectors in $\mathbb{R}^{n}$. We call $V$ a vector matrix, and $n$ is called the height of $V$. The matrix $V$ defines a biquadratic polynomial $f(V)$ in $X=\left\{x_{1}, \ldots, x_{k}\right\}$ and $Y=\left\{y_{1}, \ldots, y_{k}\right\}$ by

$$
f(V)=\sum_{i_{1} \leq i_{2}, j_{1} \leq j_{2}} a_{i_{1}, i_{2}, j_{1}, j_{2}} x_{i_{1}} x_{i_{2}} y_{j_{1}} y_{j_{2}}
$$

where $a_{i_{1}, i_{2}, j_{1}, j_{2}}$ is equal to $\mathbf{v}_{i_{1}, j_{1}} \cdot \mathbf{v}_{i_{2}, j_{2}}+\mathbf{v}_{i_{1}, j_{2}} \cdot \mathbf{v}_{i_{2}, j_{1}}$, up to a small correction factor which is not important at this point. We can think of the coefficients as given by the permanent of the $2 \times 2$ sub-matrix ${ }^{8}$ of $V$ define by $i_{1}, i_{2}$ and $j_{1}, j_{2}$.
The following lemma, whose version is proved in Section 6, gives the connection between sum-of-squares complexity and vector matrices.

Lemma 2.4. Let $g$ be a biquadratic polynomial. Then $\mathcal{S}_{\mathbb{R}}(g) \leq n$ is equivalent to the existence a vector matrix $V$ of height $n$ so that $g=f(V)$.

As long as it is finite, the height of a vector matrix for any polynomial does not exceed $k^{2}$, and a counting argument shows that this holds for "almost" all polynomials. The problem is to construct explicit polynomials that require large height. Even a super-linear lower bound seems nontrivial, since the permanent condition does not talk about inner products of pairs of vectors, but rather about the sum of inner products of two such pairs. In Sections 6 we manage to construct an explicit polynomial which requires near-maximal height $\Omega\left(k^{2}\right)$. In our proof, the coefficients impose (through the $2 \times 2$ permanent conditions) either equality or orthognality constraints on the vectors in the matrix, and eventually the existence of many pairwise orthogonal ones. In a crucial way, we employ the fact that over $\mathbb{R}$, if two unit vectors have inner product one, they must be equal. This property ${ }^{9}$ fails over $\mathbb{C}$, but it is still possible that even over $\mathbb{C}$ our construction has similar height (of course, if this turns out to be even $k^{1+\epsilon}$, we get an exponential lower bound for non-commutative circuits).
The construction, however, does not shed light on the classical sum-of-squares problem which is concerned specifically with the polynomial $\mathrm{SOS}_{k}$. In the case of $\mathrm{SOS}_{k}$, the conditions on the matrix $V$ from Lemma 2.4 are especially nice and simple: (1) all vectors in $V$ are unit vectors, (2) in each row and column the vectors are pairwise orthogonal, and (3) every $2 \times 2$ permanent (of inner products) must be zero.
As mentioned in the introduction, the best upper bounds for the sum-of-squares problem have integer coefficients, and so a lot of effort was invested into proving lower bounds in the integer case. Despite that, previously known lower bounds do not even reach $2 k$. In Section 7 we prove the first super-linear lower bound, $\mathcal{S}_{\mathbb{Z}}(k)=\Omega\left(k^{6 / 5}\right)$. Over integers, we take advantage of the fact that the unit vectors in $V$ must have entries in $\{-1,0,1\}$ and there is exactly one nonzero entry in each vector. The nonzero coordinate can be thus thought of as a "color" in $[n]$, which is signed by plus or minus. This gives rise to the earlier studied notion of intercalate matrices (see, [34] and the book [29]). The integer sum-of-squares problem can thus be phrased in terms of minimizing the number of colors in a signed intercalate matrix, which can be approached as an elementary combinatorial problem.

[^6]Our strategy for proving the integer lower bound has three parts. The first step uses a simple counting argument to show that there must exist a sub-matrix in which one color appears in every row and every column. In the second step we show that the permanent conditions give rise to a "forbidden configuration" in such sub-matrices. In the last step we conclude that any matrix without this forbidden configuration must have many colors.

## 3 Non-commutative circuits

In this section we study the structure of non-commutative circuits. We use the following notation. For a node $v$ in a circuit $\Phi$, we denote by $\Phi_{v}$ the sub-circuit of $\Phi$ rooted at $v$. Every node $v$ computes a polynomial $\widehat{\Phi}_{v}$ in the obvious way. A monomial $\alpha$ is a product of variables, and $\operatorname{COEF}_{\alpha}(f)$ is the coefficient of $\alpha$ in the polynomial $f$. Denote by $\operatorname{deg} f$ the degree of $f$, and if $v$ is a node in a circuit $\Phi$, denote by $\operatorname{deg} v$ the degree of $\widehat{\Phi}_{v}$.

### 3.1 Structure of non-commutative circuits

In this section we describe the structure of the polynomials computed by non-commutative circuits. The methods we use are elementary, and are an adaptation of works like [8, 9] to the non-commutative world.
We start by defining the 'building blocks' of polynomials, which we call central polynomials. Recall that a polynomial $f$ is homogeneous, if all monomials with a non-zero coefficient in $f$ have the same degree, and that circuit $\Phi$ is homogeneous, if every gate in $\Phi$ computes a homogeneous polynomial. A homogeneous polynomial $f$ of degree $d$ is called central, if there exist integers $m$ and $d_{0}, d_{1}, d_{2}$ satisfying

$$
d / 3 \leq d_{0}<2 d / 3 \text { and } d_{0}+d_{1}+d_{2}=d
$$

so that

$$
\begin{equation*}
f=\sum_{i \in[m]} h_{i} g \bar{h}_{i} \tag{3.1}
\end{equation*}
$$

where
(i). the polynomial $g$ is homogeneous of degree $\operatorname{deg} g=d_{0}$,
(ii). for every $i \in[m]$, the polynomials $h_{i}, \bar{h}_{i}$ are homogeneous of degrees $\operatorname{deg} h_{i}=d_{1}$ and $\operatorname{deg} \bar{h}_{i}=d_{2}$.

Remark 3.1. In the definition of central polynomial, no assumption on the size of $m$ is made. Hence we can without loss of generality assume that $h_{i}=c_{i} \alpha_{i}$ and $\bar{h}_{i}=\beta_{i}$, where $\alpha_{i}$ is a monomial of degree $d_{1}, \beta_{i}$ is a monomial of degree $d_{2}$, and $c_{i}$ is a field element.

The width of a homogeneous polynomial $f$ of degree $d$, denoted $w(f)$, is the smallest integer $n$ so that $f$ can be written as

$$
f=f_{1}+f_{2}+\cdots+f_{n}
$$

where $f_{1}, \ldots, f_{n}$ are central polynomials of degree $d$. The following proposition shows that the width of a polynomial is a lower bound for its circuit complexity. We will later relate width and bilinear complexity.

Proposition 3.2. Let $f$ be a homogeneous polynomial of degree $d \geq 2$. Then

$$
\mathcal{C}(f) \geq \Omega\left(d^{-3} w(f)\right)
$$

Proof. We start by observing that the standard homogenization of commutative circuits [31, 3] works for non-commutative circuits as well.

Lemma 3.3. Let $g$ be a homogeneous polynomial of degree $d$. Then there exists a homogeneous circuit of size $O\left(d^{2} \mathcal{C}(f)\right)$ computing $g$.

Assume that we have a homogeneous circuit $\Phi$ of size $s$ computing $f$. We will show that $w(f) \leq d s$. By Lemma 3.3. this implies that $w(f) \leq O\left(d^{3} \mathcal{C}(f)\right)$, which completes the proof. Without loss of generality, we can also assume that no gate $v$ in $\Phi$ computes the zero polynomial (gates that compute the zero polynomial can be removed, decreasing the circuit size).
For a multiset of pairs of polynomials $\mathcal{H}=\left\{\left\langle h_{i}, \bar{h}_{i}\right\rangle: i \in[m]\right\}$, define

$$
g \times \mathcal{H}=\sum_{i \in[m]} h_{i} g \bar{h}_{i} .
$$

Let $\mathcal{G}=\left\{g_{1}, \ldots, g_{t}\right\}$ be the set of homogeneous polynomials $g$ of degree $d / 3 \leq \operatorname{deg} g<2 d / 3$ so that there exists a gate in $\Phi$ computing $g$. We show that for every gate $v$ in $\Phi$ so that $\operatorname{deg} v \geq d / 3$ there exist multisets of pairs of homogeneous polynomials $\mathcal{H}_{1}(v), \ldots, \mathcal{H}_{t}(v)$ satisfying

$$
\begin{equation*}
\widehat{\Phi}_{v}=\sum_{i \in[t]} g_{i} \times \mathcal{H}_{i}(v) \tag{3.2}
\end{equation*}
$$

We prove (3.2 by induction on the depth of $\Phi_{v}$. If $\operatorname{deg}(v)<2 d / 3$ then $\widehat{\Phi}_{v}=g_{i} \in \mathcal{G}$ for some $i \in[t]$. Thus (3.2) is true, setting $\mathcal{H}_{i}(v)=\{\langle 1,1\rangle\}$ and $\mathcal{H}_{j}(v)=\{\langle 0,0\rangle\}$ for $j \neq i$ in [t]. Otherwise, we have $\operatorname{deg} v \geq 2 d / 3$. When $v=v_{1}+v_{2}$, we do the following. Since $\Phi$ is homogeneous, $v_{1}, v_{2}$ and $v$ have the same degree which is at least $2 d / 3$. Induction thus implies: for every $e \in\{1,2\}$,

$$
\widehat{\Phi}_{v_{e}}=\sum_{i \in[t]} g_{i} \times \mathcal{H}_{i}\left(v_{e}\right)
$$

This gives

$$
\widehat{\Phi}_{v}=\widehat{\Phi}_{v_{1}}+\widehat{\Phi}_{v_{2}}=\sum_{i \in[t]} g_{i} \times\left(\mathcal{H}_{i}\left(v_{1}\right) \cup \mathcal{H}_{i}\left(v_{2}\right)\right)
$$

When $v=v_{1} \times v_{2}$, we have $\operatorname{deg} v=\operatorname{deg} v_{1}+\operatorname{deg} v_{2}$. Since $\operatorname{deg} v \geq 2 d / 3$, either (a) $\operatorname{deg} v_{1} \geq d / 3$ or (b) $\operatorname{deg} v_{2} \geq d / 3$. In the case (a), by induction,

$$
\widehat{\Phi}_{v_{1}}=\sum_{i \in[t]} g_{i} \times \mathcal{H}_{i}\left(v_{1}\right)
$$

Defining $\mathcal{H}_{i}(v)=\left\{\left\langle h, \bar{h} \widehat{\Phi}_{v_{2}}\right\rangle:\langle h, \bar{h}\rangle \in \mathcal{H}_{i}\left(v_{1}\right)\right\}$, we obtain

$$
\widehat{\Phi}_{v}=\widehat{\Phi}_{v_{1}} \widehat{\Phi}_{v_{2}}=\left(\sum_{i \in[t]} g_{i} \times \mathcal{H}_{i}\left(v_{1}\right)\right) \widehat{\Phi}_{v_{2}}=\sum_{i \in[t]} g_{i} \times \mathcal{H}_{i}(v)
$$

Since $\widehat{\Phi}_{v_{2}}$ is a homogeneous polynomial, $\mathcal{H}_{i}(v)$ consists of pairs of homogeneous polynomials. In case (b), define $\mathcal{H}_{i}(v)=\left\{\left\langle\widehat{\Phi}_{v_{1}} h, \bar{h}\right\rangle:\langle h, \bar{h}\rangle \in \mathcal{H}_{i}\left(v_{2}\right)\right\}$.
Applying $\sqrt{3.2}$ to the output gate of $\Phi$, we obtain

$$
f=\sum_{i \in[t]} g_{i} \times \mathcal{H}_{i}
$$

where $\mathcal{H}_{i}$ are multisets of pairs of homogeneous polynomials. For every $i \in[t]$ and every $r \leq d-\operatorname{deg} g_{i}$, define $\mathcal{H}_{i}^{r}=\left\{\langle h, \bar{h}\rangle \in \mathcal{H}_{i}: \operatorname{deg}(h)=r, \operatorname{deg} \bar{h}=d-\operatorname{deg} g_{i}-r\right\}$. Then $g_{i} \times \mathcal{H}_{i}^{r}$ is a central polynomial. Moreover, since $f$ is homogeneous of degree $d$, we obtain

$$
f=\sum_{i \in[t]} \sum_{r=0}^{d-\operatorname{deg} g_{i}} g_{i} \times \mathcal{H}_{i}^{r}
$$

Since $t \leq s$, the proof is complete.

