

# $d$ -to-1 Hardness of Coloring 3-colorable Graphs with $O(1)$ colors

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## Abstract

The  $d$ -to-1 conjecture of Khot asserts that it is NP-hard to satisfy an  $\epsilon$  fraction of constraints of a satisfiable  $d$ -to-1 Label Cover instance, for arbitrarily small  $\epsilon > 0$ . We prove that the  $d$ -to-1 conjecture for any fixed  $d$  implies the hardness of coloring a 3-colorable graph with  $C$  colors for arbitrarily large integers  $C$ .

Earlier, the hardness of  $O(1)$ -coloring a 4-colorable graphs is known under the 2-to-1 conjecture, which is the strongest in the family of  $d$ -to-1 conjectures, and the hardness for 3-colorable graphs is known under a certain “fish-shaped” variant of the 2-to-1 conjecture.

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## 1 Introduction

Determining if a graph is 3-colorable is one of the classic NP-complete problems. Thus, given a 3-colorable graph it is NP-hard to color it with 3 colors. The best known polynomial time algorithms for coloring 3-colorable graphs use about  $n^{0.2}$  colors, where  $n$  is the number of vertices in the graph [9]. On the other hand, on the hardness front, we only know that 5-coloring 3-colorable graphs is NP-hard [3].

This embarrassingly large gap between the hardness and algorithmic results has prompted the quest for conditional hardness results for approximate graph coloring. The canonical starting point for most strong inapproximability results is the Label Cover problem. Label Cover refers to constraint satisfaction problems of arity two over a large (but fixed) domain whose constraint relations are *functions*. Label Cover is known to be very hard to approximate even on satisfiable instances.

The Unique Games Conjecture of Khot [10], which asserts strong inapproximability of Label Cover when the constraint maps are bijections, has formed the basis of numerous tight hardness results for problems which have defied NP-hardness proofs. However, the imperfect completeness inherent in the Unique Games Conjecture makes it unsuitable as the basis for hardness results for graph coloring, where we want *all* edges to be properly colored under the coloring.



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43 In [10], along with the Unique Games Conjecture, Khot introduced the  $d$ -to-1 conjecture.  
 44 The  $d$ -to-1 conjecture says that given a Label Cover instance whose constraint relations  
 45 are  $d$ -to-1 functions, it is NP-hard to decide if there exists a labelling that satisfies all the  
 46 constraints or no labelling can satisfy even an  $\epsilon$  fraction of constraints, for arbitrarily small  
 47  $\epsilon > 0$ . (The key is that  $d$  can be held fixed and achieve soundness  $\epsilon \rightarrow 0$ .) Constraints  
 48 similar to 2-to-1 also played an implicit role in the beautiful work of Dinur and Safra on  
 49 inapproximability of vertex cover [8].

50 Based on the 2-to-1 conjecture, Dinur, Mossel and Regev [7], extending the invariance  
 51 principle based techniques of [11, 15], proved the hardness of coloring graphs that are promised  
 52 to be 4-colorable with any constant number of colors. Furthermore, they prove the same  
 53 for 3-colorable graphs under a certain “fish shaped” variant of the 2-to-1 conjecture. In this  
 54 paper, we prove that the same result can be proved under the weaker assumption of  $d$ -to-1  
 55 conjecture<sup>1</sup>, for some (arbitrarily large) constant  $d$ .

56 ► **Theorem 1.** *Assume that  $d$ -to-1 conjecture is true for some constant  $d$ . Then, for every*  
 57 *positive integer  $t \geq 3$ , it is NP-hard to color a 3-colorable graph  $G$  with  $t$  colors.*

58 We stress that the  $d$ -to-1 conjecture insists on perfect completeness (i.e., hardness on  
 59 satisfiable instances), and this important feature seems necessary for its implications for  
 60 coloring problems, where we seek to properly color all edges. The variant of the 2-to-1  
 61 conjecture where one settles for near-perfect completeness was recently established in a  
 62 striking sequence of works [5, 6, 12, 13].

63 The result of [7] in fact shows hardness of finding an independent set of density  $\epsilon$  in a  
 64 3-colorable graph for arbitrary  $\epsilon > 0$  (which immediately implies the hardness of finding a  
 65 coloring with  $1/\epsilon$  colors). Our result in Theorem 1 above does *not* get this stronger hardness  
 66 for finding independent sets. But it is conditioned on the  $d$ -to-1 conjecture for arbitrary  $d$   
 67 rather than the specific 2-to-1 conjecture. We note that proving the  $d$ -to-1 conjecture for  
 68 some large  $d$  could be significantly easier than the 2-to-1 conjecture, so Theorem 1 perhaps  
 69 provides an avenue for resolving a longstanding challenge concerning the complexity of  
 70 approximate graph coloring.

71 Our proof of Theorem 1 is a simple combination of two results. First, following the  
 72 methodology of [7], we prove that the  $d$ -to-1 conjecture implies that coloring a  $2d$ -colorable  
 73 graph with  $O(1)$  colors is NP-hard. The result of [7] is the  $d = 2$  case of this claim. In  
 74 fact, they state in a future work section that the  $d$ -to-1 conjecture should imply hardness  
 75 of  $O(1)$ -coloring  $q$ -colorable graphs for some large enough  $q = q(d)$ . However, they did not  
 76 specify the details of the reduction or an explicit value of  $q$ , and mention determining the  
 77 dependence of  $q$  on  $d$  as an interesting question. Here we show the conditional hardness  
 78 based on  $d$ -to-1 conjecture holds for  $q = 2d$  (achieving  $q < 2d$  seems unlikely with the general  
 79 reduction approach of [7]).

