# Spectral Expanding Expanders 

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#### Abstract

Dinitz, Schapira, and Valadarsky [DSV17] introduced the intriguing notion of expanding expanders - a family of expander graphs with the property that every two consecutive graphs in the family differ only on a small number of edges. Such a family allows one to add and remove vertices with only few edge updates, making them useful in dynamic settings such as for datacenter network topologies and for the design of distributed algorithms for self-healing expanders. [DSV17] constructed explicit expanding-expanders based on the Bilu-Linial construction of spectral expanders [BL06]. The construction of expanding expanders, however, ends up being of edge expanders, thus, an open problem raised by [DSV17] is to construct spectral expanding expanders (SEE).

In this work, we resolve this question by constructing SEE with spectral expansion which, like [BL06], is optimal up to a poly-logarithmic factor, and the number of edge updates is optimal up to a constant. We further give a simple proof for the existence of SEE that are close to Ramanujan up to a small additive term. As in [DSV17], our construction is based on interpolating between a graph and its lift. However, to establish spectral expansion, we carefully weigh the interpolated graphs, dubbed partial lifts, in a way that enables us to conduct a delicate analysis of their spectrum. In particular, at a crucial point in the analysis, we consider the eigenvectors structure of the partial lifts.


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## 1 Introduction

Expander graphs are among the most useful combinatorial objects in theoretical computer science, and in computer science in general. In theory, expanders proved to be pivotal in many groundbreaking results (e.g., [Val76, AKS87, INW94, Din07, Rei08, TS17, DEL+ 22 , BE21]). Informally, expanders are sparse undirected graphs that have many desirable pseudorandom properties.

There are several ways of defining the expansion of a graph. Taking the combinatorial perspective, one thinks of the edge- or vertex-expansion, whereas from the spectral point of view, the spectral expansion is considered. The latter coincides with the Markovian point of view as it captures the rate at which random walks converge. If one is willing to absorb some deterioration in parameters, it is possible to move from one definition to the next, and so in the non-extreme regime of parameters, and only there, the different definitions are, in a sense, equivalent. This work concerns with spectral expansion and so we recall the definition right away. For the formal definition of other notions of expansion, and for the relations between them, we refer the reader to the wonderful texts [HLW06, Vad12, Tre17, Spi19].

Let $G$ be an undirected graph with adjacency matrix $\mathbf{A}$. Since $\mathbf{A}$ is symmetric it has $n$ real eigenvalues which we denote by $\lambda_{1} \geq \cdots \geq \lambda_{n}$. The spectral expansion ${ }^{1}$ of $G$ is defined by $\lambda(G) \triangleq \max \left(\lambda_{2},\left|\lambda_{n}\right|\right)$. As mentioned, the reason $\lambda(G)$ is of interest is mostly due to the fact that it captures the rate of converges of random walks on regular graphs. Indeed, for $d$-regular graphs the adjacency matrix is a simple normalization of the random walk matrix, $\mathbf{W}=\frac{1}{d} \mathbf{A}$. For many applications in theoretical computer science, and in particular in a typical work on expander graphs, restricting to regular graphs is a nonissue, and so the spectrum of the adjacency matrix is studied instead of that of the random walk matrix. For arbitrary undirected graphs, as those we will work with, the random walk matrix can be written as $\mathbf{W}=\mathbf{A D}^{-1}$, where $\mathbf{D}$ is the diagonal matrix that encodes the degrees of the vertices of $G$. Since $\mathbf{W}$ is similar to the symmetric matrix $\mathbf{D}^{-\frac{1}{2}} \mathbf{A D}^{-\frac{1}{2}}$, its eigenvalues are real, denoted $\bar{\lambda}_{1} \geq \cdots \geq \bar{\lambda}_{n}$. The parameter of interest, which determines the rate of converges, is then the normalized spectral expansion, defined by $\bar{\lambda}(G)=\max \left(\bar{\lambda}_{2},\left|\bar{\lambda}_{n}\right|\right)$.

Typically, when working with expanders one cares not about one graph but rather about an infinite family of graphs $\mathcal{G}=\left(G_{n}\right)_{n \in \mathcal{I}}$ where, for each $n \in \mathcal{I}, G_{n}$ is an undirected graph on $n$ vertices. It is typically assumed that all graphs in the family have bounded

[^1]degree $d$ and, naturally, the denser $\mathcal{I}$ is in $\mathbb{N}$, the better. We denote $\lambda(\mathcal{G})=\sup _{n} \lambda\left(G_{n}\right)$ and similarly for the normalized quantity $\bar{\lambda}(\mathcal{G})=\sup _{n} \bar{\lambda}\left(G_{n}\right)$. For most applications, one requires the expander family $\mathcal{G}$ to be explicit which, in this work, means that given $n \in \mathcal{I}$, the graph $G_{n}$ can be generated in poly $(n)$-time.

### 1.1 Expanding expanders

Dinitz, Schapira and Valadarsky [DSV17] introduced a natural and intriguing aspect of families of expander graphs, which, informally captures the extent to which the family is "continuous". Formally, let $\mathcal{G}=\left(G_{n}=\left(V_{n}, E_{n}\right)\right)_{n \in \mathcal{I}}$ be a family of expander graphs. Dinitz et al. considered the expansion cost $c(\mathcal{G})$ which is the number of edges one must add or remove, from any graph in the family so as to obtain the next. If we denote the least element in $\mathcal{I}$ that is larger than $n$ by $\operatorname{next}_{\mathcal{I}}(n)$, then the expansion cost can be written as

$$
c(\mathcal{G}) \triangleq \max _{n \in \mathcal{I}}\left|E_{n} \triangle E_{\operatorname{next}_{\mathcal{I}}(n)}\right|
$$

if this maximum exists and $\infty$ otherwise.
Clearly, high $\delta(\mathcal{G}) \triangleq \max _{n \in \mathcal{I}}\left(\operatorname{next}_{\mathcal{I}}(n)-n\right)$ implies high expansion cost. Typically, we will think of $\mathcal{I}$ as a very dense set in $\mathbb{N}$, in particular, $\delta(\mathcal{G})$ will be bounded by some small universal constant (independent of the degree). Dinitz, Schapira and Valadarsky initiated the study of families of expander graphs with bounded expansion cost $c(\mathcal{G})<\infty$. As noted by [DSV17], for $d$-regular expanders, $c(\mathcal{G}) \geq \frac{3 d}{2}$ and so the authors asked whether there is an infinite family of expanders whose expansion cost is bounded by some constant $c=c(d)$.

With such a family at hand, one can add and remove vertices with low cost in terms of edge updates while maintaining expansion. This stands in contrast to, say, a randomly sampled family in which the difference between expanders of consecutive size is linear in the number of vertices and, in particular, is unbounded. The motivation of [DSV17] for studying such families, dubbed expanding expanders, originated from datacenter network topologies. The different datacenters correspond to the vertices of a graph and the edges represent the wires connecting the datacenters. The degrees being bounded implies low cost in wiring, and the expansion of the graph is essential for avoiding traffic routed ineffectively. As datacenters grow regularly, low expansion cost translates to a low overhead in rewiring when adding a new datacenter.

As another application, [DSV17] showed how to obtain better distributed algorithms for self-healing expanders, improving upon a prior work by Pandurangan, Robinson, and Trehan [PRT16]. Informally, self-healing expanders are expanders that can, distributively, fix themselves when vertices are added or removed. In this setting, the fact that the
expander family is deterministically constructed makes the distributive task significantly simpler as there is no randomness that is needed to be communicated.