### 3.2 Degree four polynomials

Before we describe the specific structure of degree four polynomials, let us give general definitions. For a monomial $\alpha$ and a variable $x$, we say that $x$ occurs at position $i$ in $\alpha$, if $\alpha=\alpha_{1} x \alpha_{2}$ and $\operatorname{deg} \alpha_{1}=i-1$. Let $X_{1}, \ldots, X_{r}$ be (not necessarily disjoint) sets of variables. For a polynomial $f$, let $f\left[X_{1}, \ldots, X_{r}\right]$ be the homogeneous polynomial of degree $r$ so that for every monomial $\alpha$,

$$
\operatorname{CoEF}_{\alpha}\left(f\left[X_{1}, \ldots, X_{r}\right]\right)= \begin{cases}\operatorname{CoEF}_{\alpha}(f) & \text { if } \alpha=x_{1} x_{2} \cdots x_{r} \text { with } x_{i} \in X_{i} \text { for every } i \in[r] \\ 0 & \text { otherwise }\end{cases}
$$

In other words, $f\left[X_{1}, \ldots X_{r}\right]$ is the part of $f$ consisting of monomials degree $r$ with the property that if a variable $x$ occurs at a position $i$ then $x \in X_{i}$.

Claim 3.4. Let $f$ be a central polynomial so that $f=f\left[X_{1}, X_{2}, X_{3}, X_{4}\right]$. Then, either

$$
f=g\left[X_{1}, X_{2}\right] h\left[X_{3}, X_{4}\right] \quad \text { or } \quad f=\sum_{i \in[m]} h_{i}\left[X_{1}\right] g\left[X_{2}, X_{3}\right] \bar{h}_{i}\left[X_{4}\right]
$$

where $g, h, h_{i}, \bar{h}_{i}$ are some polynomials.
Proof. As $f$ is central of degree four, $\operatorname{deg} g=d_{0}=2$, and $d_{1} \in\{0,1,2\}$. If $d_{1}=1$, then $d_{2}=1$ as well, and

$$
f=f\left[X_{1}, X_{2}, X_{3}, X_{4}\right]=\sum_{i \in[m]}\left(h_{i} g \bar{h}_{i}\right)\left[X_{1}, X_{2}, X_{3}, X_{4}\right]=\sum_{i \in[m]} h_{i}\left[X_{1}\right] g\left[X_{2}, X_{3}\right] \bar{h}_{i}\left[X_{4}\right] .
$$

If $d_{1}=0$, then $d_{2}=2$, and

$$
f=f\left[X_{1}, X_{2}, X_{3}, X_{4}\right]=\sum_{i \in[m]}\left(g \bar{h}_{i}\right)\left[X_{1}, X_{2}, X_{3}, X_{4}\right]=g\left[X_{1}, X_{2}\right]\left(\sum_{i \in[m]} h_{i}\left[X_{1}\right] \bar{h}_{i}\left[X_{4}\right]\right)
$$

A similar argument holds when $d_{1}=2$.
QED

Claim 3.4 implies the following lemma.
Lemma 3.5. If $f=f\left[X_{1}, X_{2}, X_{3}, X_{4}\right]$, then $w(f)$ is the smallest $n$ so that $f$ can be written as $f=$ $f_{1}+\cdots+f_{n}$, where for every $t \in[n]$, either
(a) $f_{t}=g_{t}\left[X_{1}, X_{2}\right] h_{t}\left[X_{3}, X_{4}\right]$, or
(b) $f_{t}=\sum_{i \in[m]} h_{t, i}\left[X_{1}\right] g_{t}\left[X_{2}, X_{3}\right] \bar{h}_{t, i}\left[X_{4}\right]$,
where $g_{t}, h_{t}, h_{t, i}, \bar{h}_{t, i}$ are some polynomials.

## 4 Degree four and bilinear complexity

In this section we related the width of degree four polynomials to their highway number. We consider polynomials of a certain structure. Let $f$ be a polynomial in variables $X=\left\{x_{1}, \ldots, x_{k}\right\}$ and $Y=$ $\left\{y_{1}, \ldots, y_{k}\right\}$ so that $f=f[X, Y, X, Y]$, i.e.,

$$
\begin{equation*}
f=\sum_{i_{1}, j_{1}, i_{2}, j_{2} \in[k]} a_{i_{1}, j_{1}, i_{2}, j_{2}} x_{i_{1}} y_{j_{1}} x_{i_{2}} y_{j_{2}} . \tag{4.1}
\end{equation*}
$$

For a non-commutative polynomial $g$, we define $g^{(c)}$ to be the polynomial $g$ understood as a commutative polynomial. For example, if $g=x y+y x$, then $g^{(c)}=2 x y$. We say that $f$ is $(X, Y)$-symmetric, if for every $i_{1}, j_{1}, i_{2}, j_{2} \in[k]$,

$$
a_{i_{1}, j_{1}, i_{2}, j_{2}}=a_{i_{2}, j_{1}, i_{1}, j_{2}}=a_{i_{1}, j_{2}, i_{2}, j_{1}}=a_{i_{2}, j_{2}, i_{1}, j_{1}}
$$

In particular, if $f$ is of the form (4.1), the polynomial $f^{(c)}$ is biquadratic. In the following proposition, we relate the width of a polynomial $f$ and $\mathcal{B}\left(f^{(c)}\right)$.

Proposition 4.1. Let $f$ be a homogeneous polynomial of degree four of the form 4.1. Then
(i). $\mathcal{B}\left(f^{(c)}\right) \leq w(f)$, and
(ii). If char $\mathbb{F} \neq 2$ and $f$ is $(X, Y)$-symmetric, then $w(f) \leq 4 \mathcal{B}\left(f^{(c)}\right)$.

Proof. We start by proving (i). Using Lemma 3.5, we can write $f=f_{1}+\cdots+f_{n}$, where for every $t \in[n]$, either
(a) $f_{t}=g_{t}[X, Y] h_{t}[X, Y]$, or
(b) $f_{t}=\sum_{i \in[m]} h_{t, i}[X] g_{t}[Y, X] \bar{h}_{t, i}[Y]$.

The commutative polynomial $f_{t}^{(c)}$ is a product of two bilinear forms in $X$ and $Y$ : in case (a), of $g_{t}[X, Y]^{(c)}$ and $h_{t}[X, Y]^{(c)}$, and in case (b), of $g_{t}[Y, X]^{(c)}$ and $\sum_{i \in[m]} h_{t, i}[X]^{(c)} \bar{h}_{t, i}[Y]^{(c)}$. Altogether $f^{(c)}=f_{1}^{(c)}+$ $\cdots+f_{n}^{(c)}$, where each $f_{t}^{(c)}$ is a product of two bilinear forms, and hence $\mathcal{B}\left(f^{(c)}\right) \leq n$.
We now prove (ii). Assume that

$$
\begin{equation*}
f^{(c)}=z_{1} z_{1}^{\prime}+\cdots+z_{n} z_{n}^{\prime} \tag{4.2}
\end{equation*}
$$

where $z_{t}$ and $z_{t}^{\prime}, t \in[n]$, are bilinear in $X$ and $Y$. Write

$$
z_{t}=\sum_{j \in[k]} x_{j} g_{t, j} \quad \text { and } \quad z_{t}^{\prime}=\sum_{j \in[k]} x_{j} h_{t, j}
$$

where $g_{t, j}$ and $h_{t, j}$ are homogeneous degree one polynomials in the variables $Y$. Let $f_{t}$ be the noncommutative polynomial

$$
\begin{aligned}
f_{t}=\sum_{m}\left(x_{j} g_{t, m}\right) \sum_{j}\left(x_{j} h_{t, j}\right) & +\sum_{m}\left(x_{j} h_{t, m}\right) \sum_{j}\left(x_{j} g_{t, j}\right)+ \\
& +\sum_{m}\left(x_{m} \sum_{j}\left(g_{t, j} x_{j}\right) h_{t, m}\right)+\sum_{m}\left(x_{m} \sum_{j}\left(h_{t, j} x_{j}\right) g_{t, m}\right)
\end{aligned}
$$

with summations ranging over $[k]$. We can see that $f_{t}$ is a sum of four central polynomials. It is therefore sufficient to show that

$$
\begin{equation*}
f=\frac{1}{4}\left(f_{1}+\cdots+f_{n}\right) \tag{4.3}
\end{equation*}
$$

First, note that $f_{t}^{(c)}=4 z_{t} z_{t}^{\prime}$ and hence

$$
\begin{equation*}
f^{(c)}=\frac{1}{4}\left(f_{1}^{(c)}+\cdots+f_{n}^{(c)}\right) \tag{4.4}
\end{equation*}
$$

Second, note that if $g$ is $(X, Y)$-symmetric and $\alpha=x_{i_{1}} y_{j_{1}} x_{i_{2}} y_{j_{2}}$ is a non-commutative monomial, then

$$
\operatorname{COEF}_{\alpha^{(c)}}\left(g^{(c)}\right)=N\left(i_{1}, j_{1}, i_{2}, j_{2}\right) \operatorname{CoEF}_{\alpha}(g),
$$

where

$$
N\left(i_{1}, j_{1}, i_{2}, j_{2}\right)= \begin{cases}1 & \text { if } i_{1}=i_{2} \text { and } j_{1}=j_{2} \\ 2 & \text { if } i_{1}=i_{2} \text { and } j_{1} \neq j_{2} \\ 2 & \text { if } i_{1} \neq i_{2} \text { and } j_{1}=j_{2} \\ 4 & \text { if } i_{1} \neq i_{2} \text { and } j_{1} \neq j_{2}\end{cases}
$$

Fix a monomial $\alpha=x_{i_{1}} y_{j_{1}} x_{i_{2}} y_{j_{2}}$ and consider the coefficient of $\alpha$ in the two sides of 4.3). Since $f$ is ( $X, Y$ )-symmetric, we have

$$
\operatorname{CoEF}_{\alpha^{(c)}}\left(f^{(c)}\right)=N\left(i_{1}, j_{1}, i_{2}, j_{2}\right) \operatorname{CoEF}_{\alpha}(f)
$$

Hence (4.4) tells us that

$$
\operatorname{coEF}_{\alpha}(f)=\frac{\operatorname{CoEF}_{\alpha^{(c)}}\left(f_{1}^{(c)}+\cdots+f_{n}^{(c)}\right)}{4 N\left(i_{1}, j_{1}, i_{2}, j_{2}\right)}
$$

Since $f_{t}$ is $(X, Y)$-symmetric, we have $\operatorname{CoEF}_{\alpha^{(c)}} f_{t}^{(c)}=N\left(i_{1}, j_{1}, i_{2}, j_{2}\right) \operatorname{COEF}_{\alpha}\left(f_{t}\right)$. Hence

$$
\operatorname{CoEF}_{\alpha}(f)=\frac{1}{4}\left(\operatorname{CoEF}_{\alpha}\left(f_{1}\right)+\cdots+\operatorname{CoEF}_{\alpha}\left(f_{t}\right)\right)
$$

and equation 4.3 follows.
QED

Proof of Theorem 1.6. Recall the definition of the identity polynomial,

$$
\mathrm{ID}_{k}=\sum_{i, j \in[k]} x_{i} y_{j} x_{i} y_{j}
$$

The commutative polynomial $\mathrm{ID}_{k}^{(c)}$ is the polynomial $\mathrm{SOS}_{k}$

$$
\mathrm{SOS}_{k}=\sum_{i \in[k]} x_{i}^{2} \sum_{j \in[k]} y_{j}^{2}
$$

The theorem follows from Proposition 3.2 and 4.1 .