80 The key technical ingredient necessary for such a reduction is a symmetric Markov chain  
 81 on  $[q]^d$  where transitions are allowed only between disjoint tuples and which has spectral  
 82 radius bounded away from 1. We show the existence of such a symmetric Markov chain  
 83 for  $q = 2d$ . We do so via a connection to matrix scaling, which enables us to deduce the  
 84 necessary chain at a conceptual level without messy calculations. Specifically, we use the  
 85 result [4], which follows from the Sinkhorn-Knopp iterative matrix scaling algorithm [19],

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<sup>1</sup> For  $d$ -to-1 Label Cover, there are two definitions possible, one where the constraint maps are *at most*  $d$ -to-1 with each element in the range having at most  $d$  pre-images, and one where the constraint maps are *exactly*  $d$ -to-1. In this paper, we stick with the exact variant.

86 that if a non-negative symmetric matrix  $A$  has *total support* then there is a symmetric doubly  
 87 stochastic matrix supported on the non-zero entries of  $A$ . When  $A$  is the adjacency matrix  
 88 of a graph  $G$ , the total support condition is equivalent to every edge of  $G$  belonging to a  
 89 cycle cover. We describe a graph on  $[q]^d$  whose edges connect disjoint tuples and where every  
 90 edge belongs to a cycle cover.

91 Our second ingredient is a remarkable yet simple reduction due to Krokhin, Opršal,  
 92 Wrochna and Živný [14], which exploits the relation between the arc-chromatic number and  
 93 chromatic number of a digraph [17]. Let  $b : \mathbb{N} \rightarrow \mathbb{N}$  be defined by  $b(n) := \binom{n}{\lfloor n/2 \rfloor}$ . Their result  
 94 then is that  $b(t)$ -coloring  $b(c)$ -colorable graphs is polynomial time (in fact logspace) reducible  
 95 to  $t$ -coloring  $c$ -colorable graphs. Since  $b(n)$  is increasing and  $b(n) > n$  for all  $n \geq 4$ , it follows  
 96 that a NP-hardness result for  $O(1)$ -coloring  $q$ -colorable graphs also implies NP-hardness  
 97 of  $O(1)$ -coloring 4-colorable graphs. Furthermore, the NP hardness of  $O(1)$ -coloring of  
 98 3-colorable graphs follows from the above by applying the arc graph reduction twice to  $K_4$ .

## 99 Overview.

100 In Section 2, we define the Label Cover problem, and state the  $d$ -to-1 conjecture formally.  
 101 We also introduce low degree influences that we need later. In Section 3, we first prove the  
 102 existence of the Markov chain with required properties, and then describe the reduction from  
 103 Label Cover to Approximate Coloring. We note that the reduction is in fact exactly the  
 104 same one used in [7], the difference being in using a different Markov Chain. We present the  
 105 reduction and the preliminaries required in this paper for the sake of completeness.

## 106 2 Preliminaries

107 We first formally define the Label Cover problem and then state the hardness conjectures.

### 108 2.1 Label Cover

109 ► **Definition 2.** (*Label Cover*) In the Label Cover instance, we are given a tuple  $G =$   
 110  $((V, E), R, \Psi)$  where

- 111 1.  $(V, E)$  is a graph on vertex set  $V$  with edge set  $E$ .
- 112 2. Each vertex in  $V$  has to be assigned a label from the set  $\Sigma = [R] = \{1, 2, \dots, R\}$ .
- 113 3. For every edge  $e = (u, v) \in E$ , there is an associated relation  $\Psi_e \subseteq \Sigma \times \Sigma$ . This  
 114 corresponds to a constraint between  $u$  and  $v$ .

115 A labeling  $\sigma : V \rightarrow \Sigma$  satisfies a constraint associated with the edge  $e = (u, v)$  if and only if  
 116  $(\sigma(u), \sigma(v)) \in \Psi_e$ . Given such an instance, the goal is to distinguish if there is a labeling that  
 117 can satisfy all the constraints or no labeling can satisfy a significant fraction of constraints.

118 We now state the  $d$ -to-1 conjecture. As is the case with [7], we will state and use the  
 119 *exact*  $d$ -to-1 variant where the constraint maps have exactly  $d$  pre-images for each element in  
 120 the range. Khot's original formulation only required that there are at most  $d$  pre-images for  
 121 each element in the range. The  $d$ -to-1 conjecture becomes stronger for smaller  $d$  (so that  
 122 the 2-to-1 is the strongest form of the conjecture)—this is obvious for the variant where the  
 123 maps are at most  $d$ -to-1. For the exact variant, if we allow the Label cover graph to have  
 124 multiple edges, we can reduce  $d$ -to-1 conjecture to  $(d + 1)$ -to-1 conjecture using a simple  
 125 argument. We present this reduction in Section 4. On that note, we remark without details  
 126 that our reduction indeed works with the multigraph variant of  $d$ -to-1 conjecture.

127 ► **Conjecture 3.** (*(Exact)  $d$ -to-1 Conjecture*) For every  $\epsilon > 0$ , given a bipartite Label Cover  
 128 instance  $G = ((V = X \cup Y, E), (dR, R), \Psi)$  satisfying the following constraints:

129 (i) We refer to  $X$  as the vertices on the left, and  $Y$  as the set of vertices on the right. The  
 130 vertices belonging to  $X$  are to be assigned labels from  $[dR]$  while the vertices in  $Y$  are to  
 131 be assigned labels from  $[R]$ .

132 (ii) The constraints are  $d$ -to-1 i.e. for every  $b \in [R]$ , there are precisely  $d$  values  $a \in [dR]$   
 133 such that  $(a, b) \in \Psi_e$  for every relation  $\Psi_e$  in the instance.

134 It is NP-hard to distinguish between the following cases:

135 1. There is a labeling that satisfies all the constraints in  $G$ .

136 2. No labeling can satisfy more than  $\epsilon$  fraction of constraints in  $G$ .