The main result of [DSV17] is an explicit construction of a family of $d$-regular expanders where the expansion is with respect to edge-expansion. More concretely, it was shown how to maintain edge expansion of roughly $\frac{d}{3}$ while guaranteeing expansion cost of at most $\frac{5 d}{2}$.

### 1.2 Our results

The construction of Dinitz, Schapira, and Valadarsky [DSV17] for edge-expanding expanders is based on the work of Bilu and Linial [BL06] who analyzed the operation of "lifting" a spectral expander as a way of obtaining a graph on, say, twice the number of vertices, while maintaining spectral expansion. The [DSV17] construction goes by way of interpolating between every two consecutive Bilu-Linial spectral expanders, assuring good edge-expansion.

Dinitz et al. observed that in their interpolation, some of the graphs in the family are only weak spectral expanders. That is, despite the fact that they are interpolating between spectral expanders, the construction ends up only having good edge expansion. Therefore, Dinitz et al. left open the question of whether spectral expanding expanders can be constructed (or exist for that matter). In this work we answer this question to the affirmative by constructing spectral expanding expanders via lifting which, spectrally, are essentially as good as the ones we are interpolating between.

Theorem 1.1 (Main result). For every integer $d \geq 3$ there exists an explicit family of undirected graphs $\mathcal{G}$ such that all vertices of every graph in the family has degree bounded in $[d, 4 d]$. The expansion cost $c(\mathcal{G})=O(d)$, and the spectral- and normalized-spectral expansions are given by

$$
\lambda(\mathcal{G})=O\left(\sqrt{d \log ^{3} d}\right), \quad \bar{\lambda}(\mathcal{G})=O\left(\sqrt{\frac{\log ^{3} d}{d}}\right)
$$

We wish to stress that, as our construction is of irregular graphs, hence, a bound on $\lambda(\mathcal{G})$ does not imply the bound on the normalized $\bar{\lambda}(\mathcal{G})$. As it turns out, our proof for the bound on $\bar{\lambda}(\mathcal{G})$ is significantly more involved than the proof for the unnormalized $\lambda(\mathcal{G})$, though the latter too requires careful analysis. In particular, the bound on $\lambda(\mathcal{G})$ is used for obtaining the bound on $\bar{\lambda}(\mathcal{G})$. The proofs of the two bounds are given in Section 4 and Section 5, and the straightforward derivation of Theorem 1.1 is then given in Section 6.

Theorem 1.1 makes the important tool of random walks on expanders available to applications that require the dynamical setting offered by expanding expanders.

Before moving on, we remark that the graphs in the family $\mathcal{G}$ that is constructed in Theorem 1.1 have multiple edges. As for the density of the family, $\delta(\mathcal{G})=O(1)$ and $\min \mathcal{I}=O(d)$.

### 1.2.1 Expanding Ramanujan graphs

The bound obtained by Theorem 1.1 for $\lambda(\mathcal{G})$, and similarly for the normalized version, is off by a poly-logarithmic factor from the spectral expansion of a Ramanujan graph, namely, $2 \sqrt{d-1}$ which is optimal up to a negligible additive term [Nil91]. We leave it as an intriguing open problem to determine whether expanding Ramanujan graphs exist. It seems to us that the known algebraic constructions (e.g., [LPS88]) are not adequate for the setting of expanding expanders. In their seminal work [MSS13, MSS18, MSS22] Marcus, Spielman and Srivastava proved the existence of bipartite Ramanujan graphs. The question of whether expanding bipartite Ramanujan graphs exists is too an interesting one. It is unclear to us whether the proof technique of Marcus et al. is suitable in the expanding setting.

In Section 7 we give a simple proof for the existence of nearly-Ramanujan spectral expanding expanders. While our proof does not yield an explicit construction, the question of whether expanding Ramanujan graphs exist is of interest already on the combinatorial level.

Theorem 1.2. For every $\epsilon>0$ and every even integer $d \geq 6$, there exists an infinite family $\mathcal{G}$ of d-regular spectral expanding expanders with expansion cost $c(\mathcal{G}) \leq 3 d$ and spectral expansion $\lambda(\mathcal{G}) \leq 2 \sqrt{d-1}+\varepsilon$.

We find the question on the existence of expanding Ramanujan graphs, as well as its bipartite analog, to be interesting also in the context of non-expanding expanders. Indeed, the existence of a family of expanding Ramanujan graphs would arguably be an indication for an affirmative answer to the fundamental open problem that asks if whether a random $d$-regular graph, under a natural distribution, is Ramanujan with positive probability. The reasoning being that if Ramanujan graphs are sparse among graphs then they should have a certain underlying structure. That this structure happens to coincide with the structure required by expanding expanders seems far-fetched.

## 2 Proof Overview

In this section, we give a brief account on some of the ideas that go into the proof of Theorem 1.1. As mentioned, bounding $\lambda(\mathcal{G})$ is simpler than (and used by) the proof
for the bound on $\bar{\lambda}(\mathcal{G})$. Therefore, we start by discussing the unnormalized spectral expansion. At any rate, both proofs are based on the well-known notion of a lift of a graph, as well as on our extension of this notion we dub partial lifts. These are covered in Section 2.1 and Section 2.2, respectively. A more extensive treatment of lifts can be found in [AL02] and references therein.

### 2.1 Lifts

For an integer $k \geq 2$, a $k$-lift of an undirected graph $G=(V, E)$ is an undirected graph $\widehat{G}$ on the vertex set $[k] \times V$ where each edge $\{u, v\} \in E$ induces $k$ edges in $\widehat{G}$ that form a perfect matching between the vertices $[k] \times\{u\}$ and $[k] \times\{v\}$. The set $[k] \times\{v\}$ is called the fiber of $v$. Thus, a $k$-lift is determined by a choice of one perfect matching per edge $\{u, v\} \in E$ that is placed between the fibers of the two endpoints $u, v$. A slightly more formal treatment of the notion of a $k$-lift is given in Section 3.2.

A well-known fact is that the spectrum of $G$ is inherited by that of $\widehat{G}$. Bilu and Linial [BL06] constructed explicit $d$-regular expanders by a repeated application of a 2 lift of some base graph (e.g., the clique on $d+1$ vertices). To this end, they proved that every $d$-regular graph has a 2 -lift whose spectrum contains, on top of the eigenvalues of $G$, only eigenvalues that are bounded, in absolute value, by $O\left(\sqrt{d \log ^{3} d}\right)$, thus forming a family of $d$-regular graphs, one for each size of the form $(d+1) 2^{k}, k \in \mathbb{N}$, having spectral expansion $O\left(\sqrt{d \log ^{3} d}\right)$. Bilu and Linial further gave an explicit construction based on a suitable derandomization of their existential proof.

We digress a bit and mention that Bilu and Linial conjectured that every $d$-regular graph has a 2 -lift all of whose "new" eigenvalues are bounded, in absolute value, by $2 \sqrt{d-1}$. This conjecture has been proved by Marcus, Spielman, and Srivastava [MSS13] for the bipartite case.

### 2.2 Partial lifts

As mentioned, [DSV17] obtained their result by interpolating between every two consecutive 2-lifts, guaranteeing that every graph between a pair of consecutive 2-lifts is a good edge-expander. Following [DSV17], to prove Theorem 1.1, we also interpolate between consecutive lifts. However, proving spectral expansion require us to use a completely different proof technique. The underlying idea is to carefully weigh the interpolated graphs in a way that will allow us to argue about their eigenvectors. We dub these interpolated graphs partial lifts, and turn to define them.