Let us note that it is not necessary to separate variables in $\mathrm{ID}_{k}$ into two disjoint sets $X$ and $Y$. In the noncommutative setting, this is just a cosmetic detail. This is a consequence of a more general phenomenon discussed in Section 8.1.

Remark 4.2. $w\left(\mathrm{ID}_{k}\right)=w\left(\sum_{i, j \in[k]} x_{i} x_{j} x_{i} x_{j}\right)$.
Proof. Denote $g=\sum_{i, j \in[k]} x_{i} x_{j} x_{i} x_{j}$. Clearly $w(g) \leq w\left(\mathrm{ID}_{k}\right)$ and we must prove the opposite inequality. Let $X:=\left\{x_{i}: i \in[k]\right\}$. Let us write $\mathrm{ID}_{k}$ as $\sum_{i, j \in[k]} x_{i, 0} x_{j, 1} x_{i, 0} x_{j, 1}$ in variables $X_{b}=\left\{x_{i, b}: i \in[k]\right\}$, $b \in\{0,1\}$. If $f$ is a homogeneous polynomial of degree $r$ in $X$ and $e=\left\langle e_{1}, \ldots e_{r}\right\rangle \in\{0,1\}^{n}$, let $f^{e}$ be the polynomial s.t. $f^{e}=f^{e}\left[X_{e_{1}}, \ldots X_{e_{r}}\right]$ and

$$
\operatorname{coEF}_{x_{i_{1}, e_{1}} \ldots x_{i_{r}, e_{r}}}\left(f^{e}\right)=\operatorname{coEF}_{x_{i_{1}} \ldots x_{i_{r}}}(f)
$$

Hence $\mathrm{ID}_{k}=g^{0101}$. Moreover, if $g=f_{1}+\ldots f_{n}$ then $g^{0101}=f_{1}^{0101}+\ldots f_{n}^{0101}$. It is thus sufficient to prove that if $f_{j}$ is central, then $f_{j}^{(0101)}$ is also central. This follows from the following: $(g h)^{(0101)}=g^{(01)} h^{(01)}$, if $g, h$ are homogeneous polynomials of degree two, and $(h g \bar{h})^{(0101)}=h^{(0)} g^{(10)} \bar{h}^{(1)}$, if $h, g, \bar{h}$ are homogeneous polynomials of degrees one, two and one.

## 5 Higher degrees

In this section, we show that a sufficiently strong lower bound on the width of a degree four polynomial implies an exponential lower bound on the width, and hence circuit size, of a related high degree polynomial.
Let $f$ be a homogeneous polynomial of degree $4 r$. We assume that $f$ contains only two variables $z_{0}$ and $z_{1}$. We define $f^{(\lambda)}$ to be the polynomial obtained by replacing degree $r$ monomials in $f$ by new variables. Formally, for every monomial $\alpha$ of degree $r$ in variables $z_{0}, z_{1}$, introduce a new variable $x_{\alpha}$. The polynomial $f^{(\lambda)}$ is defined as the homogenous degree four polynomial in the $2^{r}$ variables $X=\left\{x_{\alpha}: \operatorname{deg} \alpha=r\right\}$ satisfying

$$
\begin{equation*}
\operatorname{coEF}_{x_{\alpha_{1}} x_{\alpha_{2}} x_{\alpha_{3}} x_{\alpha_{4}}}\left(f^{(\lambda)}\right)=\operatorname{CoEF}_{\alpha_{1} \alpha_{2} \alpha_{3} \alpha_{4}}(f) . \tag{5.1}
\end{equation*}
$$

Remark 5.1. Let $g$ be a homogeneous degree four polynomial in $k$ variables. If $k \leq 2^{r}$, then there exists a polynomial $f$ of degree $4 r$ in variables $z_{0}, z_{1}$ such that $g=f^{(\lambda)}$ (up to a renaming of variables).

Proof. For $e=\left(e_{1}, \ldots, e_{r}\right) \in\{0,1\}^{r}$, let $z_{e}$ be the monomial $\prod_{j=1}^{r} z_{e_{j}}$. If $k \leq 2^{r}$ and $i \in[k]$, let $(i) \in\{0,1\}^{r}$ be the binary representation of $i$. If

$$
g=\sum_{i_{1} j_{1} i_{2} j_{2} \in[k]} a_{i_{1} j_{1} i_{2} j_{2}} x_{i_{1}} x_{j_{1}} x_{i_{2}} x_{j_{2}},
$$

let

$$
f=\sum_{i_{1} j_{1} i_{2} j_{2} \in[k]} a_{i_{1} j_{1} i_{2} j_{2}} z_{\left(i_{1}\right)} z_{\left(j_{1}\right)} z_{\left(i_{2}\right)} z_{\left(j_{2}\right)} .
$$

QED

We now relate $w(f)$ and $w\left(f^{(\lambda)}\right)$. To do so, we need a modified version of Proposition 3.2. Let $f$ be a homogeneous polynomial of degree $4 r$. We say that $f$ is block-central, if either
I. $f=g h$, where $g, h$ are homogeneous polynomials with $\operatorname{deg} g=\operatorname{deg} h=2 r$, or
II. $f=\sum_{i \in[m]} h_{i} g \bar{h}_{i}$, where $g, h_{i}, \bar{h}_{i}$ are homogeneous polynomials of degrees $\operatorname{deg} g=2 r$ and $\operatorname{deg} h_{i}=$ $\operatorname{deg} \bar{h}_{i}=r$ for every $i \in[m]$.

Every block-central polynomial is also central. The following lemma shows that every central polynomial can be written as a sum of $2^{r}$ block-central polynomials. The lemma thus enables us to consider a simpler problem, i.e., lower bounding the width with respect to block-central polynomials. However, this simplification comes with a price, namely, a loss of a factor of $2^{r}$.

Lemma 5.2. Let $f$ be a central polynomial of degree $4 r$ in two variables $z_{0}, z_{1}$. Then there exist $n \leq 2^{r}$ and block-central polynomials $f_{1}, \ldots, f_{n}$ so that $f=f_{1}+\cdots+f_{n}$.

Proof. Let $M(k)$ be the set of monomials in variables $z_{0}, z_{1}$ of degree exactly $k$. The size of $M(k)$ is $2^{k}$. As $f$ is central, by Remark 3.1. we can write $f$ as

$$
\begin{equation*}
f=\sum_{\alpha \in M\left(d_{1}\right), \omega \in M\left(d_{2}\right)} c(\alpha, \omega) \alpha G \omega \tag{5.2}
\end{equation*}
$$

where $c(\alpha, \omega)$ is a field element, $G$ is a homogeneous polynomial of degree $d_{0}$ with $4 r / 3 \leq d_{0}<8 r / 3$, and $d_{0}+d_{1}+d_{2}=4 r$.

Our goal is to write $f$ is a sum of block-central polynomials, namely, we wish to write $f$ as a sum of polynomials of either type I or type II. We use the parameters $d_{0}, d_{1}, d_{2}$ to determine the type of these polynomials, according to the following case distinction.

Assume first that $d_{0}+2 d_{1} \leq 3 r$. We express $f$ as a sum of type I polynomials. There are two sub-cases to consider.

1. $d_{0}+d_{1} \leq 2 r:$ Every monomial $\omega \in M\left(d_{2}\right)$ can be written as $\omega_{1} \omega_{2}$, where $\omega_{1} \in M(t), \omega_{2} \in M\left(d_{2}-t\right)$ and $t=2 r-\left(d_{0}+d_{1}\right)$. Then 5.2 can be written as

$$
f=\sum_{\alpha \in M\left(d_{1}\right), \omega_{1} \in M(t)} f_{\alpha, \omega_{1}}
$$

where

$$
f_{\alpha, \omega_{1}}=\left(\alpha G \omega_{1}\right)\left(\sum_{\omega_{2} \in M\left(t-d_{2}\right)} c\left(\alpha, \omega_{1} \omega_{2}\right) \omega_{2}\right)
$$

As $d_{2}-t=2 r$, each $f_{\alpha, \omega_{1}}$ is of type I. There are at most $\left|M\left(d_{1}\right)\right||M(t)|=2^{2 r-d_{0}}$ such $f_{\alpha, \omega_{1}}$. Since $d_{0} \geq 4 r / 3$, there are at most $2^{2 r / 3}$ of them.
2. $d_{0}+d_{1}>2 r$ : We can write $G=\sum_{\gamma \in M(t)} G_{\gamma} \gamma$, where $t=d_{0}+d_{1}-2 r$, and $G_{\gamma}$ are some polynomials of degree $d_{0}-t$. Then

$$
f=\sum_{\alpha \in M\left(d_{1}\right), \gamma \in M(t)} f_{\alpha, \gamma}
$$

where

$$
f_{\alpha, \gamma}=\left(\alpha G_{\gamma}\right)\left(\sum_{\omega \in M\left(d_{2}\right)} c(\alpha, \omega) \gamma \omega\right) .
$$

Each $f_{\alpha, \gamma}$ is of type I , and the number of such $f_{\alpha, \gamma}$ is $2^{d_{0}+2 d_{1}-2 r} \leq 2^{r}$, as $d_{0}+2 d_{1} \leq 3 r$.
If $d_{0}+2 d_{2} \leq 3 r$, the argument is analogous. Hence we are in the situation $d_{0}+2 d_{1}>3 r$ and $d_{0}+2 d_{2}>3 r$. In this case, we express $f$ as a sum of centralpolynomials of type II. There are four sub-cases to consider.

1. $d_{1} \geq r$ and $d_{2} \geq r$ : For $\alpha \in M\left(d_{1}\right)$, write $\alpha=\alpha_{1} \alpha_{2}$ with $\alpha_{1} \in M(r)$ and $\alpha_{2} \in M\left(d_{1}-r\right)$. For $\omega \in M\left(d_{2}\right)$, write $\omega=\omega_{1} \omega_{2}$ with $\omega_{1} \in M\left(d_{2}-r\right)$ and $\omega_{2} \in M(r)$. Then

$$
f=\sum_{\alpha_{2} \in M\left(d_{1}-r\right), \omega_{1} \in M\left(d_{2}-r\right)} f_{\alpha_{2}, \omega_{1}}
$$

where

$$
f_{\alpha_{2}, \omega_{1}}=\sum_{\alpha_{1}, \omega_{2} \in M(r)} c\left(\alpha_{1} \alpha_{2}, \omega_{1} \omega_{2}\right) \alpha_{1}\left(\alpha_{2} G \omega_{1}\right) \omega_{2}
$$

Each $f_{\alpha_{2}, \omega_{1}}$ is of type II. There are $2^{2 r-d_{0}} \leq 2^{2 r / 3}$ such $f_{\alpha_{2}, \omega_{1}}$, since $d_{0} \geq 4 r / 3$.
2. $d_{1}<r$ and $d_{2} \geq r$ : Write $G=\sum_{\gamma \in M\left(r-d_{1}\right)} \gamma G_{\gamma}$, where $G_{\gamma}$ is a homogeneous polynomial of degree $d_{0}-\left(r-d_{1}\right)$. Write $\omega=\omega_{1} \omega_{2}$ with $\omega_{1} \in M\left(d_{2}-r\right)$ and $\omega_{2} \in M(r)$. Then

$$
f=\sum_{\gamma \in M\left(r-d_{1}\right), \omega_{1} \in M\left(d_{2}-r\right)} f_{\gamma, \omega_{1}}
$$

where

$$
f_{\gamma, \omega_{1}}=\sum_{\alpha \in M\left(d_{1}\right), \omega_{2} \in M(r)} c\left(\alpha, \omega_{1} \omega_{2}\right) \alpha \gamma\left(G_{\gamma} \omega_{1}\right) \omega_{2}
$$

Each $f_{\gamma, \omega_{1}}$ is of type II, and there are $2^{d_{2}-d_{1}}<2^{r}$ such $f_{\gamma, \omega_{1}}$, since $d_{0}+2 d_{1}>3 r$.
3. $d_{1} \geq r$ and $d_{2}<r$ : This is the previous case with $d_{2}$ and $d_{1}$ interchanged.
4. $d_{1}<r$ and $d_{2}<r$ : Write $G=\sum_{\gamma_{1} \in M\left(r-d_{1}\right), \gamma_{2} \in M\left(r-d_{2}\right)} \gamma_{1} G_{\gamma_{1}, \gamma_{2}} \gamma_{2}$, where $G_{\gamma_{1}, \gamma_{2}}$ is a homogeneous polynomial of degree $2 r$. Then

$$
f=\sum_{\gamma_{1} \in M\left(r-d_{1}\right), \gamma_{2} \in M\left(r-d_{2}\right)} f_{\gamma_{1}, \gamma_{2}}
$$

where

$$
f_{\gamma_{1}, \gamma_{2}}=\sum_{\alpha \in M\left(d_{1}\right), \omega \in M\left(d_{2}\right)} c(\alpha, \omega) \alpha \gamma_{1} G_{\gamma_{1}, \gamma_{2}} \gamma_{2} \omega
$$

Each $f_{\gamma_{1}, \gamma_{2}}$ is of type II, and there are $2^{d_{0}-2 r} \leq 2^{2 r / 3}$ such $f_{\gamma_{1}, \gamma_{2}}$, since $d_{0} \leq 8 r / 3$.