137 Similar to the  $d$ -to-1 constraints, one can consider  $d$ -to- $d$  constraints in the Label Cover.  
 138 In order to do so, we define the relation  $d \leftrightarrow d$  on  $[dR] \times [dR]$ :

$$139 \quad d \leftrightarrow d = \{(di - p + 1, di - q + 1) \mid 1 \leq i \leq R, \quad 1 \leq p, q \leq d\} .$$

140 A constraint  $\psi \subseteq [dR] \times [dR]$  is said to be  $d$ -to- $d$  if there exist permutations  $\pi_1$  and  $\pi_2$  on  
 141  $[dR]$  such that  $(a, b) \in \psi$  iff  $(\pi_1^{-1}(a), \pi_2^{-1}(b)) \in d \leftrightarrow d$ .

142 In [7], it is proved that Conjecture 3 implies the following conjecture.

143 **► Conjecture 4.** ( *$d$ -to- $d$  conjecture*) For every  $\epsilon > 0$  and every  $t \in \mathbb{N}$ , there exists  $R \in \mathbb{N}$   
 144 such that given a Label Cover instance  $G = ((V, E), dR, \Psi)$  where all the constraints are  
 145  $d$ -to- $d$ , it is NP-hard to distinguish between the following cases:

146 (i)  $\text{sat}(G) = 1$ , or

147 (ii)  $\text{isat}_t(G) < \epsilon$

148 Here,  $\text{sat}(G)$  denotes the maximum fraction of constraints satisfied by any labeling.  
 149 Similarly,  $\text{isat}(G)$  denotes the size of the largest set  $S \subseteq V$  such that there exists a labeling  
 150 that satisfies all the constraints induced on  $S$ . The value  $\text{isat}_t(G)$  denotes the size of largest  
 151 set  $S \subseteq V$  such that there exists a labeling that assigns at most  $t$  labels to each vertex that  
 152 satisfies all the constraints induced on  $S$ . A constraint between  $u, v$  is said to be satisfied by  
 153 labeling assigning multiple labels to  $u$  and  $v$  if and only if there exists at least one pair of  
 154 labels to  $u$  and  $v$  among the multiple labels that satisfy the constraint.

## 155 2.2 Low degree influences

156 Next, we define the low degree influences that we need later. We refer the reader to [7] for a  
 157 comprehensive treatment of the same.

158 Let  $\alpha_0 = \mathbf{1}, \alpha_1, \dots, \alpha_{q-1}$  be an orthonormal basis of  $\mathbb{R}^q$ . We can define the set of  
 159 functions  $\alpha_x : [q]^n \rightarrow \mathbb{R}, x \in [q]^n$  as  $\alpha_x(y) = (\alpha_{x_1}(y_1), \alpha_{x_2}(y_2), \dots, \alpha_{x_n}(y_n))$ . Observe that  
 160 these functions form a basis for the functions from  $[q]^n$  to  $\mathbb{R}$ . Let  $\hat{f}(\alpha_x) = \langle f, \alpha_x \rangle$ , where we  
 161 define the inner product between functions  $f, g : [q]^n \rightarrow \mathbb{R}$  as  $\langle f, g \rangle = q^{-n} \sum_{x \in [q]^n} f(x)g(x)$ .  
 162 We define the low degree influence of  $f$  as follows:

163 **► Definition 5.** For a function  $f : [q]^n \rightarrow \mathbb{R}$ , the degree  $k$  influence of the coordinate  $i$  is  
 164 defined as follows:

$$165 \quad I_i^{\leq k}(f) = \sum_{x: x_i \neq 0, |x| \leq k} \hat{f}^2(\alpha_x)$$

166 Note that the above definition is independent of the basis  $\alpha_0, \alpha_1, \dots, \alpha_{q-1}$  that we start with,  
 167 as long as  $\alpha_0 = \mathbf{1}$ . From the above definition, we can infer that for functions  $f : [q]^n \rightarrow [0, 1]$ ,  
 168 the sum of low degree influences is bounded by

$$169 \quad \sum_i I_i^{\leq k}(f) \leq k$$

170 For a vector  $x \in [q]^{dR}$ , let  $\bar{x} \in [q^d]^R$  be the corresponding element in  $[q^d]^R$  i.e.

171 
$$\bar{x} = ((x_1, x_2, \dots, x_d), (x_{d+1}, x_{d+2}, \dots, x_{2d}), \dots, (x_{dR-d+1}, x_{dR-d+2}, \dots, x_{dR}))$$

172 Similarly, for  $y \in [q^d]^R$ , let  $\underline{y}$  denote the inverse of above operation. We can extend this  
 173 notion to functions as well: For a function  $f : [q]^{dR} \rightarrow \mathbb{R}$ , let the function  $\bar{f} : [q^d]^R \rightarrow \mathbb{R}$  be  
 174 defined naturally by

175 
$$\bar{f}(y) = f(\underline{y})$$

176 Similarly, for a function  $f : [q^d]^R \rightarrow \mathbb{R}$ , let  $\underline{f} : [q]^{dR} \rightarrow \mathbb{R}$  be defined as  $\underline{f}(x) = f(\bar{x})$ .

177 We need the following lemma:

178 ► **Lemma 6.** For any function  $f : [q]^{dR} \rightarrow \mathbb{R}$  and any  $k \in \mathbb{N}$  and  $i \in [R]$ ,

179 
$$I_i^{\leq k}(\bar{f}) \leq \sum_{j=1}^d I_{di-d+j}^{\leq dk}(f)$$

180 **Proof.** Fix a basis  $\alpha_x$  of functions from  $[q]^{dR} \rightarrow \mathbb{R}$  as above. The functions  $\alpha_{\bar{x}}$  form a basis  
 181 for functions from  $[q^d]^R \rightarrow \mathbb{R}$ , where  $\alpha_{\bar{x}}(\bar{y}) = \alpha_x(y)$ . Note that  $\hat{\bar{f}}(\alpha_{\bar{x}}) = \hat{f}(\alpha_x)$ . Thus we get