Definition 2.1 (Partial lifts). Let $G=(V, E)$ be an undirected simple graph with a $k$ lift $\widehat{G}=(\widehat{V}=[k] \times V, \widehat{E})$. Let $(B, L)$ be a partition of $V$. The $L$-partial lift of $G$ (with respect to $\widehat{G})$ is defined to be the undirected weighted graph $\widehat{G}_{L}=\left(\widehat{V}_{L}, \widehat{E}_{L}\right)$ whose vertex set consists of the vertices of $B$ and the fibers of the vertices of $L$, namely, $\widehat{V}_{L}=B \cup([k] \times L)$. The edge set $\widehat{E}_{L}$ is the union of the edges of three sets:

1. The edges of $G$ connecting vertices in $B$.
2. The edges of $\widehat{G}$ connecting vertices in $L$.
3. For every edge $\{u, v\} \in E$ with $u \in B$ and $v \in L$, we add an edge of weight $\frac{1}{\sqrt{k}}$ between $u$ and each of the vertices in the fiber of $v$. The edges from Items (1) and (2) have weight 1 .

The slightly more formal definition of a partial lift is given in Definition 4.1. Informally, we think of the vertices in $B$ as vertices of the base graph $G$ that are not yet lifted, and of those in $L$ as the already lifted vertices. The edges from Items (1) and (2) form the corresponding induced graphs. The set of "hybrid" edges, appearing in Item (3), connect already-lifted and not-yet-lifted vertices, where the weight assigned to these edges is chosen in hindsight.

Note that $\widehat{G}_{L}$ is a simple weighted undirected graph. Moreover, $\widehat{G}_{L}$ interpolates between $G$ and $\widehat{G}$ in the sense that $\widehat{G}_{\emptyset}=G$ and $\widehat{G}_{V}=\widehat{G}$. Already here we mention that for the proof of Theorem 1.1 we will be working with 4 -lifts, or with any whole square number $k$ for that matter, as then the $\frac{1}{\sqrt{k}}$ weight can be "simulated" without weights using parallel edges.

Before we proceed, we set some notation. We denote $b=|B|, \ell=|L|$, and further denote the number of vertices of $\widehat{G}_{L}$ by $m$, noting that $m=b+k \ell$. The number of vertices in $G$ is denoted $n=b+\ell$. We denote the smallest eigenvalue of the adjacency matrix of an undirected graph $H$ by $\lambda_{\min }(H)$. This will be convenient as the different graphs that we will be considering ( $G$ and $\widehat{G}_{L}$ ) will be on a different number of vertices.

### 2.3 Bounding the spectral expansion

Our main result with regards to the bound on the unnormalized spectral expansion is that for every $L$-partial lift of $G$ (with respect to $\widehat{G}$ ) it holds that

$$
\begin{equation*}
\lambda_{\min }(\widehat{G}) \leq \lambda_{\min }\left(\widehat{G}_{L}\right) \leq \lambda_{2}\left(\widehat{G}_{L}\right) \leq \lambda_{2}(\widehat{G}) \tag{2.1}
\end{equation*}
$$

This in particular implies that the spectral expansion of every $L$-partial lift is as good as the spectral expansion of the (fully) lifted graph, namely, $\lambda\left(\widehat{G}_{L}\right) \leq \lambda(\widehat{G})$. See Proposition 4.2 for the more complete statement.

To prove Equation (2.1), we consider the subspace $F^{\|}$of $\mathbb{R}^{m}$ that consists of all vectors that are constants on the fibers of the lifted vertices. We denote the orthogonal complement of $F^{\|}$by $F^{\perp}$, noting that it contains all vectors that sum up to zero on the fibers of the lifted vertices, and that vanish on the unlifted vertices. In the first step of the proof we characterize the eigenvectors of $\widehat{G}_{L}$ that lay inside $F^{\|}$. To do so, we order the vertices of $\widehat{G}_{L}$ such that the unlifted vertices, those in $B$, appear first. With this ordering, consider the $m \times n$ matrix

$$
\mathbf{U}=\left(\begin{array}{cc}
\mathbf{I}_{b} & \mathbf{0} \\
\mathbf{0} & \frac{1}{\sqrt{k}} \mathbf{I}_{\ell} \\
\vdots & \vdots \\
\mathbf{0} & \frac{1}{\sqrt{k}} \mathbf{I}_{\ell}
\end{array}\right)
$$

We prove (see Lemma 4.4) that $\mathbf{U x}$ is an eigenvector of $\widehat{G}_{L}$ if and only if $\mathbf{x}$ is an eigenvector of $G$. In fact, we weigh the hybrid edges as we did precisely for the purpose of making this statement true. At any rate, this accounts for $n$ eigenvectors of $\widehat{G}_{L}$, all of which are contained in $F^{\|}$, whose eigenvalues are the same as those of $G$. In particular, every eigenvalue of $G$ is an eigenvalue of $\widehat{G}_{L}$ with the same, or with higher multiplicity.

Since $\widehat{G}_{L}$ is symmetric, its eigenvectors are orthogonal to each other, and so the remaining eigenvectors of $\widehat{G}_{L}$ are contained in $F^{\perp}$. While we cannot argue that these correspond to eigenvectors of $\widehat{G}$, as one might have hoped, in the second step of the proof we show that these correspond to eigenvectors of some principal submatrix $\mathbf{M}$ of the adjacency matrix of $\widehat{G}$. This suffices for the purpose of bounding the eigenvalues as one can invoke the eigenvalue interlacing theorem (Theorem 3.1).

We stress that not every eigenvector of $\mathbf{M}$ induces an eigenvector of $\widehat{G}_{L}$, a fact that is crucial to the proof. Indeed, the crux of the proof is in showing that some "problematic" eigenvectors of $\mathbf{M}$ do not affect the spectrum of $\widehat{G}_{L}$. Although this is a key part of the proof, we cannot cover it without delving into more details, and so at this point we refer the reader to the formal treatment that is given in Section 4.

### 2.4 Bounding the normalized spectral expansion

Our main result regarding the normalized spectral expansion, which recall determines the rate of convergence of a random walk, is given by Proposition 5.1 and essentially states that assuming $k$ is sufficiently small compared to $\lambda(G)$, for all $L \subseteq V$ it holds that

$$
\begin{equation*}
\bar{\lambda}\left(\widehat{G}_{L}\right)=O(k \cdot \bar{\lambda}(\widehat{G})) . \tag{2.2}
\end{equation*}
$$

We remark that in the normalized case, a stronger statement as in Equation (2.1) does not hold. Namely, $\lambda_{2}\left(\widehat{G}_{L}\right)$ depends on both $\lambda_{2}(\widehat{G})$ and $\lambda_{\text {min }}(\widehat{G})$, and similarly for $\lambda_{\text {min }}\left(\widehat{G}_{L}\right)$. Moreover, note that, unlike the unnormalized case, here $k$ affects the bound, though the reader should keep in mind that for our construction of spectral expanding expanders, as given in Theorem 1.1, we will anyhow set $k$ to 4 . Another technical caveat worth mentioning is that we can only prove Equation (2.2) for a regular base graph $G$ (which, again, suffices for the proof of Theorem 1.1). This is essentially because we need a good handle on an eigenvector of $G$ that corresponds to its largest eigenvalue.