We can now relate the width of $f$ and $f^{(\lambda)}$.
Proposition 5.3. Let $f$ be a homogeneous polynomial of degree $4 r$ in the variables $z_{0}, z_{1}$. Then $w(f) \geq$ $2^{-r} w\left(f^{(\lambda)}\right)$.

Proof. Assume $w(f)=n$. Lemma 5.2 implies $f=f_{1}+\cdots+f_{n^{\prime}}$, where $n^{\prime} \leq 2^{r} n$ and $f_{j}$ are blockcentral polynomials. Equation (5.1) implies

$$
f^{(\lambda)}=f_{1}^{(\lambda)}+\cdots+f_{n^{\prime}}^{(\lambda)}
$$

It is thus sufficient to show that every $f_{t}^{(\lambda)}$ is a central polynomial, for then $w\left(f^{(\lambda)}\right) \leq n^{\prime} \leq 2^{r} n$.
In order to do so, let us extend the definition of $(.)^{(\lambda)}$ as follows. If $g$ is a polynomial of degree $\ell r$ in the variables $z_{0}, z_{1}$, let $g^{(\lambda)}$ be the homogeneous polynomial of degree $\ell$ in $X$ so that

$$
\operatorname{coEF}_{x_{\alpha_{1}} \cdots x_{\alpha_{k}}}\left(g^{(\lambda)}\right)=\operatorname{CoEF}_{\alpha_{1} \cdots \alpha_{k}}(g)
$$

If $g, h$ are homogeneous polynomials whose degree is divisible by $r$, we obtain $(g h)^{(\lambda)}=g^{(\lambda)} h^{(\lambda)}$. Hence if $f_{t}=g_{t} h_{t}$ a block-centralpolynomial of type I , then $f_{t}^{(\lambda)}=g_{t}^{(\lambda)} h_{t}^{(\lambda)}$ is a central polynomial of type (a) according to Lemma 3.5 with $X=X_{1}=X_{2}=X_{3}=X_{4}$. If $f_{t}=\sum_{i} h_{t, i} g_{t} \bar{h}_{t, i}$ is a block-centralpolynomial of type II, $f_{t}^{(\lambda)}=\sum_{i} h_{t, i}^{(\lambda)} g_{t}^{(\lambda)} \bar{h}_{t, i}^{(\lambda)}$, and hence $f_{t}^{(\lambda)}$ is a centralpolynomial of type (b) according to Lemma 3.5.

By Remark 5.1, we can start with a degree four polynomial in $k \leq 2^{r}$ variables and "lift" it to a polynomial $f$ of degree $4 r$ such that $f^{(\lambda)}=g$. We can then deduce that a sufficiently strong lower bound on the bilinear complexity of $g$ implies an exponential lower bound for the circuit complexity of $f$. We apply this to the specific case of the identity polynomial. The lifted identity polynomial, LID $_{r}$, is the polynomial in variables $z_{0}, z_{1}$ of degree $4 r$ defined by

$$
\mathrm{LID}_{r}=\sum_{e \in\{0,1\}^{2 r}} z_{e} z_{e}
$$

where for $e=\left(e_{1}, \ldots, e_{s}\right) \in\{0,1\}^{s}$, we define $z_{e}=\prod_{i=1}^{s} z_{e_{i}}$.
Corollary 5.4 (Corollary 2.2 restated). If $\mathcal{B}\left(\mathrm{SOS}_{k}\right) \geq \Omega\left(k^{1+\epsilon}\right)$ for some $\epsilon>0$, then $\mathcal{C}\left(\mathrm{LID}_{r}\right) \geq 2^{\Omega(r)}$.
Proof. The definition of $\mathrm{LID}_{r}$ can be equivalently written as

$$
\mathrm{LID}_{r}=\sum_{e_{1}, e_{2} \in\{0,1\}^{r}} z_{e_{1}} z_{e_{2}} z_{e_{1}} z_{e_{2}}
$$

By definition, $\operatorname{LID}_{r}^{(\lambda)}=\sum_{i, j \in[k]} x_{i} x_{j} x_{i} x_{j}$ with $k=2^{r}$. Hence, by Remark 4.2, $w\left(\operatorname{LID}_{r}^{(\lambda)}\right)=w\left(\mathrm{ID}_{k}\right)$. By Proposition 5.3, $w\left(\mathrm{LID}_{r}\right) \geq 2^{-r} w\left(\mathrm{LID}_{r}^{(\lambda)}\right)$. Hence $w\left(\mathrm{LID}_{r}\right) \geq 2^{-r} w\left(\mathrm{ID}_{k}\right)$. By Proposition 4.1. $w\left(\mathrm{ID}_{k}\right) \geq$ $\mathcal{B}\left(\mathrm{ID}_{k}\right)$. If $\mathcal{B}\left(\mathrm{ID}_{k}\right) \geq c k^{1+\epsilon}$ for some constants $c, \epsilon>0$, we have $w\left(\mathrm{LID}_{r}\right) \geq c 2^{-r} 2^{r(1+\epsilon)}=c 2^{\epsilon r}$. By Proposition 3.2, $\mathcal{C}\left(\mathrm{LID}_{r}\right) \geq \Omega\left(r^{-3} 2^{\epsilon r}\right)=2^{\Omega(r)}$.

One motivation for studying the lifted identity polynomial is that we believe it is hard for non-commutative circuits. However, note that an apparently similar polynomial has small circuit size. For $e=\left(e_{1}, \ldots, e_{s}\right) \in$ $\{0,1\}^{s}$, let $e^{\star}=\left(e_{s}, \ldots, e_{1}\right)$. The polynomial

$$
\sum_{e \in\{0,1\}^{2 r}} z_{e} z_{e^{\star}}
$$

has a non-commutative circuit of linear size. This result can be found in [21], where it is also shown that the non-commutative formula complexity of this polynomial is exponential in $r$.
We now show that $\mathrm{LID}_{r}$ is reducible to the permanent of dimension $4 r$.
Lemma 5.5 (Lemma 2.3 restated). There exists a matrix $M$ of dimension $4 r \times 4 r$ whose nonzero entries are variables $z_{0}, z_{1}$ so that the permanent of $M$ is $\mathrm{LID}_{r}$.

Proof. For $j \in\{0,1\}$, let $D_{j}$ be the $2 r \times 2 r$ matrix with $z_{j}$ on the diagonal and zero everywhere else. The matrix $M$ is defined as

$$
M=\left[\begin{array}{ll}
D_{0} & D_{1} \\
D_{1} & D_{0}
\end{array}\right]
$$

The permanent of $M$ taken row by row is

$$
\operatorname{PERM}(M)=\sum_{\sigma} M_{1, \sigma(1)} M_{2, \sigma(2)} \cdots M_{4 r, \sigma(4 r)}
$$

where $\sigma$ is a permutation of [4r]. The permutations that give nonzero value in $\operatorname{PERM}(M)$ satisfy: for every $i \in[2 r]$, if $\sigma(i)=i$ then $\sigma(2 r+i)=2 r+i$, and if $\sigma(i)=2 r+i$ then $\sigma(2 r+i)=i$. By definition of $M$, this means that for every such $\sigma$ and $i \in[2 r], M_{i, \sigma(i)}=M_{i+2 r, \sigma(i+2 r)}$. Moreover, given the values of such a $\sigma$ on $[2 r]$, it can be uniquely extended to all of $[4 r]$.

Theorem 1.7 follows from Corollary 2.2 and Lemma 2.3 .

### 5.1 Explicit polynomials and completeness of non-commutative permanent

The (conditional) exponential lower bound on the circuit size of permanent can be significantly generalized. An important property that non-commutative permanent shares with its commutative counterpart is completeness for the class of explicit polynomials. This enables us to argue that a super-linear lower bound on width of an explicit degree four polynomial implies an exponential lower bound on permanent.

Let $\left\{f_{k}\right\}$ be an infinite family of non-commutative polynomials over $\mathbb{F}$ so that every $f_{k}$ has at most $p(k)$ variables and degree at most $p(k)$, where $p: \mathbb{N} \rightarrow \mathbb{N}$ is a polynomial. We call $\left\{f_{k}\right\}$ explicit, if there exists a polynomial time algorithm which, given $k$ and a monomial $\alpha$ is input, computes $\operatorname{COEF}_{\alpha}\left(f_{k}\right)$. Hence $\mathrm{PERM}_{k}$ and other families of polynomials are explicit in this sense. In the commutative setting, the following theorem is a consequence of the VNP completeness of permanent, as given in [32]. In the non-commutative setting, one can prove a similar result [10].

Theorem 5.6. Assume that $\left\{f_{k}\right\}$ is an explicit family of non-commutative polynomials such that $\mathcal{C}\left(f_{k}\right) \geq$ $2^{\Omega(k)}$. Then $\mathcal{C}\left(\mathrm{PERM}_{k}\right) \geq 2^{\Omega(k)}$.

Proof of Theorem 1.8 For a commutative biquadratic polynomial in $k$ variables

$$
f=\sum_{i_{1}, j_{1}, i_{2}, j_{2} \in[k]} a_{i_{1}, j_{1}, i_{2}, j_{2}} x_{i_{1}} y_{j_{1}} x_{i_{2}} y_{j_{2}}
$$

define $f^{\prime}$ as the non-commutative polynomial

$$
f^{\prime}=\sum_{i_{1}, j_{1}, i_{2}, j_{2} \in[k]} a_{i_{1}, j_{1}, i_{2}, j_{2}} x_{i_{1}} y_{j_{1}} x_{i_{2}} y_{j_{2}}
$$

This is to guarantee that $f^{\prime}=f^{\prime}[X, Y, X, Y]$ and $\left(f^{\prime}\right)^{(c)}=f$ is as required in Proposition 4.1. Let $r$ be the smallest integer so that $2^{r} \geq 2 k$. Let $f^{\star}$ be the polynomial given by Remark 5.1 so that $\left(f^{\star}\right)^{(\lambda)}=f^{\prime}$. If $f$ is explicit, $f^{\star}$ is explicit.
Let $\left\{f_{k}\right\}$ be as in the assumption. As in the proof of Corollary 2.2 , we conclude that $f_{k}^{\star}$ require exponential size non-commutative circuits. By Theorem 5.6, this implies an exponential lower bound for permanent.

## 6 Real sum-of-squares

In this section, we prove Theorem 1.9. We construct a real biquadratic polynomial $f$ in the variables $X=\left\{x_{1}, \ldots, x_{k}\right\}$ and $Y=\left\{y_{1}, \ldots, y_{k}\right\}$ over $\mathbb{R}$, so that $f$ can be written as $f=\sum_{i \in[n]} z_{i}^{2}$ with $z_{i}$ bilinear in $X, Y$, but every such $n$ is at least $k^{2} / 4$. The construction of $f$ is in polynomial time with respect to the length of the binary representation of $k$.

Remark 6.1. In the case of $\mathbb{R}$, the condition that $z_{i}$ are bilinear is satisfied automatically, provided $z_{i}$ is a polynomial.