182 
$$\begin{aligned} \sum_i I_i^{\leq k}(\bar{f}) &= \sum_{\bar{x}: \bar{x}_i \neq (0,0,\dots,0), |\bar{x}| \leq k} \hat{\bar{f}}^2(\alpha_{\bar{x}}) = \sum_{\bar{x}: \bar{x}_i \neq (0,0,\dots,0), |\bar{x}| \leq k} \hat{f}^2(\alpha_x) \\ 183 &\leq \sum_{x: \bar{x}_i \neq (0,0,\dots,0), |x| \leq dk} \hat{f}^2(\alpha_x) \\ 184 &\leq \sum_{j=1}^d \sum_{x: x_{di-d+j} \neq 0, |x| \leq dk} \hat{f}^2(\alpha_x) \\ 185 &= \sum_{j=1}^d I_{di-d+j}^{\leq dk}(f) \end{aligned}$$

187 Using the invariance principle and Borell's inequality, [7] prove the following:

188 ► **Theorem 7.** Let  $q$  be a fixed integer, and  $T$  be a symmetric Markov chain on  $[q]$  with  
 189  $r(T) < 1$ . Then for every  $\epsilon > 0$ , there exists a  $\delta > 0$  and a positive integer  $k$  such that the  
 190 following holds: For every  $f, g : [q]^n \rightarrow [0, 1]$  if  $\mathbb{E}[f] > \epsilon, \mathbb{E}[g] > \epsilon$  and  $\langle f, Tg \rangle = 0$ , then

191 
$$\exists i \in [n] : I_i^{\leq k}(f) \geq \delta, I_i^{\leq k}(g) \geq \delta$$

192 where  $r(T)$  denotes the second largest eigenvalue (in absolute value) of  $T$ .

193 **3 d-to-1 hardness for 3-colorable graphs**

194 In this section, we will prove Theorem 1.

195 **3.1 Reducing chromatic number to 3**

196 The following lemma is present in [14] based on a beautiful result concerning the arc-chromatic  
 197 numbers of digraphs from [17].

198 ► **Lemma 8.** (Theorem 1.8 of [14]) Suppose there exists  $q \in \mathbb{N}$  such that  $O(1)$  coloring  
 199  $q$ -colorable graphs is NP-hard. Then,  $O(1)$  coloring 3-colorable graphs is NP hard.

200 Let  $\text{Graph-Coloring}(t, c)$  denote the promise problem of distinguishing if a graph can be  
 201 colored with  $c$  colors, or cannot even be colored with  $t$  colors. The statement is proved by  
 202 presenting a reduction from  $\text{Graph-Coloring}(b(t), b(c))$  to  $\text{Graph-Coloring}(t, c)$  in polynomial  
 203 time, for the function  $b(n) := \binom{n}{\lfloor n/2 \rfloor}$ . The reduction works by constructing the arc-graph of  
 204 the underlying graphs, and using the property of arc graphs that the chromatic number of the  
 205 arc graph can be bounded precisely using the chromatic number of the original graph. Since  
 206  $b$  is an increasing function and  $b(n) > n$  for all  $n \geq 4$ , setting  $c = 4$  and  $t$  large enough proves  
 207 the statement claimed in the lemma. The reduction from 4-colorable graphs to 3-colorable  
 208 graphs is achieved by applying the arc graph construction twice recursively.

209 Thanks to Lemma 8, we can restrict ourselves to the weaker goal of proving that  $O(1)$   
 210 coloring  $q$ -colorable graphs is NP-hard for some fixed constant  $q$  assuming Conjecture 3. In  
 211 fact, following [7], we prove a stronger statement showing hardness of finding independent  
 212 sets of  $\epsilon$  fraction of vertices for any  $\epsilon > 0$ . Combined with Lemma 8, this immediately gives  
 213 us Theorem 1.

214 **► Theorem 9.** *Suppose that Conjecture 4 is true for a constant  $d$ . Then, there exists a*  
 215 *constant  $q = q(d)$  such that for every  $\epsilon > 0$ , given a graph  $G$ , it is NP-hard to distinguish the*  
 216 *following cases:*

- 217 1.  $G$  can be colored with  $q$  colors.
  - 218 2.  $G$  does not have any independent set of relative size  $\epsilon$ .
- 219 In fact, we can take  $q = 2d$ .

220 In the remainder of the section, we will prove Theorem 9. We next develop the main  
 221 technical ingredient that we will plug into the reduction framework of [7] to establish  
 222 Theorem 9.

### 223 3.2 A symmetric Markov chain supported on disjoint tuples

224 A Markov chain  $T$  defined on a state space  $\Omega$  is said to be symmetric if the transition matrix  
 225 of  $T$  is symmetric, namely for all pairs of states  $x, y \in \Omega$ , the probability of transition from  $x$   
 226 to  $y$  is equal to the probability of transition from  $y$  to  $x$ . Symmetry of the Markov chain  
 227 ensures that the uniform distribution is stationary which is essential when we compose the  
 228 Label Cover-Long Code reduction with the Markov chain. We define the spectral radius  
 229  $r(T)$  of a symmetric Markov chain as the second largest eigenvalue in absolute value of  
 230 its transition probability matrix, i.e., if  $1 = \lambda_1 \geq \lambda_2 \geq \dots \geq \lambda_q$  are the eigenvalues, then  
 231  $r(T) = \max(|\lambda_2|, |\lambda_q|)$ .

232 We now show the existence of a symmetric Markov Chain  $T$  on  $[q]^d$  with  $r(T) < 1$  if  
 233  $d \geq 2, q \geq 2d$ . Furthermore, there is a nonzero transition probability between two elements  
 234  $x, y \in [q]^d$  only if the support of  $x$  and  $y$  are disjoint. In [7], such a Markov Chain is shown  
 235 to exist for the values  $(q, d) = (3, 1), (4, 2)$ .