To discuss our proof strategy we introduce some notation. Let $\mathbf{M}_{\widehat{G}_{L}}$ be the adjacency matrix of $\widehat{G}_{L}$ and $\mathbf{W}_{\widehat{G}_{L}}$ be its random walk matrix. More precisely, if we denote by $\mathbf{D}_{\widehat{G}_{L}}$ the diagonal matrix that encodes the degrees of vertices in $\widehat{G}_{L}$ then $\mathbf{W}_{\widehat{G}_{L}}=\mathbf{M}_{\widehat{G}_{L}} \mathbf{D}_{\widehat{G}_{L}}^{-1}$. We first note that $\mathbf{z}=\mathbf{D}_{\widehat{G}_{L}} \mathbf{1}$ is an eigenvector of $\mathbf{W}_{\widehat{G}_{L}}$ with eigenvalue 1 , and so to prove Equation (2.2) it suffices to bound the Rayleigh quotient, with respect to $\mathbf{W}_{\widehat{G}_{L}}$, of vectors orthogonal to z. As $F^{\|}$and $F^{\perp}$ are invariant subspaces of $\mathbf{W}_{\widehat{G}_{L}}$, it suffices to do so for each of these subspaces separately. In the first step of the proof, we use the result we already proved for the unnormalized case to deduce that

$$
\forall \mathbf{x} \in F^{\perp} \quad \frac{\mathbf{x}^{\top} \mathbf{W}_{\widehat{G}_{L}} \mathbf{x}}{\mathbf{x}^{\top} \mathbf{x}} \leq \sqrt{k} \cdot \bar{\lambda}(\widehat{G})
$$

which allows us to turn our focus to $F^{\|}$.
To bound the Rayleigh quotient of vectors in $F^{\|}$, we characterize the eigenvectors of $\mathbf{W}_{\widehat{G}_{L}}$ laying in $F^{\|}$by the eigenvectors of another operator. Formally, if $\mathbf{M}_{G}$ is the adjacency matrix of the base graph $G$ then, in Lemma 5.4, we prove that there exists a diagonal $n \times n$ matrix $\mathbf{D}$ such that a vector $\mathbf{x} \in \mathbb{R}^{n}$ is an eigenvector of $\mathbf{M}_{G} \mathbf{D}^{-1}$ if and only if $\mathbf{U x}$ is an eigenvector of $\mathbf{W}_{\widehat{G}_{L}}$, and both correspond to the same eigenvalue. We stress that the matrix $\mathbf{D}$ is not the matrix encoding the degrees of $G$ (as indeed it should somehow encode information about $L$ ) but rather it encodes the degree of vertices in the lifted graph, where from every fiber we take only one representative.

The above leaves us with the task of studying the eigenvalues of the matrix $\mathbf{M}_{G} \mathbf{D}^{-1}$ which, as eluded to above, "skews" the degrees of vertices in $G$ according to the partial lift structure. The crux of the proof, which we will not be able to cover in this high level proof overview, boils down to bounding the sum of reciprocal of these skewed degrees

$$
\sum_{v \in V} \frac{1}{\mathbf{D}_{v, v}}
$$

(see Lemmas 5.9 and 5.10). We refer the reader to Section 5 for the formal treatment.

## 3 Preliminaries

We start by setting some fairly standard notation from spectral graph theory.

### 3.1 Spectral graph theory

The adjacency matrix of an undirected graph $G=(V, E)$ is denote by $\mathbf{M}_{G}$. Being real and symmetric, $\mathbf{M}_{G}$ has $n=|V|$ real eigenvalues which we denote by $\lambda_{1}\left(\mathbf{M}_{G}\right) \geq \cdots \geq$ $\lambda_{n}\left(\mathbf{M}_{G}\right)$. For $i \in[n]$ we define $\lambda_{i}(G)=\lambda_{i}\left(\mathbf{M}_{G}\right)$, and write $\lambda_{\text {min }}(G)$ for $\lambda_{n}(G)$. We refer to the eigenvectors of $\mathbf{M}_{G}$ as the eigenvectors of $G$. The spectral expansion of $G$ is given by $\lambda(G) \triangleq \max \left(\lambda_{2}(G),\left|\lambda_{n}(G)\right|\right)$.

Let $\mathbf{D}_{G}$ be the degrees matrix of $G$, that is, the matrix that encodes the degrees of vertices in $G$ (under the same order that they appear in $\mathbf{M}_{G}$ ). Assuming $G$ has no isolated vertices, the random walk matrix of $G$, denoted $\mathbf{W}_{G}$, is defined by $\mathbf{W}_{G}=$ $\mathbf{M}_{G} \mathbf{D}_{G}^{-1}$. Note that $\mathbf{W}_{G}$ has $n$ real eigenvalues as it is similar to the symmetric matrix $\mathbf{D}_{G}^{-\frac{1}{2}} \mathbf{M}_{G} \mathbf{D}_{G}^{-\frac{1}{2}}$. We denote these by $\bar{\lambda}_{1}(G) \geq \cdots \geq \bar{\lambda}_{n}(G) \triangleq \bar{\lambda}_{\text {min }}(G)$ and refer to them as the normalized eigenvalues of $G$. The normalized spectral expansion of $G$ is given by $\bar{\lambda}(G) \triangleq \max \left(\bar{\lambda}_{2}(G),\left|\bar{\lambda}_{n}(G)\right|\right)$.

For a family $\mathcal{G}=\left(G_{n}\right)_{n \in \mathcal{I}}$ of expander graphs, we let $\lambda(\mathcal{G})=\sup _{n \in \mathcal{I}} \lambda\left(G_{n}\right)$ if the maximum exists, and $\infty$ otherwise, and similarly define $\bar{\lambda}(\mathcal{G})=\sup _{n \in \mathcal{I}} \bar{\lambda}\left(G_{n}\right)$.

We make use of the well-known fact that the eigenvalues of a real symmetric matrix interlace with the eigenvalues of any of its principal submatrices. For a proof see, e.g., [GR01], Theorem 9.1.1.

Theorem 3.1 (Eigenvalue Interlacing Theorem). Let $\mathbf{N}$ be a real symmetric $n \times n$ matrix and let $\mathbf{M}$ be an $m \times m$ principal submatrix of $\mathbf{N}$. Then, for all $i \in[m]$,

$$
\lambda_{i}(\mathbf{N}) \geq \lambda_{i}(\mathbf{M}) \geq \lambda_{n-m+i}(\mathbf{N})
$$

### 3.2 Lifts

In contrast to the introductory part, from here on we define the notion of a lift in a somewhat more formal way, which is also easier to work with. To this end, we first recall the notion of graph orientation. Let $G=(V, E)$ be a simple undirected graph. An orientation of $G$ is an assignment of a direction to each of its edges, resulting with a directed graph which we denote by $\vec{G}=(V, \vec{E})$. That is, for every undirected edge $\{u, v\}$ of $G$ exactly one of $(u, v),(v, u)$ is included in $\vec{E}$.

In what comes next, we consider maps $\pi: \vec{E} \rightarrow S_{k}$ where $\vec{E}$ is the edge (multi-)set of some oriented graph $\vec{G}$ and, as customary, $S_{k}$ is the group of permutations on $[k]$. For ease of notation, we write $\pi_{u, v}$ instead of the more cumbersome expression $\pi((u, v))$.

Let $G=(V, E)$ be an undirected simple graph on $n$ vertices, $\vec{G}=(V, \vec{E})$ an orientation of $G$, and let $\pi: \vec{E} \rightarrow S_{k}$ for some integer $k \geq 1$. The $\pi$-lift of $\vec{G}$ is the graph $\vec{G}_{\pi}=$ $\left([k] \times V, E_{\pi}\right)$ where for every $(u, v) \in \vec{E}$ we include the edges

$$
\left\{(i, u),\left(\pi_{u, v}(i), v\right)\right\} \quad \text { for } \quad i=1,2, \ldots, k
$$

in $E_{\pi}$. Note that regardless of the choice of orientation (and regardless of the choice of $\pi$ ), since $G$ is simple so is $\vec{G}_{\pi}$. For $v \in V$, the set of vertices $[k] \times\{v\}$ of $\vec{G}_{\pi}$ is called the fiber of $v$. For ease of notation, from hereon we write $G_{\pi}$ for $\vec{G}_{\pi}$ despite the fact that this graph depends on the chosen orientation.