### 6.1 Real sums-of-squares and vector matrices

We phrase the problem of lower bounding $\mathcal{S}_{\mathbb{R}}(f)$ in terms of matrices of real vectors. Let $V=\left\{\mathbf{v}_{i, j}: i \in\right.$ $[r], j \in[s]\}$ be a matrix whose entries are vectors in $\mathbb{R}^{n}$. We call $V$ a vector matrix, and $n$ is called the height of $V$. Let $U=\left\{\mathbf{u}_{i, j}: i \in[r], j \in[s]\right\}$ be a vector matrix of arbitrary height. We say that $U$ and $V$ are equivalent, if for every $i_{1}, i_{2} \in[r], j_{1}, j_{2} \in[s]$,

$$
\mathbf{v}_{i_{1}, j_{1}} \cdot \mathbf{v}_{i_{2}, j_{2}}=\mathbf{u}_{i_{1}, j_{1}} \cdot \mathbf{u}_{i_{2}, j_{2}}
$$

where for two vectors $\mathbf{w}_{1}, \mathbf{w}_{2}$ in $\mathbb{R}^{m}, \mathbf{w}_{1} \cdot \mathbf{w}_{2}$ is the standard inner product in $\mathbb{R}^{m}$. We say that $U$ and $V$ are similar, if for every $i_{1}, i_{2} \in[r]$ and $j_{1}, j_{2} \in[s]$

$$
\mathbf{v}_{i_{1}, j_{1}} \cdot \mathbf{v}_{i_{2}, j_{2}}+\mathbf{v}_{i_{1}, j_{2}} \cdot \mathbf{v}_{i_{2}, j_{1}}=\mathbf{u}_{i_{1}, j_{1}} \cdot \mathbf{u}_{i_{2}, j_{2}}+\mathbf{u}_{i_{1}, j_{2}} \cdot \mathbf{u}_{i_{2}, j_{1}}
$$

It is more convenient to consider the four different cases of this equality:

$$
\begin{align*}
& \mathbf{v}_{i, j} \cdot \mathbf{v}_{i, j}=\mathbf{u}_{i, j} \cdot \mathbf{u}_{i, j}  \tag{6.1}\\
& \mathbf{v}_{i, j_{1}} \cdot \mathbf{v}_{i, j_{2}}=\mathbf{u}_{i, j_{1}} \cdot \mathbf{u}_{i, j_{2}}, \text { if } j_{1} \neq j_{2} .  \tag{6.2}\\
& \mathbf{v}_{i_{1}, j} \cdot \mathbf{v}_{i_{2}, j}=\mathbf{u}_{i_{1}, j} \cdot \mathbf{u}_{i_{1}, j}, \text { if } i_{1} \neq i_{2} .  \tag{6.3}\\
& \mathbf{v}_{i_{1}, j_{1}} \cdot \mathbf{v}_{i_{2}, j_{2}}+\mathbf{v}_{i_{1}, j_{2}} \cdot \mathbf{v}_{i_{2}, j_{1}}=\mathbf{u}_{i_{1}, j_{1}} \cdot \mathbf{u}_{i_{2}, j_{2}}+\mathbf{u}_{i_{1}, j_{2}} \cdot \mathbf{u}_{i_{2}, j_{1}}, \text { if } i_{1} \neq i_{2}, j_{1} \neq j_{2} . \tag{6.4}
\end{align*}
$$

A $k \times k$ vector matrix $V$ defines a polynomial $f(V)$ in the variables $X, Y$ by

$$
f(V)=\sum_{i_{1} \leq i_{2}, j_{1} \leq j_{2}} a_{i_{1}, i_{2}, j_{1}, j_{2}} x_{i_{1}} x_{i_{2}} y_{j_{1}} y_{j_{2}}
$$

with

$$
a_{i_{1}, i_{2}, j_{1}, j_{2}}=\left\{\begin{array}{cl}
\mathbf{v}_{i, j} \cdot \mathbf{v}_{i, j} & \text { if } i_{1}=i_{2}=i, j_{1}=i_{2}=j  \tag{6.5}\\
2 \mathbf{v}_{i, j_{1}} \cdot \mathbf{v}_{i, j_{2}} & \text { if } i_{1}=i_{2}=i, j_{1}<j_{2} \\
2 \mathbf{v}_{i_{1}, j} \cdot \mathbf{v}_{i_{2}, j} & \text { if } i_{1}<i_{2}, j_{1}=j_{2}=j \\
2\left(\mathbf{v}_{i_{1}, j_{1}} \cdot \mathbf{v}_{i_{2}, j_{2}}+\mathbf{v}_{i_{1}, j_{2}} \cdot \mathbf{v}_{i_{2}, j_{1}}\right) & \text { if } i_{1}<i_{2}, j_{1}<j_{2}
\end{array}\right.
$$

Note that if $U$ and $V$ are similar then $f(U)=f(V)$.
Lemma 6.2. If $V$ be $a k \times k$ a vector matrix. Then the following are equivalent:
(i). There exist bilinear forms $z_{1}, \ldots, z_{n}$ so that $f(V)=\sum_{i \in[n]} z_{i}^{2}$.
(ii). There exists a vector matrix $U$ of height $n$ so that $U$ and $V$ are similar.

Proof. Assume that

$$
\begin{equation*}
f(V)=\sum_{i \in[n]} z_{i}^{2} \tag{6.6}
\end{equation*}
$$

where each $z_{i}$ is bilinear. For $\ell \in[n]$ and $i, j \in[k]$, let $u_{i, j}[\ell]$ be the coefficient of $x_{i} y_{j}$ in $z_{\ell}$, and let $\mathbf{u}_{i, j}=\left(u_{i, j}[1], \ldots, u_{i, j}[n]\right)$. Let $U=\left\{\mathbf{u}_{i, j}: i, j \in[k]\right\}$ be the $k \times k$ vector matrix of height $n$. Equation (6.6) can be written as

$$
\begin{equation*}
f(V)=\left(\sum_{i, j \in[k]} \mathbf{u}_{i, j} x_{i} y_{j}\right) \cdot\left(\sum_{i, j \in[k]} \mathbf{u}_{i, j} x_{i} y_{j}\right) . \tag{6.7}
\end{equation*}
$$

The right hand side of 6.7) can be written as

$$
\begin{array}{r}
\sum_{i, j}\left(\left(\mathbf{u}_{i, j} \cdot \mathbf{u}_{i, j}\right) x_{i}^{2} y_{j}^{2}\right)+2 \sum_{i, j_{1}<j_{2}}\left(\left(\mathbf{u}_{i, j_{1}} \cdot \mathbf{u}_{i, j_{2}}\right) x_{i}^{2} y_{j_{1}} y_{j_{2}}\right)+2 \sum_{i_{1}<i_{2}, j}\left(\left(\mathbf{u}_{i_{1}, j} \cdot \mathbf{u}_{i_{2}, j}\right) x_{i_{1}} x_{i_{2}} y_{j}^{2}\right)+ \\
+2 \sum_{i_{1}<i_{2}, j_{1}<j_{2}}\left(\left(\mathbf{u}_{i_{1}, j_{1}} \cdot \mathbf{u}_{i_{2}, j_{2}}+\mathbf{u}_{i_{1}, j_{2}} \cdot \mathbf{u}_{i_{2}, j_{1}}\right) x_{i_{1}} x_{i_{2}} y_{j_{1}} y_{j_{2}}\right) .
\end{array}
$$

Comparing the coefficients on the left and right hand side of (6.7), we obtain

$$
a_{i_{1}, i_{2}, j_{1}, j_{2}}=\left\{\begin{array}{cl}
\mathbf{u}_{i, j} \cdot \mathbf{u}_{i, j} & \text { if } i_{1}=i_{2}=i, j_{1}=i_{2}=j,  \tag{6.8}\\
2 \mathbf{u}_{i, j_{1}} \cdot \mathbf{u}_{i, j_{2}} & \text { if } i_{1}=i_{2}=i, j_{1}<j_{2} \\
2 \mathbf{u}_{i_{1}, j} \cdot \mathbf{u}_{i_{2}, j} & \text { if } i_{1}<i_{2}, j_{1}=j_{2}=j, \\
2\left(\mathbf{u}_{i_{1}, j_{1}} \cdot \mathbf{u}_{i_{2}, j_{2}}+\mathbf{u}_{i_{1}, j_{2}} \cdot \mathbf{u}_{i_{2}, j_{1}}\right) & \text { if } i_{1}<i_{2}, j_{1}<j_{2}
\end{array}\right.
$$

By (6.5), this means that $U$ and $V$ are similar. Conversely, if $U$ is a vector matrix similar to $V$, we obtain (6.6) by means of (6.5), 6.7) and (6.8).

QED

In particular, the lemma shows that $f(V)$ can always be written as a sum of real bilinear squares. Moreover, the proof of the lemma entails the converse: if $f$ can be written as sum of bilinear squares, then $f=f(V)$ for some vector matrix $V$.

### 6.2 A hard vector matrix

In this section we construct a hard polynomial by describing its vector matrix $M$. Let $\mathbf{e}_{i}(j), i, j \in[\ell]$, be $\ell^{2}$ orthonormal vectors in $\mathbb{R}^{\ell^{2}}$. The matrix $M$ will be $k \times k$ matrix with $k=2(\ell-1)$ whose entries are vectors $\mathbf{e}_{i}(j)$.
For $t \in[\ell]$, let $L(t)$ be the following $2 \times 2(\ell-1)$ matrix

$$
L(t)=\left[\begin{array}{cccccccccc}
\mathbf{e}_{1}(t) & \mathbf{e}_{1}(t) & \mathbf{e}_{2}(t) & \mathbf{e}_{2}(t) & \mathbf{e}_{3}(t) & \mathbf{e}_{3}(t) & \cdots & \mathbf{e}_{\ell-2}(t) & \mathbf{e}_{\ell-1}(t) & \mathbf{e}_{\ell-1}(t) \\
\mathbf{e}_{1}(t) & \mathbf{e}_{2}(t) & \mathbf{e}_{2}(t) & \mathbf{e}_{3}(t) & \mathbf{e}_{3}(t) & \mathbf{e}_{4}(t) & \cdots & \mathbf{e}_{\ell-1}(t) & \mathbf{e}_{\ell-1}(t) & \mathbf{e}_{\ell}(t)
\end{array}\right] .
$$

Let $M$ be the matrix

$$
M=\left[\begin{array}{cc}
L(1) & L(1) \\
L(1) & L(2) \\
L(2) & L(2) \\
\cdots & \cdots \\
L(\ell-2) & L(\ell-1) \\
L(\ell-1) & L(\ell-1) \\
L(\ell-1) & L(\ell)
\end{array}\right] .
$$

The following theorem shows that $f(M)$ is hard, in the sense of sum-of-squares complexity.
Theorem 6.3. $\mathcal{S}_{\mathbb{R}}(f(M))=\ell^{2}$.
The proof is based on the following lemma.
Lemma 6.4. If $U$ and $M$ are similar, then $U$ and $M$ are equivalent.
Let us first show that Lemma 6.4 implies Theorem 6.3 . The matrix $M$ consists of $\ell^{2}$ orthonormal vectors. Hence any matrix $U$ equivalent to $M$ has height at least $\ell^{2}$. The theorem follows from Lemmas 6.4 and 6.2 , We now proceed to prove Lemma 6.4, Let us state two more definitions. A vector matrix $V$ is called normal, if for every $\mathbf{v}$ in $V$, we have $\mathbf{v} \cdot \mathbf{v}=1$. Two vector matrices $V_{1}, V_{2}$ of the same height are called orthogonal, if for every $\mathbf{v}_{1}$ in $V_{1}$ and $\mathbf{v}_{2}$ in $V_{2}$, we have $\mathbf{v}_{1} \cdot \mathbf{v}_{2}=0$.
The proof of Lemma 6.4 starts with the following three simple claims. In the claims, we denote elements of $V, U$ by $\mathbf{v}, \mathbf{u}$, and elements of $V_{p}, U_{p}$ by $\mathbf{v}^{p}, \mathbf{u}^{p}$, where $p$ is an integer. In a crucial way, we employ the following property of real vectors: if $\mathbf{v} \cdot \mathbf{v}=\mathbf{u} \cdot \mathbf{u}=1$ and $\mathbf{v} \cdot \mathbf{u}=1$, then $\mathbf{v}=\mathbf{u}$.
Claim 6.5. If $U$ and $V$ are similar and $V$ is normal, then $U$ is normal.
Proof. This follows from condition (6.1).
QED

Claim 6.6. Let

$$
V=\left[\begin{array}{l}
V_{1} \\
V_{1}
\end{array}\right] \quad \text { and } \quad U=\left[\begin{array}{l}
U_{1} \\
U_{2}
\end{array}\right] .
$$

If $V$ is normal and $U$ and $V$ are similar, then $U_{1}=U_{2}$. The same holds for $V=\left[V_{1} V_{1}\right]$ and $U=\left[U_{1} U_{2}\right]$.