236 **► Lemma 10.** *Suppose that  $q, d \in \mathbb{N}, q \geq 2d, d \geq 2$ . There exists a symmetric Markov chain  $T$*   
 237 *on  $[q]^d$  such that  $r(T) < 1$ . Furthermore, if the transition  $\{x_1, x_2, \dots, x_d\} \leftrightarrow \{y_1, y_2, \dots, y_d\}$*   
 238 *has positive probability in  $T$ , then  $\{x_1, x_2, \dots, x_d\} \cap \{y_1, y_2, \dots, y_d\} = \emptyset$ .*

239 **Proof.** We first construct an undirected graph  $G$  on  $[q]^d$  such that there is an edge between  
 240  $x, y \in [q]^d$  only if the support of  $x$  and  $y$  are disjoint. We then use a matrix scaling algorithm  
 241 to obtain a symmetric Markov chain  $T$  from the adjacency matrix of  $G$ . For the resulting  
 242 Markov chain to have  $r(T) < 1$ , we need that the underlying graph  $G$  is connected, and is  
 243 not bipartite. Furthermore, for the scaling algorithm to produce a valid Markov chain, we  
 244 need that every edge of  $G$  is present in a cycle cover, where a cycle cover of a graph is a

245 disjoint union of cycles that covers every vertex in the graph. Note that we allow trivial  
246 2-cycles in a cycle cover, where we just take an edge twice.

247 We say that two multisets  $x = (x_1, x_2, \dots, x_d), y = (y_1, y_2, \dots, y_d) \in [q]^d$  are of the same  
248 *type* if the following condition holds: for all pairs of indices  $i, j \in [d]$ ,  $x_i = x_j$  if and only if  
249  $y_i = y_j$  and  $(x_i - x_j)(y_i - y_j) \geq 0$ . Note that this is an equivalence relation, and thus each  
250 element  $x \in [q]^d$  uniquely determines its type.

251 Consider the graph  $G = (V, E)$  where the vertex set is  $V = [q]^d$ . We add two kinds of  
252 edges in this graph. We add an edge between every pair of  $x, y \in [q]^d$  that are of the same  
253 type, and have disjoint support. Let the subset of  $[q]^d$  of elements that are supported on  
254 single element be denoted by  $S$ , i.e.,

$$255 \quad S = \{(1, 1, \dots, 1), (2, 2, \dots, 2), \dots, (q, q, \dots, q)\} .$$

256 We also add edges between  $x$  and  $y$  if their support is disjoint, and at least one of  $x$  and  $y$   
257 belongs to  $S$ .

258 First, we claim that  $G$  is connected. This follows from the fact that the set of nodes in  $S$   
259 are connected to each other, and every vertex in  $V$  is adjacent to at least one vertex in  $S$ .  
260 As  $q \geq 4$ , the graph is not bipartite (indeed  $S$  induces a  $q$ -clique). We will now prove that  
261 every edge in this graph is part of a cycle cover. Given an undirected graph on vertex set  $V$ ,  
262 a cycle cover of it is a function  $\sigma : V \rightarrow V$  that is bijective, and  $\sigma(u) = v$  only when  $u$  and  $v$   
263 are adjacent in the underlying graph.

264 Towards this, we first prove that for every edge in  $G$  between multisets of the same type,  
265 there is a cycle cover that uses that edge. For each type, consider the graph obtained by  
266 taking the vertices as multisets of that type, and with edges between two multisets of the  
267 same type if they are disjoint. Note that for every type, this graph is isomorphic to a Kneser  
268 graph  $KG(q, k)$  (for some  $k \leq d$ ), whose vertex set corresponds to  $k$ -element subsets of  $[q]$   
269 and there is an edge between two subsets if they are disjoint.

270 By symmetry across the subsets, we can infer that the Kneser graphs are regular. Note  
271 that every regular graph contains a cycle cover: For a regular graph  $H$ , consider a bipartite  
272 graph  $H'$  which contains a copy of  $H$  on both the left side  $L$ , and right side  $R$ . There is an  
273 edge between  $x \in L, y \in R$  of  $H'$  if and only if  $x, y$  are adjacent in  $H$ . As  $H$  is a regular  
274 graph,  $H'$  is a regular bipartite graph, and thus, contains a perfect matching. This perfect  
275 matching in  $H'$  directly gives a cycle cover of  $H$ . Furthermore, as Kneser graphs are also  
276 vertex-transitive, every edge in these graphs is part of a cycle cover.

277 Next, we consider edges of  $G$  that are between multisets of different types i.e. edges  
278 between multisets  $x, y$  where exactly one of  $x$  and  $y$  is in  $S$ . Consider an edge between  $s \in S$   
279 and  $x \in V \setminus S$ . As  $q \geq 2d$ , every multiset in  $G$  is adjacent to at least one multiset of the  
280 same type. Let  $y$  be a multiset that is adjacent to  $x$  in  $G$  and is of the same type as  $x$ . Let  
281  $s' \in S$  be chosen such that it is adjacent to  $y$  in  $G$ . As  $S$  is a complete subgraph of  $G$ ,  $s$  and  
282  $s'$  are adjacent in  $G$ . From the previous argument about edges between multisets of the same  
283 type, we can infer that there is a cycle cover of  $G$  where  $y$  is mapped to  $x$ , and  $s$  is mapped  
284 to  $s'$ . We can modify this cycle cover by transforming it as follows -  $(s \rightarrow x)$  can be made  
285 part of cycle cover by transforming  $(s \rightarrow s'), (y \rightarrow x)$  to  $(s \rightarrow x), (y \rightarrow s')$  and keeping rest  
286 of the cycle cover intact. Thus, we have proved that every edge of  $G$  is part of a cycle cover.