We extend the map $\pi: \vec{E} \rightarrow S_{k}$ to the set $\{(v, u) \mid(u, v) \in \vec{E}\}$ as follows: For $(u, v) \in \vec{E}$ we set $\pi_{v, u}=\pi_{u, v}^{-1}$. With this, it is convenient to write down the adjacency matrix of $G_{\pi}$ as follows. For $i, j \in[k]$ define the zero-one $n \times n$ matrix $\mathbf{M}_{G}^{i, j}$ by

$$
\left(\mathbf{M}_{G}^{i, j}\right)_{u, v}=1 \quad \Longleftrightarrow \quad\{u, v\} \in E \text { and } \pi_{u, v}(i)=j .
$$

Then, the adjacency matrix $\mathbf{M}_{G_{\pi}}$ of $G_{\pi}$ is the $k \times k$ block matrix, where block $(i, j)$ is given by the $n \times n$ matrix $\left(\mathbf{M}_{G_{\pi}}\right)_{i, j}=\mathbf{M}_{G}^{i, j}$. That is,

$$
\mathbf{M}_{G_{\pi}}=\left(\begin{array}{cccc}
\mathbf{M}_{G}^{1,1} & \mathbf{M}_{G}^{1,2} & \cdots & \mathbf{M}_{G}^{1, k} \\
\mathbf{M}_{G}^{2,1} & \mathbf{M}_{G}^{2,2} & \cdots & \mathbf{M}_{G}^{2, k} \\
\vdots & \vdots & \ddots & \vdots \\
\mathbf{M}_{G}^{k, 1} & \mathbf{M}_{G}^{k, 2} & \cdots & \mathbf{M}_{G}^{k, k}
\end{array}\right) .
$$

Note that $\mathbf{M}_{G}^{i, j}=\left(\mathbf{M}_{G}^{j, i}\right)^{\top}$. A well-known fact about lifting is that the spectrum of the base graph $G$ is contained in the spectrum of the lifted graph $G_{\pi}$. More precisely, if $\lambda$ is an eigenvalue of $G$ with multiplicity $r$ then $\lambda$ is an eigenvalue of $G_{\pi}$ with multiplicity at least $r$. This is easily seen by noting that for every $i \in[k]$,

$$
\begin{equation*}
\sum_{j=1}^{k} \mathbf{M}_{G}^{i, j}=\mathbf{M}_{G} \tag{3.1}
\end{equation*}
$$

and so every eigenvector $\mathbf{x}$ of $\mathbf{M}_{G}$ induces the eigenvector $(\mathbf{x}, \ldots, \mathbf{x})$ of $\mathbf{M}_{G_{\pi}}$ with the same eigenvalue.

## 4 Bounding the Spectral Expansion

We start this section by introducing the notion of a partial lift and study its properties. Throughout, we make use of the notation from Section 3.2.

Definition 4.1. Let $G=(V, E)$ be an undirected simple graph, and let $\vec{G}=(V, \vec{E})$ be an orientation of $G$. Let $\pi: \vec{E} \rightarrow S_{k}$ for some $k \geq 1$, and let $(B, L)$ be a partition of the vertices of $G$. The L-partial $\pi$-lift of $\vec{G}$ is defined to be the undirected weighted graph $G_{\pi, L}=\left(V_{\pi, L}, E_{\pi, L}\right)$ whose vertex set is $V_{\pi, L}=B \cup([k] \times L)$. The edge set $E_{\pi, L}$ is the union of

$$
\begin{aligned}
E_{B} & =\{\{u, v\} \in E \mid u, v \in B\}, \\
E_{L} & =\left\{\{(i, u),(j, v)\} \in E_{\pi} \mid u, v \in L\right\}
\end{aligned}
$$

and

$$
E_{H}=\{\{u,(i, v)\} \mid i \in[k] \text { and } u \in B, v \in L \text { s.t. }\{u, v\} \in E\},
$$

with weight of $\frac{1}{\sqrt{k}}$ assigned to each edge in $E_{H}$. The edges in $E_{B}, E_{L}$ have a unit weight assigned to them.

Note that $E_{B}$ is the set of edges of the $B$-induced sub-graph of the base graph $G$, and $E_{L}$ is the set of edges of the induced graph of $G_{\pi}$ with respect to the fibers of the lifted vertices. The set $E_{\pi, L}$ contains the "hybrid" edges, connecting already-lifted and not-yet-lifted vertices where the weight assigned to these edges is chosen with a hindsight.

Note that $G_{\pi, L}$ is a weighted undirected simple graph. Moreover, $G_{\pi, L}$ interpolates between $G$ and $G_{\pi}$ in the sense that $G_{\pi, \mathfrak{\emptyset}}=G$ and $G_{\pi, V}=G_{\pi}$. Observe that, assuming $G$ is $d$-regular, the weighted degree of every vertex in $G_{\pi, L}$ is in the range $[d / \sqrt{k}, \sqrt{k} \cdot d]$.

The main result of this section is the following proposition, which is the more complete and formal version of Equation (2.1) from the Proof Overview section.

Proposition 4.2. Let $G=(V, E)$ be an undirected simple graph with orientation $\vec{G}=$ $(V, \vec{E})$. Let $\pi: \vec{E} \rightarrow S_{k}$, and $(B, L)$ a partition of $V$. Then,

$$
\lambda_{\min }\left(G_{\pi}\right) \leq \lambda_{\min }\left(G_{\pi, L}\right) \leq \lambda_{2}\left(G_{\pi, L}\right) \leq \lambda_{2}\left(G_{\pi}\right) \leq \lambda_{1}\left(G_{\pi}\right)=\lambda_{1}\left(G_{\pi, L}\right)
$$

Proof. Note that the non-trivial inequalities and equality, which we set to prove, are

$$
\begin{align*}
\lambda_{\min }\left(G_{\pi}\right) & \leq \lambda_{\min }\left(G_{\pi, L}\right),  \tag{4.1}\\
\lambda_{2}\left(G_{\pi, L}\right) & \leq \lambda_{2}\left(G_{\pi}\right),  \tag{4.2}\\
\lambda_{1}\left(G_{\pi}\right) & =\lambda_{1}\left(G_{\pi, L}\right) . \tag{4.3}
\end{align*}
$$

Let $\mathbf{M}_{G}$ be the adjacency matrix of $G$ where we order the rows and columns so that those corresponding to vertices in $B$ appear first, namely,

$$
\mathbf{M}_{G}=\left(\begin{array}{ll}
\mathbf{M}_{B} & \mathbf{M}_{H} \\
\mathbf{M}_{H}^{\top} & \mathbf{M}_{L}
\end{array}\right) .
$$