Proof. Let $V_{1}$ be $r \times c$ vector matrix. For every $i \in[r]$ and $j \in[c], \mathbf{v}_{i+r, j}=\mathbf{v}_{i, j}$ and so $\mathbf{v}_{i+r, j} \cdot \mathbf{v}_{i, j}=1$. Since $V$ is normal and $U$ and $V$ are similar, by (6.1), $\mathbf{u}_{i, j} \cdot \mathbf{u}_{i, j}=\mathbf{u}_{i+r, j} \cdot \mathbf{u}_{i+r, j}=1$. By (6.3), $\mathbf{u}_{i+r, j} \cdot \mathbf{u}_{i, j}=1$, and so $\mathbf{u}_{i+r, j}=\mathbf{u}_{i, j}$.

QED

Claim 6.7. Let

$$
V=\left[\begin{array}{ll}
V_{1} & V_{2} \\
V_{3} & V_{4}
\end{array}\right] \quad \text { and } \quad U=\left[\begin{array}{ll}
U_{1} & U_{2} \\
U_{3} & U_{4}
\end{array}\right]
$$

with $V$ a normal matrix. Assume that $V_{1}$ and $V_{4}$ are orthogonal and either
(i). $V_{2}, V_{3}$ are orthogonal and $U_{2}, U_{3}$ are orthogonal, or
(ii). $V_{1}=V_{2}=V_{3}, U_{1}=U_{2}=U_{3}$ and $U_{1}, V_{1}$ are equivalent.

Then $U_{1}$ and $U_{4}$ are orthogonal.
Proof. Let $V_{1}$ and $V_{4}$ be of sizes $r_{1} \times c_{1}$ and $r_{2} \times c_{2}$. From condition 6.4, we have that for every $i_{1} \in\left[r_{1}\right], j_{1} \in\left[c_{1}\right], i_{1} \in\left[r_{2}\right]$ and $j_{2} \in\left[c_{2}\right]$,

$$
\mathbf{v}_{i_{1}, j_{1}} \cdot \mathbf{v}_{r_{1}+i_{2}, c_{1}+j_{2}}+\mathbf{v}_{i_{1}, c_{1}+j_{2}} \cdot \mathbf{v}_{r_{1}+i_{2}, j_{1}}=\mathbf{u}_{i_{1}, j_{1}} \cdot \mathbf{u}_{r_{1}+i_{2}, c_{1}+j_{2}}+\mathbf{u}_{i_{1}, c_{1}+j_{2}} \cdot \mathbf{u}_{r_{1}+i_{2}, j_{1}}
$$

which gives

$$
\mathbf{v}_{i_{1}, j_{1}}^{1} \cdot \mathbf{v}_{i_{2}, j_{2}}^{4}+\mathbf{v}_{i_{1}, j_{2}}^{2} \cdot \mathbf{v}_{i_{2}, j_{1}}^{3}=\mathbf{u}_{i_{1}, j_{1}}^{1} \cdot \mathbf{u}_{i_{2}, j_{2}}^{4}+\mathbf{u}_{i_{1}, j_{2}}^{2} \cdot \mathbf{u}_{i_{2}, j_{1}}^{3} .
$$

The property that is common to both cases in the assumption of the claim is that $\mathbf{v}_{i_{1}, j_{2}}^{2} \cdot \mathbf{v}_{i_{2}, j_{1}}^{3}=$ $\mathbf{u}_{i_{1}, j_{2}}^{2} \cdot \mathbf{u}_{i_{2}, j_{1}}^{3}$. Therefore, $\mathbf{u}_{i_{1}, j_{1}}^{1} \cdot \mathbf{u}_{i_{2}, j_{2}}^{4}=\mathbf{v}_{i_{1}, j_{1}}^{1} \cdot \mathbf{v}_{i_{2}, j_{2}}^{4}=0$.

The three claims imply the following, using the special structure of the matrix $L$.
Claim 6.8. If a vector matrix $U$ is similar to $L(t)$, then $U$ is equivalent to $L(t)$.
Proof. Since $L(t)$ is normal, so is $U$ by Claim 6.5. By Claim 6.6, $U$ is of the form

$$
U=\left[\begin{array}{cccccccccc}
\mathbf{u}_{1} & \mathbf{u}_{1} & \mathbf{u}_{2} & \mathbf{u}_{2} & \mathbf{u}_{3} & \mathbf{u}_{3} & \cdots & \mathbf{u}_{\ell-2} & \mathbf{u}_{\ell-1} & \mathbf{u}_{\ell-1} \\
\mathbf{u}_{1} & \mathbf{u}_{2} & \mathbf{u}_{2} & \mathbf{u}_{3} & \mathbf{u}_{3} & \mathbf{u}_{4} & \cdots & \mathbf{u}_{\ell-1} & \mathbf{u}_{\ell-1} & \mathbf{u}_{\ell}
\end{array}\right]
$$

It is thus sufficient to prove that for every $i<j$ in $[\ell]$, the two vectors $\mathbf{u}_{i}$ and $\mathbf{u}_{j}$ are orthogonal. This follows by induction on $j$. If $j=i+1$, apply case (ii) of Claim 6.7 to the matrices

$$
\left[\begin{array}{ll}
\mathbf{e}_{i}(t) & \mathbf{e}_{i}(t) \\
\mathbf{e}_{i}(t) & \mathbf{e}_{j}(t)
\end{array}\right] \text { and }\left[\begin{array}{ll}
\mathbf{u}_{i} & \mathbf{u}_{i} \\
\mathbf{u}_{i} & \mathbf{u}_{j}
\end{array}\right]
$$

Otherwise, $j \geq i+2$ and $U$ contains a submatrix

$$
\left[\begin{array}{cc}
\mathbf{u}_{i} & \mathbf{u}_{j-1} \\
\mathbf{u}_{i} & \mathbf{u}_{j}
\end{array}\right]
$$

which is similar to the matrix

$$
\left[\begin{array}{cc}
\mathbf{e}_{i}(t) & \mathbf{e}_{j-1}(t) \\
\mathbf{e}_{i}(t) & \mathbf{e}_{j}(t)
\end{array}\right] .
$$

By assumption $\mathbf{u}_{i}$ and $\mathbf{u}_{j-1}$ are orthogonal. Now case (i) of Claim 6.7 implies that $\mathbf{u}_{i}$ and $\mathbf{u}_{j}$ are orthogonal.

Proof of Lemma 6.4. If $U$ is similar to $M$, by Claim6.8. $U$ has the form

$$
U=\left[\begin{array}{cc}
U(1) & U(1) \\
U(1) & U(2) \\
U(2) & U(2) \\
\cdots & \cdots \\
U(\ell-2) & U(\ell-1) \\
U(\ell-1) & U(\ell-1) \\
U(\ell-1) & U(\ell)
\end{array}\right]
$$

where $U(t)$ is equivalent to $L(t)$. It is now sufficient to prove that $U(i)$ and $U(j)$ are orthogonal whenever $i<j$. This follows by a similar argument as the one in Claim 6.8.

## 7 Integer sums-of-squares

In this section, we prove Theorem 1.10 More exactly, we prove that in any identity of the form

$$
\begin{equation*}
\left(x_{1}^{2}+\cdots+x_{k}^{2}\right) \cdot\left(y_{1}^{2}+\cdots+y_{k}^{2}\right)=z_{1}^{2}+\cdots+z_{n}^{2} \tag{7.1}
\end{equation*}
$$

where $z_{i}$ are bilinear forms with integer coefficients, $n$ must be at least $\Omega\left(k^{6 / 5}\right)$.

### 7.1 Sum-of-squares and intercalate matrices

Following Yiu [34, we phrase $\mathcal{S}_{\mathbb{Z}}(k)$ in a more combinatorial language (though we deviate from Yiu's notation). We call a $k \times k$ matrix $M=\left(M_{i, j}\right)_{i, j \in[k]}$ with non-zero integer entries an intercalate matrix, if

1) $\left|M_{i, j_{1}}\right| \neq\left|M_{i, j_{2}}\right|$, whenever $j_{1} \neq j_{2}$,
2) $\left|M_{i_{1}, j}\right| \neq\left|M_{i_{2}, j}\right|$, whenever $i_{1} \neq i_{2}$,
3) if $i_{1} \neq i_{2}, j_{1} \neq j_{2}$ and $M_{i_{1}, j_{1}}= \pm M_{i_{2}, j_{2}}$, then $M_{i_{1}, j_{2}}=\mp M_{i_{2}, j_{1}}$.

We call $C=C(M)=\left\{\left|M_{i j}\right|: i, j \in[k]\right\}$ the set of colors in $M$. We say that $M$ has $n$ colors, if $|C|=n$.

Condition 1) says that no color appears twice in the same row of $M$, condition 2) says that no color appears twice in the same column of $M$. Condition 3) then requires that for every $2 \times 2$ submatrix

$$
\left(\begin{array}{ll}
a & b \\
c & d
\end{array}\right)
$$

of $M$, either $|a|,|b|,|c|,|d|$ are all different, or the submatrix is of the form

$$
\left(\begin{array}{cc}
\epsilon_{1} a & \epsilon_{2} b \\
\epsilon_{3} b & \epsilon_{4} a
\end{array}\right),
$$

where $|a| \neq|b|$ and $\epsilon_{i} \in\{+1,-1\}$ satisfy $\epsilon_{1} \epsilon_{2} \epsilon_{3} \epsilon_{4}=-1$. The following are examples of $2 \times 2$ intercalate matrices:

$$
\left(\begin{array}{rr}
1 & 2 \\
3 & -4
\end{array}\right),\left(\begin{array}{rr}
1 & 2 \\
2 & -1
\end{array}\right) \text {, and }\left(\begin{array}{rr}
-1 & -2 \\
2 & -1
\end{array}\right) .
$$

The following matrices are not intercalate:

$$
\left(\begin{array}{ll}
1 & 2 \\
3 & 1
\end{array}\right),\left(\begin{array}{ll}
1 & 2 \\
2 & 1
\end{array}\right), \text { and }\left(\begin{array}{rr}
-1 & 2 \\
2 & -1
\end{array}\right) .
$$

The following proposition relates intercalate matrices and integer sum-of-squares formulas.
Proposition 7.1. The following are equivalent:
(i). There exists an identity (0.1) where $z_{1}, \ldots z_{n}$ are bilinear forms with integer coefficients.
(ii). There exists an intercalate $k \times k$ matrix with $n$ colors.

Proof. The proof is analogous to the proof of Lemma 6.2. Note that if $V$ is a $k \times k$ vector matrix consisting of $k^{2}$ orthonormal real vectors then, by definition of $f(V),\left(x_{1}^{2}+\cdots+x_{k}^{2}\right)\left(y_{1}^{2}+\cdots+y_{k}^{2}\right)=f(V)$. As in Lemma 6.2, we can show that (i) is equivalent to the following: there exists a $k \times k$ vector matrix $U$ consisting of vectors $\mathbf{u}_{i, j} \in \mathbb{Z}^{n}, i, j \in[k]$, with the properties ( $\mathbf{u} \cdot \mathbf{v}$ denotes the usual inner product in $\mathbb{R}^{n}$ )
i) $\mathbf{u}_{i, j} \cdot \mathbf{u}_{i, j}=1$, for every $i, j$,
ii) $\mathbf{u}_{i, j_{1}} \cdot \mathbf{u}_{i, j_{2}}=0$, whenever $j_{1} \neq j_{2}$,
iii) $\mathbf{u}_{i_{1}, j} \cdot \mathbf{u}_{i_{1}, j}=0$, whenever $i_{1} \neq i_{2}$,
iv) $\mathbf{u}_{i_{1}, j_{1}} \cdot \mathbf{u}_{i_{2}, j_{2}}+\mathbf{u}_{i_{1}, j_{2}} \cdot \mathbf{u}_{i_{2}, j_{1}}=0$, for every $i_{1} \neq i_{2}, j_{1} \neq j_{2}$.