287 Let  $A$  denote the adjacency matrix of the above graph  $G$ . Using the Sinkhorn Knopp  
288 iterative algorithm, it is proved in [4] that if a non-negative symmetric matrix  $A$  has total  
289 support, then there exists a diagonal matrix  $D$  such that  $DAD$  is a doubly stochastic matrix.  
290 A square matrix  $A = (a_{ij})$  of order  $n$  is said to have total support if  $A \neq 0$ , and for every  
291 nonzero entry  $a_{ij}$  of  $A$ , there exists a permutation  $\sigma$  of  $[n]$  such that  $\sigma(i) = j$  and for all

292  $e \in [n], a_{e, \sigma(e)} \neq 0$ . When the matrix  $A$  is an adjacency matrix of a graph  $G$ , the total  
 293 support condition translates to the requirement that every edge in  $G$  is part of a cycle cover,  
 294 a property we have already shown to hold for the graph  $G$ .

295 Thus, we can apply the above scaling result, and view the resulting matrix  $B = DAD$   
 296 as the transition matrix of a Markov chain  $T$ . As  $A$  and  $D$  are symmetric,  $B$  is symmetric,  
 297 i.e.,  $T$  is symmetric. As  $A$  is connected and no principal diagonal element of  $D$  is zero,  $T$   
 298 is connected as well. Note that every nonzero element of  $A$  stays nonzero in  $T$ , and  $A$  is not  
 299 bipartite. The above two facts combined ensure that the spectral radius  $r(T)$  of  $T$  is strictly  
 300 less than 1. We conclude that there exists a symmetric Markov chain  $T$  on state space  $[q]^d$   
 301 that has both the properties: (i)  $r(T) < 1$ , and (ii) there is nonzero probability of transition  
 302 between two multisets only when their support is disjoint. ◀

### 303 3.3 Proof of Theorem 9

304 Let  $d$  be the constant for which Conjecture 3 is true. Thus, Conjecture 4 is true for the same  
 305 value  $d$  as well. Choose  $q, T$  from Lemma 10 such that  $T$  is a symmetric Markov chain on  
 306  $[q]^d$  such that  $r(T) < 1$ .

307 We now reduce the given  $d$ -to- $d$  Label Cover instance to the problem of finding independent  
 308 sets in  $q$ -colorable graphs. To be precise, given a Label Cover instance  $G = ((V, E), dR, \Psi)$ ,  
 309 we output a graph  $G' = (V', E')$  such that

- 310 1. Completeness: If  $G$  is satisfiable,  $G'$  can be colored with  $q$  colors.
  - 311 2. Soundness: If  $isat_t(G) < \epsilon'$ , then  $G'$  does not have any independent set of size  $\epsilon$ .
- 312 The parameters  $t$  and  $\epsilon'$  will be set later.

#### 313 Reduction.

314 Our reduction follows the standard Label Cover Long Code paradigm, and in particular  
 315 closely mirrors [7]. We replace each vertex  $w \in V$  of the Label Cover with a set  $f_w$  of  $[q]^{dR}$   
 316 nodes, each corresponding to a vertex in  $G'$ . Consider an edge  $e = (u, v)$  where  $\Psi_e$  is an  
 317 associated constraint with permutations  $\pi_1, \pi_2$  on  $[dR]$  such that  $(a, b) \in \Psi_e$  if and only if  
 318  $(\pi_1^{-1}(a), \pi_2^{-1}(b)) \in d \leftrightarrow d$ .

319 We add an edge between  $(x_1, x_2, \dots, x_{dR}) \in f_u$  and  $(y_1, y_2, \dots, y_{dR}) \in f_v$  to  $E'$  if and  
 320 only if

$$321 \forall i \in [R], T((x_{\pi_1(di-d+1)}, x_{\pi_1(di-d+2)}, \dots, x_{\pi_1(di)}) \leftrightarrow (y_{\pi_2(di-d+1)}, y_{\pi_2(di-d+2)}, \dots, y_{\pi_2(di)})) > 0$$

#### 322 Completeness.

323 Suppose  $\sigma : V \rightarrow [dR]$  be a labeling satisfying all the constraints of the Label Cover instance  
 324  $G$ . We color the node  $(x_1, x_2, \dots, x_{dR}) \in f_w$  with  $x_{\sigma(w)} \in [q]$ . We claim that this is a legit  
 325  $q$ -coloring of  $G'$ . Suppose that we added an edge between  $x \in f_u$  and  $y \in f_v$ . Let  $x$  be colored  
 326 with  $x_a$  and  $y$  be colored with  $y_b$ . As  $(a, b) \in \Psi_{(u,v)}$ , we have  $(\pi_1^{-1}(a), \pi_2^{-1}(b)) \in d \leftrightarrow d$ .  
 327 Thus, there exist  $i \in [R], 1 \leq p, q \leq d$  such that  $a = \pi_1(di - d + p)$  and  $b = \pi_2(di - d + q)$ .  
 328 As we have added an edge between  $x \in f_u$  and  $y \in f_v$ ,  $x_a \neq y_b$  as the Markov chain  $T$  has  
 329 nonzero probability only between two elements of  $[q]^d$  with disjoint support. Thus, there  
 330 exists a  $q$ -coloring of  $G'$  when  $G$  is satisfiable.

#### 331 Soundness.

332 We prove the contrapositive that if  $G'$  has an independent set of relative size  $\epsilon$ , then there  
 333 exists a labeling of  $G$  with  $isat_t(G) \geq \epsilon'$ . Let  $S \subseteq V'$  be the largest independent set of  $G'$ .



334 We know that  $|S| \geq \epsilon|V'|$ . This implies that in at least  $\epsilon' = \frac{\epsilon}{2}$  fraction of the long code  
 335 blocks, at least  $\frac{\epsilon}{2}$  fraction of nodes belong to  $S$ . Let this subset of  $V$  be denoted by  $Z$ . Our  
 336 goal is to show that there exists a small set of labels  $\tau : Z \rightarrow 2^{[dR]}$  to which we can decode  
 337 the vertices in  $Z$  such that all the constraints induced in  $Z$  are satisfied by  $\tau$ .