Note that $\mathbf{M}_{B}, \mathbf{M}_{L}$ are the adjacency matrices of the $B$-induced and $L$-induced subgraphs of $G$, respectively. Observe that the adjacency matrix of $G_{\pi, L}$ is given by

$$
\mathbf{M}_{G_{\pi, L}}=\left(\begin{array}{cccc}
\mathbf{M}_{B} & \frac{1}{\sqrt{k}} \mathbf{M}_{H} & \cdots & \frac{1}{\sqrt{k}} \mathbf{M}_{H} \\
\frac{1}{\sqrt{k}} \mathbf{M}_{H}^{\top} & \mathbf{M}_{L}^{1,1} & \cdots & \mathbf{M}_{L}^{1, k} \\
\vdots & \vdots & \ddots & \vdots \\
\frac{1}{\sqrt{k}} \mathbf{M}_{H}^{\top} & \mathbf{M}_{L}^{k, 1} & \cdots & \mathbf{M}_{L}^{k, k}
\end{array}\right)
$$

where $\mathbf{M}_{L}^{i, j}$ is a slight abuse of notation (recall we defined $\mathbf{M}_{H}^{i, j}$ for a graph $H$ ) and is used as a shorthand for $\mathbf{M}_{H}^{i, j}, H$ being the $L$-induced subgraph of $G$. Similar to Equation (3.1), we have

$$
\begin{equation*}
\forall i \in[k] \quad \sum_{j=1}^{k} \mathbf{M}_{L}^{i, j}=\mathbf{M}_{L} . \tag{4.4}
\end{equation*}
$$

Let $n, m$ be the number of vertices in $G$ and in $G_{\pi, L}$, respectively. Denote $b=|B|, \ell=|L|$, and note that $n=b+\ell$ and $m=b+k \ell$. Define

$$
F^{\|}=\left\{\mathbf{x} \in \mathbb{R}^{m} \mid \mathbf{x}_{b+j}=\mathbf{x}_{b+\ell+j}=\cdots=\mathbf{x}_{b+(k-1) \ell+j} \quad \text { for } j=1,2, \ldots, \ell\right\} .
$$

Informally, $F^{\|}$is the space of vectors that are constant on the fibers of the lifted vertices, and are otherwise arbitrary. Let $F^{\perp}$ be the dual subspace of $F^{\|}$, namely,

$$
F^{\perp}=\left\{\mathbf{x} \in \mathbb{R}^{m} \mid \mathbf{x}_{1}=\cdots=\mathbf{x}_{b}=0 \text { and } \sum_{i=0}^{k-1} \mathbf{x}_{b+i \ell+j}=0 \quad \text { for } j=1,2, \ldots, \ell\right\}
$$

It is easy to verify, using Equation (4.4), that both $F^{\|}$and $F^{\perp}$ are invariant subspaces of $\mathbf{M}_{G_{\pi, L} .}$. Define the matrix $\mathbf{U} \in \mathbb{R}^{m \times n}$

$$
\mathbf{U}=\left(\begin{array}{cc}
\mathbf{I}_{b} & \mathbf{0}  \tag{4.5}\\
\mathbf{0} & \frac{1}{\sqrt{k}} \mathbf{I}_{\ell} \\
\vdots & \vdots \\
\mathbf{0} & \frac{1}{\sqrt{k}} \mathbf{I}_{\ell}
\end{array}\right)
$$

The following claim lists some useful, easy to prove, properties of $\mathbf{U}$.
Claim 4.3. U satisfies the following properties:

1. $\operatorname{Im}(\mathbf{U})=F^{\|}$.
2. The right kernel of $\mathbf{U}$ is $\mathbf{0}$.
3. $\mathbf{U}^{\top} \mathbf{U}=\mathbf{I}_{n}$.
4. $\mathbf{U U}^{\top}$ is the orthogonal projection to $F^{\|}$.
5. $\mathbf{U}^{\top} \mathbf{M}_{G_{\pi, L}} \mathbf{U}=\mathbf{M}_{G}$.

We can now easily characterize all the eigenvectors of $G_{\pi, L}$ laying in $F^{\|}$.
Lemma 4.4. For every $\mathbf{x} \in \mathbb{R}^{n}, \mathbf{x}$ is an eigenvector of $G$ corresponding to an eigenvalue $\lambda$ if and only if $\mathbf{U x}$ is an eigenvector of $G_{\pi, L}$ laying in $F^{\|}$and corresponding to $\lambda$.

Proof.

$$
\begin{aligned}
\mathbf{M}_{G} \mathbf{x}=\lambda \mathbf{x} & \Longleftrightarrow \mathbf{U}^{\top} \mathbf{M}_{G_{\pi, L}} \mathbf{U} \mathbf{x}=\lambda \mathbf{x} \\
& \Longleftrightarrow \mathbf{U U}^{\top} \mathbf{M}_{G_{\pi, L}} \mathbf{U} \mathbf{x}=\lambda \mathbf{U} \mathbf{x} \\
& \Longleftrightarrow \mathbf{M}_{G_{\pi, L}} \mathbf{U} \mathbf{x}=\lambda \mathbf{U} \mathbf{x}
\end{aligned}
$$

where the first implication follows from Item (5) of Claim 4.3, the second from Item (2), and the last follows by Items (1) and (4) together with the invariance of $F^{\|}$under $\mathbf{M}_{G_{\pi, L}}$.

To summarize, we have found $n$ eigenvectors of $\mathbf{M}_{G_{\pi, L}}$, all of which are contained in $F^{\|}$, whose eigenvalues correspond to those of $\mathbf{M}_{G}$. In particular, every eigenvalue of $\mathbf{M}_{G}$ is an eigenvalue of $\mathbf{M}_{G_{\pi, L}}$ with the same, or higher, multiplicity. Observe that $F^{\|}$is defined by $(k-1) \ell$ linear constraints. Hence, its dimension is exactly $n=b+k \ell-(k-1) \ell$. We conclude that the characterized eigenvectors are exactly all the eigenvectors of $G_{\pi, L}$ in $F^{\|}$.

We proceed to explore the remaining eigenvectors of $\mathbf{M}_{G_{\pi, L}}$. Since $\mathbf{M}_{G_{\pi, L}}$ is symmetric, its eigenvectors are orthogonal to each other, and so the remaining eigenvectors of $\mathbf{M}_{G_{\pi, L}}$ are contained in $F^{\perp}$. We turn to prove that while we cannot argue that these correspond to eigenvectors of $\mathbf{M}_{G_{\pi}}$, as one might hope, they will correspond to eigenvectors of some principal submatrix of $\mathbf{M}_{G_{\pi}}$, at which point we can invoke the Eigenvalue Interlacing Theorem (see Theorem 3.1) so to bound the corresponding eigenvalues.

Take $\mathbf{x} \in F^{\perp}$ an eigenvector of $\mathbf{M}_{G_{\pi, L}}$ with eigenvalue $\lambda$. Then, $\mathbf{x}=(\mathbf{0}, \mathbf{z})$ for some nonzero $\mathbf{z}=\left(\mathbf{z}_{1}, \ldots, \mathbf{z}_{k}\right) \in \mathbb{R}^{k \ell}$ where $\sum_{i=1}^{k} \mathbf{z}_{i}=\mathbf{0} \in \mathbb{R}^{\ell}$. Therefore,

$$
\lambda \mathbf{x}=\mathbf{M}_{G_{\pi, L}} \mathbf{x}=\binom{\mathbf{0}}{\mathbf{M}_{\pi, L} \mathbf{z}}
$$

where

$$
\mathbf{M}_{\pi, L}=\left(\begin{array}{ccc}
\mathbf{M}_{L}^{1,1} & \cdots & \mathbf{M}_{L}^{1, k} \\
\vdots & \ddots & \vdots \\
\mathbf{M}_{L}^{k, 1} & \cdots & \mathbf{M}_{L}^{k, k}
\end{array}\right)
$$

Hence, $\mathbf{z}$ is an eigenvector of $\mathbf{M}_{\pi, L}$. That is, all eigenvectors of $\mathbf{M}_{G_{\pi, L}}$ that are contained in $F^{\perp}$ correspond to eigenvectors of $\mathbf{M}_{\pi, L}$.