However, since we are dealing with vectors in $\mathbb{Z}^{n}$, condition i) implies a stronger property
v) $\mathbf{u}_{i j} \in\{0,1,-1\}^{n}$ and $\mathbf{u}_{i j}$ has exactly one non-zero entry.

Here is how a matrix $U$ with properties i) through v) corresponds to an intercalate matrix. Given an intercalate matrix $M$ with colors $\left\{a_{1}, \ldots, a_{n}\right\}$, define $V$ as follows: for every $\ell \in[n]$ and $i, j \in[k]$, define $u_{i, j}[\ell]=\operatorname{sgn}\left(M_{i, j}\right)$, if $M_{i, j}=a_{\ell}$, and $u_{i, j}[\ell]=0$ otherwise (where $\left.u_{i, j}\right)[\ell]$ denotes the $\ell$ th coordinate of $\mathbf{u}_{i, j}$ ). Conversely, given such a matrix $U$, define an intercalate matrix with colors $\{1, \ldots, n\}$ as $M_{i, j}=u_{i, j}[\ell] \cdot \ell$, where $\ell$ is the unique coordinate such that $u_{i, j}[\ell] \neq 0$. It is straightforward to verify that the required properties of $V$ resp. $M$ are satisfied.

QED

### 7.2 The number of colors in intercalate matrices

We say that two integer matrices $M$ and $M^{\prime}$ are equivalent, if $M^{\prime}$ can be obtained from $M$ by

1) permuting rows and columns,
2) multiplying rows and columns by minus one, and
3) renaming colors, that is, if $\theta: \mathbb{N} \rightarrow \mathbb{N}$ is a one-to-one map, we have $M_{i, j}^{\prime}=\operatorname{sgn}\left(M_{i, j}\right) \cdot \theta\left(\left|M_{i, j}\right|\right)$, for every $i, j \in[k]$.

Here are two elementary properties of intercalate matrices.
Fact 7.2. A submatrix of an intercalate matrix is an intercalate matrix.
Fact 7.3. If $M$ and $M^{\prime}$ are equivalent, then $M$ is intercalate if and only if $M^{\prime}$ is intercalate.
We say that a $k \times k$ matrix $M$ is full, if for every $i \in[k]$, we have $M_{i, i}=1$.
The following lemma is the main step in the proof of our main theorem.
Lemma 7.4. Let $M$ be a $k \times k$ full intercalate matrix. Then $M$ has at least $\Omega\left(k^{3 / 2}\right)$ colors.
Lemma 7.4 implies the following theorem, which gives Theorem 1.10 by Proposition 7.1 .
Theorem 7.5. Any $k \times k$ intercalate matrix has at least $\Omega\left(k^{6 / 5}\right)$ colours.
Proof. Let $M$ be a $k \times k$ intercalate matrix with $n$ colors. We show that $M$ contains a $s \times s$ submatrix $M^{(0)}$ which is equivalent to a full intercalate matrix, with $s \geq k^{2} / n$. For a color $a$, let $M_{a}=\{(i, j) \in$ $\left.[k] \times[k]:\left|M_{i, j}\right|=a\right\}$. The sets $M_{a}$ form a partition of $[k] \times[k]$ to $n$ pairwise disjoint sets, and hence there exists some $a$ so that $s:=\left|M_{a}\right| \geq k^{2} / n$. Let $M^{(0)}$ be the submatrix of $M$ obtained by deleting rows and columns that do not contain $a$. Since the color $a$ never occurs twice in the same row or column in $M^{(0)}$, $M^{(0)}$ is $s \times s$ matrix, and we can permute rows and columns of $M^{(0)}$ to obtain a matrix $M^{(1)}$ in which the diagonal entries satisfy $\left|M_{i, i}^{(1)}\right|=a$. We can thus multiply some of the rows of $M^{(1)}$ by minus one to obtain a matrix $M^{(2)}$ in which the diagonal entries have $M_{i, i}^{(2)}=a$. Finally, we can rename the colors of $M^{(2)}$ to obtain a matrix $M^{(3)}$ with $M_{i, i}^{(3)}=1$ for every $i \in[k]$. Altogether, $M^{(3)}$ is a full intercalate matrix equivalent to $M^{(0)}$.
$M^{(0)}$ contains at most $n$ colors. Hence Lemma 7.4 tells us that $n \geq \Omega\left(s^{3 / 2}\right)$. Since $s \geq k^{2} / n$, we have $n \geq \Omega\left(k^{3} / n^{3 / 2}\right)$, which implies $n \geq \Omega\left(k^{6 / 5}\right)$.

QED

### 7.3 Number of colors in full intercalate matrices

The definition of intercalatness immediately implies the following:
Fact 7.6. If $M$ is a full intercalate matrix, then $M_{i, j}=-M_{j, i}$ for every $i \neq j$.
We now describe a few combinatorial properties of full intercalate matrices.
Lemma 7.7. Assume that $M$ is $6 \times 6$ intercalate matrix of the form ${ }^{10}$

$$
\left(\begin{array}{cccccc}
1 & 2 & 3 & & & \\
& 1 & 4 & & & \\
& & 1 & & & \\
& & & 1 & 2 & 3 \\
& & & & 1 & b \\
& & & & & 1
\end{array}\right)
$$

Then $b=-4$.

Proof. Let $M_{1,4}=c$. By Fact 7.6, $M$ has the form

$$
\left(\begin{array}{rrrrrr}
1 & 2 & 3 & c & & \\
-2 & 1 & 4 & & & \\
-3 & -4 & 1 & & & \\
-c & & & 1 & 2 & 3 \\
& & & & 1 & b \\
& & & & & 1
\end{array}\right)
$$

Property 3) in the definition of intercalate matrices implies that $M_{2,5}=M_{3,6}=M_{4,1}=-c$, as $M_{2,1}=$ $-M_{4,5}$ and $M_{3,1}=-M_{4,6}$. Using Fact 7.6 we thus conclude that $M$ has the form

$$
\left(\begin{array}{rrrrrr}
1 & 2 & 3 & c & & \\
-2 & 1 & 4 & & -c & \\
-3 & -4 & 1 & & & -c \\
-c & & & 1 & 2 & 3 \\
& c & & & 1 & b \\
& & c & & & 1
\end{array}\right)
$$

Here we have $M_{5,2}=-M_{3,6}$ and hence $M_{5,6}=M_{3,2}$. In other words, $b=-4$.

Let $M$ be a $k \times k$ matrix. A triple $\left(i, j_{1}, j_{2}\right)$ such that $1 \leq i<j_{1}<j_{2} \leq k$ is called a position in $M$. Let $(a, b)$ be an ordered pair of natural numbers. We say that $(a, b)$ occurs in position $\left(i, j_{1}, j_{2}\right)$ in $M$, if $\left|M_{i, j_{1}}\right|=a$ and $\left|M_{i, j_{2}}\right|=b$.

[^7]Proposition 7.8. Let $M$ be a full intercalate matrix. Then every pair $(a, b)$ occurs in at most two different positions in $M$.

Proof. Assume that $(a, b)$ occurs at three distinct positions $\left(i(p), j_{1}(p), j_{2}(p)\right), p \in\{0,1,2\}$, in $M$. By renaming colors, we can assume without loss of generality that $(a, b)=(2,3)$. We show that $M$ contains $9 \times 9$ submatrix $M^{\prime}$ equivalent to a matrix of the form

$$
\left(\begin{array}{lll}
A_{1} & & \\
& A_{2} & \\
& & A_{3}
\end{array}\right)
$$

where

$$
A_{i}=\left(\begin{array}{ccc}
1 & 2 & 3 \\
& 1 & c_{i} \\
& & 1
\end{array}\right)
$$

This will imply a contradiction: Lemma 7.7 implies that $c_{2}=-c_{1}, c_{3}=-c_{1}$ and $c_{3}=-c_{2}$, and hence $c_{1}=-c_{1}$, which is impossible, as $c_{1} \neq 0$.
We first show that the nine indices $I=\left\{i(p), j_{1}(p), j_{2}(p): p \in\{0,1,2\}\right\}$ are all distinct. There are a few cases to consider.
(i). The definition of position guarantees that

$$
\left|\left\{i(p), j_{1}(p), j_{2}(p)\right\}\right|=3
$$

for every $p \in\{0,1,2\}$.
(ii). Since no color can appear twice in the same row,

$$
|\{i(0), i(1), i(2)\}|=\left|\left\{j_{1}(0), j_{1}(1), j_{1}(2)\right\}\right|=\left|\left\{j_{2}(0), j_{2}(1), j_{2}(2)\right\}\right|=3
$$

(iii). Since $\left|M_{i(p), j_{1}(p)}\right|=\left|M_{i(q), j_{1}(q)}\right|=2, M$ being intercalate implies

$$
\left|M_{i(p), j_{1}(q)}\right|=\left|M_{i(q), j_{1}(p)}\right|
$$

Assume, for the sake of contradiction, that $j_{2}(p)=j_{1}(q)$ for some $p \neq q$. Thus, $\left|M_{i(p), j_{1}(q)}\right|=$ $\left|M_{i(p), j_{2}(p)}\right|=3$, and so $\left|M_{i(q), j_{1}(p)}\right|=3$. But $j_{1}(p) \neq j_{2}(q)$, as $j_{1}(p)<j_{2}(p)=j_{1}(q)<j_{2}(q)$. This contradicts property (1 in the definition of intercalate matrices, since $\left|M_{i(q), j_{1}(p)}\right|=\left|M_{i(q), j_{2}(q)}\right|$.
(iv). Assume, for the sake of contradiction, that $i(q)=j_{e}(p)$ for some $p \neq q$ and $e=1,2$. Since $M$ is full, $M_{i(q), j_{e}(p)}=1$. As above, we conclude that $\left|M_{i(p), j_{e}(q)}\right|=1$. But $i(p) \neq j_{e}(q)$, since $i(p)<j_{e}(p)=i(q)<j_{e}(q)$. Thus the color 1 appear twice in the row $i(p)$, which is a contradiction.

Let $M^{\prime}$ be the $9 \times 9$ submatrix of $M$ defined by the set of rows and columns $I$. Permuting rows and columns of $M^{\prime}$, we obtain a matrix of the form

$$
\left(\begin{array}{ccc}
B_{1} & & \\
& B_{2} & \\
& & B_{3}
\end{array}\right)
$$

where

$$
B_{i}=\left(\begin{array}{rrr}
1 & \epsilon_{i} 2 & \delta_{i} 3 \\
& 1 & \\
& & 1
\end{array}\right)
$$

and $\epsilon_{i}, \delta_{i} \in\{1,-1\}$. Multiplying rows and columns by minus one where appropriate, we conclude that $M^{\prime}$ is of the desired form.

We are now ready for the proof of the lemma.
Proof of Lemma 7.4. There are at least $k^{3} / 8$ different positions in $M$. From $n$ colors, one can build at most $n^{2}$ ordered pairs. Proposition 7.8 implies that any such pair appears in at most two positions in $M$. Thus, $2 n^{2} \geq k^{3} / 8$ and so $n \geq \Omega\left(k^{3 / 2}\right)$.

QED

## 8 Multilinear and ordered circuits

### 8.1 Ordered circuits

An interesting property of non-commutative polynomials and circuits is that we can treat occurrences of $x$ at different positions as distinct variables. For example, we could have defined the identity polynomial as a polynomial in $4 k$ variables

$$
\mathrm{ID}_{k}^{\prime}=\sum_{i, j \in[k]} x_{1, i} x_{2, j} x_{3, i} x_{4, j}
$$

or as the polynomial in only $k$ variables

$$
\mathrm{ID}_{k}^{\prime \prime}=\sum_{i, j \in[k]} x_{i} x_{j} x_{i} x_{j}
$$

These modification are not important in the non-commutative setting; the circuit complexity of $I D_{k}, \mathrm{ID}_{k}{ }^{\prime}$ and $\mathrm{ID}_{k}{ }^{\prime \prime}$ differ by at most a constant factor. We discuss this phenomenon in this section.