338 For every vertex  $w \in Z$ , we define functions  $g_w : [q]^{dR} \rightarrow \{0, 1\}$  to be the indicator  
 339 functions of set  $S$  inside the long code blocks corresponding to  $w$  i.e.  $g_w(x) = 1$  if and only  
 340 if  $x \in S$ . Consider an edge  $e = (u, v)$  corresponding to the constraint  $\Psi_e$  induced in  $Z$ . Let  
 341 the functions  $f : [q]^{dR} \rightarrow \{0, 1\}$  and  $g : [q]^{dR} \rightarrow \{0, 1\}$  be defined such that  $f(x^{\pi_1}) = g_u(x)$   
 342 and  $g(y^{\pi_2}) = g_v(y)$ , where  $\pi_1$  and  $\pi_2$  are the permutations underlying the relation  $\Psi_e$  i.e.  
 343  $(a, b) \in \Psi_e$  if and only if  $(\pi_1^{-1}(a), \pi_2^{-1}(b)) \in d \leftrightarrow d$ .

344 We note that  $\langle f, Tg \rangle$  is equal to zero. In other words, suppose that  $x, y \in [q]^{dR}$ ,  $x \in$   
 345  $f_u, y \in f_v$  are such that

$$346 \quad \forall i \in [R], T((x_{di-d+1}, x_{di-d+2}, \dots, x_{di}) \leftrightarrow (y_{di-d+1}, y_{di-d+2}, \dots, y_{di})) > 0. \quad (1)$$

347 Then,  $f(x)g(y) = 0$ . Suppose for contradiction that there exist  $x, y \in [q]^{dR}$  satisfying the  
 348 above condition, and  $f(x) = g(y) = 1$ . Let  $x' \in f_u, y' \in f_v$  be such that  $(x')^{\pi_1} = x, (y')^{\pi_2} = y$ .  
 349 We have  $g_u(x') = g_v(y') = 1$ . That is, both  $x' \in f_u, y' \in f_v$  are in the independent set  $S$ .  
 350 However, Equation (1) can be rewritten as the following:

$$351 \quad \forall i \in [R], T((x'_{\pi_1^{-1}(di-d+1)}, x'_{\pi_1^{-1}(di-d+2)}, \dots, x'_{\pi_1^{-1}(di)}) \leftrightarrow (y'_{\pi_2^{-1}(di-d+1)}, y'_{\pi_2^{-1}(di-d+2)}, \dots, y'_{\pi_2^{-1}(di)})) > 0. \quad (2)$$

352 Note that this is precisely the condition for adding edges in  $G'$ . Thus, Equation (2) implies  
 353 that  $x' \in f_u$  and  $y' \in f_v$  are adjacent in  $E'$ , and thus cannot both be part of the independent  
 354 set  $S$ . This completes the proof that  $\langle f, Tg \rangle = 0$ .

355 Thus,  $\langle \bar{f}, T\bar{g} \rangle$  is also equal to zero, where  $\bar{f} : [q^d]^R \rightarrow \{0, 1\}$  and  $\bar{g} : [q^d]^R \rightarrow \{0, 1\}$  are the  
 356 corresponding functions in  $[q^d]^R$  of  $f, g$ . From the definition of  $Z$ ,  $\mathbb{E}(\bar{f}) \geq \frac{\epsilon}{2}$  and  $\mathbb{E}(\bar{g}) \geq \frac{\epsilon}{2}$ .  
 357 We apply Theorem 7 to  $\bar{f}$  and  $\bar{g}$  to deduce that there exists  $i \in [R]$ , a positive integer  $k = k(\epsilon)$   
 358 and  $\delta = \delta(\epsilon)$  such that  $I_i^{\leq k}(\bar{f}) \geq \delta$  and  $I_i^{\leq k}(\bar{g}) \geq \delta$ . This motivates us to define the label set  
 359 of vertex  $w \in Z$ ,  $L(w)$  as the following -

$$360 \quad L(w) := \{i \in [dR] : I_i^{\leq dk}(g_w) \geq \frac{\delta}{d}\}$$

361 As the sum of  $k$  degree influences of all variables is at most  $k$ , the size of  $L(w)$  is upper  
 362 bounded by  $\frac{kd}{\delta}$  for every  $v$ . Thus, we set the parameter  $t$  to be  $\frac{kd}{\delta}$ .

363 The final step is to prove that the labeling  $L$  is indeed a valid labeling inside edges induced  
 364 in  $Z$ . Consider an edge  $e = (u, v)$  induced in  $Z$  with the constraint relation being  $\Psi_e$  such  
 365 that  $(a, b) \in \Psi_e$  if and only if  $(\pi_1(a), \pi_2(b)) \in d \leftrightarrow d$ . Our goal is to show that there exist  
 366 indices  $\sigma_1, \sigma_2 \in [dR]$  such that  $\sigma_1 \in L(u), \sigma_2 \in L(v)$  and  $(\sigma_1, \sigma_2) \in \Psi_e$ . Using Theorem 7, we  
 367 can deduce that there exists  $i \in [R]$  such that  $I_i^{\leq k}(\bar{f}) \geq \delta$  and  $I_i^{\geq k}(\bar{g}) \geq \delta$ . Using Lemma 6,  
 368 we can conclude that there exist  $i_1, i_2 \in [dR]$  such that  $I_{i_1}^{\leq dk}(f) \geq \frac{\delta}{d}$  and  $I_{i_2}^{\leq dk}(g) \geq \frac{\delta}{d}$  such  
 369 that  $(i_1, i_2) \in d \leftrightarrow d$ . Let  $\sigma_1, \sigma_2 \in [dR]$  be such that  $i_1 = \pi_1(\sigma_1), i_2 \in \sigma_2$ . As  $f(x^{\pi_1}) = g_u(x)$ ,  
 370  $I_{\pi_1^{-1}(i_1)}^{\leq dk}(g_u) \geq \frac{\delta}{d}$ . And thus,  $\sigma_1 \in L(u)$ , and similarly  $\sigma_2 \in L(v)$ . As  $(i_1, i_2) \in d \leftrightarrow d$ ,  
 371  $(\sigma_1, \sigma_2) \in \Psi_e$ , which completes the proof.