We stress that not every eigenvector of $\mathbf{M}_{\pi, L}$ induces an eigenvector of $\mathbf{M}_{G_{\pi, L}}$, a fact that will be crucial in what follows. Indeed, the eigenvectors of $\mathbf{M}_{G_{\pi, L}}$ coming from $F^{\perp}$ have the special structure described above of being orthogonal to $\mathbf{1}$ on each fiber. This can also be seen by a dimension argument, noting that $\mathbf{M}_{\pi, L}$ has $k \ell$ eigenvectors, and together with the $n$ eigenvectors that are induced from $\mathbf{M}_{G}$ these amount to $k \ell+n$ eigenvectors. However, $\mathbf{M}_{G_{\pi, L}}$ is a matrix of order $(k \ell+b) \times(k \ell+b)$, and so $n-b=\ell$ eigenvectors of $\mathbf{M}_{\pi, L}$ do not induce eigenvectors of $\mathbf{M}_{G_{\pi, L}}$. At any rate, for convenience, we summarize the analysis so far.

Claim 4.5. The spectrum of $\mathbf{M}_{G_{\pi, L}}$ consists of the spectrum of $\mathbf{M}_{G}$ with corresponding eigenvectors in $F^{\|}$as well as of a subset of the spectrum of $\mathbf{M}_{\pi, L}$ with corresponding eigenvectors in $F^{\perp}$, where we remind the reader that we consider the spectrum as a multi-set so to track multiplicities correctly.

Note that $\mathbf{M}_{\pi, L}$ is a principal submatrix of $\mathbf{M}_{G_{\pi}}$ and so, by the Eigenvalue Interlacing Theorem (Theorem 3.1),

$$
\begin{equation*}
\lambda_{\min }\left(G_{\pi}\right) \leq \lambda_{\min }\left(\mathbf{M}_{\pi, L}\right) \leq \lambda_{2}\left(\mathbf{M}_{\pi, L}\right) \leq \lambda_{2}\left(G_{\pi}\right) \tag{4.6}
\end{equation*}
$$

Further, recall that the spectrum of $G_{\pi}$ contains that of $G$, in particular,

$$
\begin{equation*}
\lambda_{\min }\left(G_{\pi}\right) \leq \lambda_{\min }(G) \leq \lambda_{2}(G) \leq \lambda_{2}\left(G_{\pi}\right) \tag{4.7}
\end{equation*}
$$

By putting together Claim 4.5, Equation (4.6) and Equation (4.7), we establish Equation (4.1). For proving Equation (4.2) we are left to prove that an eigenvector $\mathbf{x} \in F^{\perp}$ of $G_{\pi, L}$ cannot correspond to an eigenvalue $\lambda>\lambda_{2}\left(\mathbf{M}_{\pi, L}\right)$. To this end, let $\mathbf{x}=(\mathbf{0}, \mathbf{z}) \in F^{\perp}$ be an eigenvector of $G_{\pi, L}$. Recall that for every $j \in[\ell]$,

$$
\begin{equation*}
\sum_{i=0}^{k-1} \mathbf{z}_{b+i \ell+j}=0 \tag{4.8}
\end{equation*}
$$

Assume for contradiction that $\mathbf{x}$ is an eigenvector of $G_{\pi, L}$ corresponding to an eigenvalue $\lambda>\lambda_{2}\left(\mathbf{M}_{\pi, L}\right)$. Then, by the above discussion, $\mathbf{z}$ is an eigenvector of $\mathbf{M}_{\pi, L}$ with eigenvalue $\lambda>\lambda_{2}\left(\mathbf{M}_{\pi, L}\right)$, meaning $\lambda=\lambda_{1}\left(\mathbf{M}_{\pi, L}\right)$. As the vector corresponding the largest eigenvalue, $\mathbf{z}$ maximizes the Rayleigh quotient, we have that

$$
\lambda_{1}\left(\mathbf{M}_{\pi, L}\right)=\frac{\mathbf{z}^{\top} \mathbf{M}_{\pi, L} \mathbf{Z}}{\mathbf{z}^{\top} \mathbf{z}}=\max _{\mathbf{w} \neq \mathbf{0}} \frac{\mathbf{w}^{\top} \mathbf{M}_{\pi, L} \mathbf{w}}{\mathbf{w}^{\top} \mathbf{w}}
$$

Note, however, that the vector $|\mathbf{z}|$, which is obtained by taking the absolute value of every entry of $\mathbf{z}$, satisfies

$$
\begin{equation*}
\frac{|\mathbf{z}|^{\top} \mathbf{M}_{\pi, L}|\mathbf{z}|}{|\mathbf{z}|^{\top}|\mathbf{z}|} \geq \frac{\mathbf{z}^{\top} \mathbf{M}_{\pi, L} \mathbf{z}}{\mathbf{z}^{\top} \mathbf{z}} \tag{4.9}
\end{equation*}
$$

and so, as a maximizer of the Rayleigh quotient, $|\mathbf{z}|$ is also an eigenvector with eigenvalue $\lambda_{1}\left(\mathbf{M}_{\pi, L}\right)$. However, by Equation (4.8), $\mathbf{z}$ and $|\mathbf{z}|$ are linearly independent. Indeed, there is a fiber on which $\mathbf{z}$ attains both a positive and negative entries. Hence, we have found two independent vectors corresponding to $\lambda_{1}\left(\mathbf{M}_{\pi, L}\right)$, implying $\lambda_{1}\left(\mathbf{M}_{\pi, L}\right)=\lambda_{2}\left(\mathbf{M}_{\pi, L}\right)$. This stands in contradiction to $\lambda_{1}\left(\mathbf{M}_{\pi, L}\right)=\lambda>\lambda_{2}\left(\mathbf{M}_{\pi, L}\right)$. Putting this result together with Claim 4.5, Equation (4.6) and Equation (4.7) completes the proof of Equation (4.2). To prove Equation (4.3), we will use a general result on graph lifts.
Lemma 4.6. Let $G=(V, E)$ be an undirected simple graph with orientation $\vec{G}=(V, \vec{E})$. Let $\pi: \vec{E} \rightarrow S_{k}$. Then, $\lambda_{1}(G)=\lambda_{1}\left(G_{\pi}\right)$.

Proof. By invoking Lemma 4.4 to $G_{\pi}=G_{\pi, V}$, we get that $\lambda_{1}(G)$ is an eigenvalue of $G_{\pi}$, which implies $\lambda_{1}(G) \leq \lambda_{1}\left(G_{\pi}\right)$. Proving $\lambda_{1}\left(G_{\pi}\right) \leq \lambda_{1}(G)$ will thus finish the proof. For any vector $\mathbf{x}$ on the vertices of $G_{\pi}$, take the vector $\mathbf{y}(\mathbf{x})=\mathbf{y}$ on the vertices of $G$ defined by $\mathbf{y}_{v}=\sqrt{\sum_{i=1}^{k} \mathbf{x}_{i, v}^{2}}$. Now, recall the definition of $|\mathbf{x}|$ and note that

$$
\mathbf{y}^{\boldsymbol{\top}} \mathbf{y}=\sum_{v \in V} \mathbf{y}_{v}^{2}=\sum_{v \in V} \sum_{i=1}^{k} \mathbf{x}_{i, v}^{2}=\mathbf{x}^{\boldsymbol{\top}} \mathbf{x}=|\mathbf{x}|^{\top}|\mathbf{x}| .
$$