A homogeneous polynomial $f$ of degree $r$ is called ordered, if there exist disjoint sets of variables $X_{1}, \ldots, X_{r}$ so that $f=f\left[X_{1}, \ldots, X_{r}\right]$ with the definition of $f\left[X_{1}, \ldots, X_{r}\right]$ from Section 3.2 . In other words, $f$ is ordered if every variable that occurs at position $i$ in some monomial in $f$ is in $X_{i}$.

An interval $I$ is a set of the form $I=\left[j_{1}, j_{2}\right]=\left\{i: j_{1} \leq i \leq j_{2}\right\}$. A polynomial $g$ is of type $\left[j_{1}, j_{2}\right]$, if $g=g\left[X_{j_{1}}, \ldots, X_{j_{2}}\right]$. It is a homogeneous polynomial of degree $j_{2}-j_{1}+1$. A constant polynomial is of type $I=\emptyset$.
We now define ordered circuits, which are a natural model for computing ordered polynomials. In an ordered circuit $\Phi$, every gate $v$ is associated with an interval $I_{v}=I_{v}(\Phi) \subseteq[r]$. A circuit $\Phi$ is called ordered, if it satisfies the following properties:
(i). Every gate $v$ in $\Phi$ computes a polynomial of type $I_{v}$.
(ii). If $v=v_{1}+v_{2}$, then $I_{v}=I_{v_{1}}=I_{v_{2}}$.
(iii). If $v=v_{1} \times v_{2}$ with $I_{v}=[i, j]$, then there exists $i-1 \leq \ell \leq j$ so that $I_{v_{1}}=[i, \ell]$ and $I_{v_{2}}=[\ell+1, j]$.

We can also define an ordered version for a general polynomial. Let $f$ be a homogeneous polynomial of degree $r$ in the variables $X=\left\{x_{1}, \ldots, x_{k}\right\}$. We define the ordered version of $f$, denoted $f^{(\text {ord })}$, as follows. For every $j \in[r]$ and $i \in[k]$, introduce a new variable $x_{j, i}$, and let $X_{j}=\left\{x_{j, 1}, \ldots, x_{j, k}\right\}$. For a monomial $\alpha=x_{i_{1}} \ldots x_{i_{r}}$, let $\alpha^{(o r d)}:=x_{1, i_{1}} \ldots x_{r, i_{r}}$. The polynomial $f^{(o r d)}$ is the ordered polynomial in the variables $X_{1}, \ldots, X_{r}$ defined by

$$
\operatorname{CoEF}_{\alpha(o r d)}\left(f^{(o r d)}\right)=\operatorname{CoEF}_{\alpha}(f) .
$$

Given $f^{(\text {ord })}$ we can easily recover $f$ by substituting $x_{j, i}=x_{i}$ for every $j \in[r]$ and $i \in[k]$. When $f$ is already ordered, then $f^{(\text {ord })}$ and $f$ are the same polynomials, up to renaming of variables.
The following theorem shows that non-commutative circuits computing $f$ can be efficiently simulated by ordered circuits computing $f^{(o r d)}$. In particular, if $f$ is already ordered, then a general circuit computing $f$ can be efficiently simulated by an ordered circuit. Every ordered circuit is syntactically multilinear, as defined in Section 8.2 below. This implies that non-commutative circuits for ordered polynomials can be efficiently simulated by syntactically multilinear circuits. We do know such a result in the commutative world: the best known transformation of a commutative circuit to a syntactically multilinear circuit increases the size by a factor of $2^{r}$ (instead of $r^{3}$ here).
The theorem is a stronger version of Theorem 1.11 which was stated in the introduction.
Theorem 8.1. Let $\Phi$ be a circuit of size s computing a homogeneous polynomial $f$ of degree $r$. Then there is an ordered circuit $\Psi$ of size $O\left(r^{3} s\right)$ that computes $f^{(o r d)}$.

Proof. Before we prove the theorem we introduce some notation. If $g$ is a polynomial (not necessarily homogeneous) and $I=\left[j_{1}, j_{2}\right] \subseteq[r]$ is a nonempty interval, define $g^{(I)}$ as the polynomial of type $I$ defined by

$$
\operatorname{coEF}_{\alpha^{(I)}}\left(g^{(I)}\right)=\operatorname{CoEF}_{\alpha}(g),
$$

where $\alpha^{(I)}=\prod_{j=j_{1}}^{j_{2}} x_{j, i_{j}}$ and $\alpha=\prod_{j=j_{1}}^{j_{2}} x_{i_{j}}$, and if $I=\emptyset, g^{(I)}$ is the constant term in $g$. We thus have that $f^{(o r d)}=f^{(I)}$ with $I=[1, r]$.
We prove the theorem by describing how to construct $\Psi$. We duplicate each gate $v$ in $\Phi$ into $O\left(r^{2}\right)$ gates in $\Psi$, which we denote $(v, I)$ with $I \subseteq[r]$ an interval. Every $(v, I)$ will compute the polynomial $\widehat{\Phi}_{v}^{(I)}$. If $v$ is an input gate labelled by a field element, set $(v, \emptyset)=\widehat{\Phi}_{v}$ and $(v, I)=0$ for every nonempty $I$. If $v$ is an input gate labelled by a variable $x_{i}$, set $(v,[j, j])=x_{j, i}$ and $(v, I)=0$ when $I$ is not a singleton. If $v=v_{1}+v_{2}$, set $(v, I)=\left(v_{1}, I\right)+\left(v_{2}, I\right)$ for all $I$. If $v=v_{1} \times v_{2}$ and $I=[i, j]$, set

$$
(v, I)=\sum_{i-1 \leq \ell \leq j}\left(v_{1},[i, \ell]\right) \times\left(v_{2},[\ell+1, j]\right) .
$$

Associate with the gate $(v, I)$ in $\Psi$ the interval $I$. Thus, $\Psi$ is ordered. By induction, every gate $(v, I)$ computes $\widehat{\Phi}_{v}^{(I)}$, and hence $\Psi$ computes $f^{(o r d)}$. For every gate $v$ in $\Phi$, there are at most $O\left(r^{3}\right)$ edges in $\Psi$, and so the size of $\Psi$ is as claimed.

### 8.2 Multilinear circuits

In this section we prove an exponential lower bound for the size of non-commutative syntactically multilinear circuits (a circuit $\Phi$ is syntactically multilinear, if for every product gate $v=v_{1} \times v_{2}$ in $\Phi$, the two circuits $\Phi_{v_{1}}$ and $\Phi_{v_{2}}$ do not share variables). Note that an ordered circuit is automatically syntactically multilinear. By means of Proposition 8.1, a lower bound on syntactically multilinear circuits computing an ordered polynomial would imply an unconditional lower bound. However, our lower bound involves a polynomial which is not ordered.
We now define the multilinear version of central polynomials. Let $f$ be a multilinear polynomial of degree $d$. We say that $f$ is $m l$-central, if $f$ is central as in (3.1), and for every $i \in[m]$, the polynomial $h_{i} g \bar{h}_{i}$ is multilinear; in particular, the polynomials $h_{i}, g, \bar{h}_{i}$ have distinct variables.
The following lemma describes the structure of multilinear circuits.
Lemma 8.2. Let $f$ be a homogeneous multilinear polynomial of degree $d \geq 2$. Assume that there is a syntactically multilinear circuit $\Phi$ of size s computing $f$. Then there exist $n \leq O\left(d^{3} s\right)$ and ml-central polynomials $f_{1}, \ldots, f_{n}$ such that $f=f_{1}+\cdots+f_{n}$.

Proof. The proof is almost identical to Proposition 3.2.
QED

Our lower bound is based on counting monomials. The following lemma is the basic observation for the lower bound.

Lemma 8.3. Let $f$ be a ml-central polynomial of degree $k$ in $k$ variables. Then $f$ has at most $2^{-\Omega(k)} k$ ! monomials with nonzero coefficients.

Proof. Write $f$ as $f=\sum_{i \in[m]} h_{i} g \bar{h}_{i}$ with every $h_{i} g \bar{h}_{i}$ multilinear. Let $X$ be the set of variables in $f$ and $X_{0}$ the set of variables in $g$. Every monomial with a nonzero coefficient in $f$ has the form $\alpha_{1} \gamma \alpha_{2}$, where (1) $\gamma$ is a multilinear monomial of degree $d_{0}$ in variables $X_{0}$, and (2) $\alpha_{1}, \alpha_{2}$ are multilinear monomials in the variables $X \backslash X_{0}$ of degrees $d_{1}, d_{2}$, and $\alpha_{1}, \alpha_{2}$ have distinct variables. Since $d_{0}+d_{1}+d_{2}=k$, we have $\left|X_{0}\right|=d_{0}$. There are thus $d_{0}!\beta$ s in (1), and at most $\left(d_{1}+d_{2}\right)$ ! pairs $\alpha_{1}, \alpha_{2}$ in (2). Hence $f$ contains at most

$$
d_{0}!\left(d_{1}+d_{2}\right)!=d_{0}!\left(k-d_{0}\right)!=\frac{k!}{\binom{k}{d_{0}}}
$$

monomials with non-zero coefficients. Since $k / 3 \leq d_{0}<2 k / 3$, this is at most $2^{-\Omega(k)} k$ !.
QED

Define the all-permutations polynomial, $\mathrm{AP}_{k}$, as a polynomial in variables $x_{1}, \ldots, x_{k}$

$$
\mathrm{AP}_{k}=\sum_{\sigma} x_{\sigma(1)} x_{\sigma(2)} \cdots x_{\sigma(k)}
$$

where $\sigma$ is a permutation of $[k]$. Note that $\mathrm{AP}_{k}^{(\text {ord })}$ is a polynomial in $k^{2}$ variables,

$$
\mathrm{AP}_{k}^{(o r d)}=\sum_{\sigma} x_{1, \sigma(1)} x_{2, \sigma(2)} \cdots x_{k, \sigma(k)}
$$

In other words, $\mathrm{AP}_{k}^{(\text {ord })}=\mathrm{PERM}_{k}$.
Proof of Theorem 1.12. Assume that $\mathrm{AP}_{k}$ is computed by such a circuit of size s. By Lemma 8.2, $\mathrm{AP}_{k}$ can be written as a sum of $O\left(k^{3} s\right)$ ml-centralpolynomials. By Lemma 8.3. $\mathrm{AP}_{k}$ can thus have at most $O\left(2^{-\Omega(k)} k!k^{3} s\right)$ monomials with nonzero coefficients. However, $\mathrm{AP}_{k}$ has $k$ ! monomials. QED

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[^1]:    ${ }^{1}$ As in this case, addition remains commutative, as well as multiplication by constants

[^2]:    ${ }^{2}$ The assumption that the $z_{i}$ 's in $\sqrt{1.2}$ are bilinear is satisfied automatically if the $z_{i}$ 's are real polynomials.

[^3]:    ${ }^{3}$ The coefficients of the $z_{i}$ 's can actually be taken to be in $\{-1,0,1\}$.
    ${ }^{4}$ If char $\mathbb{F}=2$, the theorem holds trivially, since $\mathcal{S}_{\mathbb{F}}(k)=1$.

[^4]:    ${ }^{5}$ When no such $n$ exists, $\mathcal{S}_{\mathbb{F}}(f)$ is infinite.
    ${ }^{6}$ We think of the input as given in a binary representation; the algorithm thus runs in time polynomial in $\log k$.

[^5]:    ${ }^{7}$ Recall that a polynomial $f$ is homogeneous, if all monomials with a non-zero coefficient in $f$ have the same degree, and that circuit $\Phi$ is homogeneous, if every gate in $\Phi$ computes a homogeneous polynomial.

[^6]:    ${ }^{8}$ In some cases, e.g., when $i_{1}=i_{2}$, this matrix can become $1 \times 2,2 \times 1$ or even $1 \times 1$, but we still think of it as a $2 \times 2$ matrix. This is also where the correction factor comes from.
    ${ }^{9}$ Here, the inner product of two complex vectors $a, b$ is $\sum_{i} a_{i} b_{i}$, rather than $\sum_{i} a_{i} \bar{b}_{i}$, with $\bar{b}$ the complex conjugate of $b$.

[^7]:    ${ }^{10}$ The empty entries are some unspecified integers.