#### 372 **4 Reducing multigraph (exact) $d$ -to-1 to $(d + 1)$ -to-1 conjecture**

373 For the version of  $d$ -to-1 conjecture where we only require the constraint maps to be at most  
 374  $d$ -to-1, the  $d$ -to-1 conjecture trivially implies the  $(d + 1)$ -to-1 conjecture. O'Donnell and

375 Wu [16] remark that no such reduction appears to be known for the exact  $d$ -to-1 conjecture.  
 376 Here we prove that the exact  $d$ -to-1 conjecture implies the exact  $(d+1)$ -to-1 conjecture when  
 377 the underlying Label Cover instances are allowed to have parallel edges. We remark that  
 378 multigraph version of exact  $d$ -to-1 conjecture, which is implied by the simple graph version,  
 379 also suffices for our reduction to graph coloring (and indeed all known reductions from  $d$ -to-1  
 380 Label Cover).

381 Let  $G = ((V = X \cup Y, E), (dR, R), \Psi)$  be a Label Cover instance such that every constraint  
 382 is of  $d$ -to-1 structure. We reduce it to  $G' = ((V = X \cup Y, E'), ((d+1)R, R), \Psi')$  such that  
 383 1. If  $G$  is satisfiable,  $G'$  is satisfiable as well.  
 384 2. If every labeling violates at least  $\epsilon$  fraction of constraints in  $G$ , then every labeling violates  
 385 at least  $\epsilon' = 2\epsilon$  fraction of constraints in  $G'$ .

### 386 Reduction.

387 We first change the label set of  $X$  from  $[dR]$  to  $[(d+1)R]$ . For every constraint  $\psi$  in  $G$   
 388 between nodes  $u \in X$  and  $v \in Y$ , we replace it with  $R$  constraints  $\psi_1, \psi_2, \dots, \psi_R$  between  
 389  $u$  and  $v$  in the following way: the relation between old labels is the same as  $\psi$  i.e. when  
 390  $x \leq dR$ ,  $(x, y) \in \psi_j$  for  $j = 1, 2, \dots, R$  if and only if  $(x, y) \in \psi$ . When  $x > dR$ ,  $(x, y) \in \psi_j$  if  
 391 and only if  $R$  divides  $(x + j - y)$ . This ensures that each new label is mapped to a different  
 392 label in each of the  $R$  new constraints. The constraints are clearly of  $(d+1)$ -to-1 form.

### 393 Completeness.

394 If there is a labeling satisfying all the constraints of  $G$ , the same labeling satisfies all the  
 395 constraints in  $G'$  as well.

### 396 Soundness.

397 Suppose that there is no labeling satisfying at least  $\epsilon$  fraction of constraints in  $G$ . Note that  
 398 this implies that  $R$  is at least  $\frac{1}{\epsilon}$  as there is always a labeling satisfying at least  $\frac{1}{R}$  fraction of  
 399 constraints: fix a labeling to the vertices on the left, and assign a label to the vertices in  $R$   
 400 uniformly at random from  $[R]$ . We claim that there is no labeling satisfying more than  $2\epsilon$   
 401 fraction of constraints in  $G'$ . Consider an arbitrary labeling of  $G$ ,  $\sigma : V \rightarrow [(d+1)R]$ . We  
 402 can divide the set of edges  $E'$  of  $G'$  into two parts: the edges  $(u, v)$  such that  $\sigma(u) \leq dR$  and  
 403 the edges  $(u, v)$  such that  $\sigma(u) > dR$ . Let the set of first type of edges where the left vertex  
 404 is assigned the new label be denoted by  $E_1$ , and the set of second type of edges be denoted  
 405 by  $E_2$ . In  $E_1$ , the fraction of constraints that can be satisfied by  $\sigma$  is at most  $\frac{1}{R} \leq \epsilon$ . Note  
 406 that we can get a labeling  $\sigma'$  of  $G$  by replacing labels of vertices in  $X$  with label greater than  
 407  $dR$  with an arbitrary label in  $[dR]$ , and keeping rest of the labels intact. For the edges in  $E_2$ ,  
 408 the labelings  $\sigma$  and  $\sigma'$  coincide. As  $\sigma'$  can satisfy at most  $\epsilon$  fraction of constraints of  $G$ ,  $\sigma$   
 409 can only satisfy at most  $\epsilon$  fraction of overall edges in  $E'$ . Thus, overall  $\sigma$  satisfies at most  
 410  $\epsilon + \frac{1}{R} \leq 2\epsilon$  fraction of constraints in  $E'$ , which proves the required soundness claim.

## 411 5 Conclusion

412 In this paper, we prove that the  $d$ -to-1 conjecture, for arbitrarily large  $d$ , implies the  
 413 NP-hardness of the longstanding and elusive problem of coloring 3-colorable graphs with  
 414 constantly many colors. Note that the  $d$ -to-1 conjecture requires the soundness parameter  
 415 to be arbitrarily small, independent of  $d$ . Currently, the best NP-hardness of  $d$ -to-1 Label  
 416 Cover achieves a soundness of  $d^{-\Omega(1)}$ . This follows from the PCP Theorem [1, 2] combined

417 with Raz’s parallel repetition [18]. However, this does not yield any explicit constant in the  
 418 exponent, obtaining which is an interesting open question. One can also investigate whether  
 419 improving the soundness of  $d$ -to-1 Label Cover to something quantitatively much stronger,  
 420 say inverse exponential in  $d$ , would have some implications for inapproximability of graph  
 421 coloring.

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