Therefore,

$$
\begin{aligned}
\frac{\mathbf{y}^{\top} \mathbf{M}_{G} \mathbf{y}}{\mathbf{y}^{\top} \mathbf{y}} & =\frac{1}{\mathbf{y}^{\top} \mathbf{y}} \sum_{(u, v) \in \vec{E}} \mathbf{y}_{u} \mathbf{y}_{v} \\
& =\frac{1}{\mathbf{x}^{\top} \mathbf{x}} \sum_{(u, v) \in \vec{E}} \sqrt{\sum_{i=1}^{k} \mathbf{x}_{i, u}^{2} \cdot \sum_{i=1}^{k} \mathbf{x}_{i, v}^{2}} \\
& =\frac{1}{|\mathbf{x}|^{\top}|\mathbf{x}|} \sum_{(u, v) \in \vec{E}} \sqrt{\sum_{i=1}^{k}\left|\mathbf{x}_{i, u}\right|^{2} \cdot \sum_{i=1}^{k}\left|\mathbf{x}_{\pi_{u, v}(i), v}\right|^{2}} \\
& \geq \frac{1}{|\mathbf{x}|^{\top}|\mathbf{x}|} \sum_{(u, v) \in \vec{E}} \sum_{i=1}^{k}\left|\mathbf{x}_{i, u}\right|\left|\mathbf{x}_{\pi_{u, v}(i), v}\right| \\
& =\frac{|\mathbf{x}|^{\top} \mathbf{M}_{G_{\pi}}|\mathbf{x}|}{|\mathbf{x}|^{\top}|\mathbf{x}|} \\
& \geq \frac{\mathbf{x}^{\top} \mathbf{M}_{G_{\pi}} \mathbf{x}}{\mathbf{x}^{\top} \mathbf{x}},
\end{aligned}
$$

where the third equality is just a reordering of the elements in the summation, as $\pi_{u, v}$ is a permutation on $[k]$. The first inequality follows by the Cauchy-Schwarz inequality, and the second inequality is as in Equation (4.9). Thus,

$$
\lambda_{1}\left(G_{\pi}\right)=\max _{\mathbf{x} \neq 0} \frac{\mathbf{x} \mathbf{M}_{G_{\pi}} \mathbf{x}}{\mathbf{x}^{\top} \mathbf{x}} \leq \max _{\mathbf{x} \neq 0} \frac{\mathbf{y}(\mathbf{x}) \mathbf{M}_{G} \mathbf{y}(\mathbf{x})}{\mathbf{y}(\mathbf{x})^{\top} \mathbf{y}(\mathbf{x})} \leq \max _{\mathbf{z} \neq 0} \frac{\mathbf{z M}_{G} \mathbf{z}}{\mathbf{z}^{\top} \mathbf{z}}=\lambda_{1}(G) .
$$

Combining the results we proved so far, we conclude that

$$
\lambda_{1}(G) \leq \lambda_{1}\left(G_{\pi, L}\right) \leq \lambda_{1}\left(G_{\pi}\right)=\lambda_{1}(G)
$$

Indeed, the first inequality follows by Lemma 4.4, the second follows by Claim 4.5 and by the fact that $\mathbf{M}_{\pi, L}$ is a principal submatrix of $\mathbf{M}_{G_{\pi, L}}$, together with the Eigenvalue Interlacing Theorem (Theorem 3.1). Lastly, the equality follows by Lemma 4.6, completing the proof of Proposition 4.2.

## 5 Bounding the Normalized Spectral Expansion

In this section we bound the normalized eigenvalues of a partial lift. That is, we show that a random walk on a partial lift converges quickly given that the random walk on the (full) lift does so. Unlike the unnormalized case, we restrict ourselves to $d$ regular base graphs.

Proposition 5.1. Let $G=(V, E)$ be an undirected simple d-regular graph having orientation $\vec{G}=(V, \vec{E})$. Let $\pi: \vec{E} \rightarrow S_{k}$, and $(B, L)$ a partition of $V$. Assume that $\sqrt{k} \leq \frac{\lambda(G)}{3}+1$. Then,

$$
\bar{\lambda}\left(G_{\pi, L}\right)=O\left(k \cdot \bar{\lambda}\left(G_{\pi}\right)\right) .
$$

Proof. Note that the degrees matrix of $G_{\pi, L}, \mathbf{D}_{G_{\pi, L}}$, is constant on every fiber, and so $F^{\|}$ and $F^{\perp}$ are invariant subspaces of $\mathbf{D}_{G_{\pi, L}}^{-1}$. As noted in the proof of Proposition 4.2, these are also invariant subspaces of $\mathbf{M}_{G_{\pi, L}}$, hence, also of $\mathbf{W}_{G_{\pi, L}}=\mathbf{M}_{G_{\pi, L}} \mathbf{D}_{G_{\pi, L}}^{-1}$.

Equation (4.2) and Equation (4.1) implies that $\lambda\left(G_{\pi, L}\right) \leq \lambda\left(G_{\pi}\right)$. This, together with the fact that the eigenvector corresponding to the largest eigenvalue of $G_{\pi, L}$ lays in $F^{\|}$, implies that

$$
\mathbf{x}, \mathbf{y} \in F^{\perp} \quad\left|\mathbf{x}^{\top} \mathbf{M}_{G_{\pi, L}} \mathbf{y}\right| \leq \lambda\left(G_{\pi}\right)\|\mathbf{x}\|_{2}\|\mathbf{y}\|_{2}
$$

This, together with Item (4) of Claim 5.3, which we state below, yields the desired bound on the Rayleigh quotient for all vectors in $F^{\perp}$. Indeed, for every $\mathbf{x} \in F^{\perp}$, we have that
$\frac{\left|\mathbf{x}^{\top} \mathbf{W}_{G_{\pi, L}} \mathbf{x}\right|}{\mathbf{x}^{\top} \mathbf{x}}=\frac{\left|\mathbf{x}^{\top} \mathbf{M}_{G_{\pi, L}} \mathbf{D}_{G_{\pi, L}}^{-1} \mathbf{x}\right|}{\mathbf{x}^{\top} \mathbf{x}} \leq \frac{\lambda\left(G_{\pi}\right) \cdot\|\mathbf{x}\|_{2} \cdot\left\|\mathbf{D}_{G_{\pi, L}}^{-1} \mathbf{x}\right\|_{2}}{\mathbf{x}^{\top} \mathbf{x}} \leq \frac{\sqrt{k}}{d} \cdot \lambda\left(G_{\pi}\right)=\sqrt{k} \cdot \bar{\lambda}\left(G_{\pi}\right)$.

We summarize this in the following corollary.
Corollary 5.2. The Rayleigh quotient of all eigenvectors laying in $F^{\perp}$, with respect to $\mathbf{W}_{G_{\pi, L}}$, are bounded by $\sqrt{k} \cdot \bar{\lambda}\left(G_{\pi}\right)$.

Since $F^{\|}$and $F^{\perp}$ are invariant subspaces of $\mathbf{W}_{G_{\pi, L}}$, we are left to analyze the vectors laying in $F^{\|}$. To this end, define the diagonal matrix $\mathbf{D} \in \mathbb{R}^{n \times n}$ by $\mathbf{D}=\mathbf{U}^{\top} \mathbf{D}_{G_{\pi, L}} \mathbf{U}$, where we recall the reader that the definition of $\mathbf{U}$ is in Equation (4.5). By this definition, since the degrees of vertices on the same fiber are equal, we get

$$
\mathbf{D}_{u, u}= \begin{cases}\operatorname{deg}_{G_{\pi, L}}(u) & u \in B  \tag{5.1}\\ \operatorname{deg}_{G_{\pi, L}}((1, u)) & u \in L\end{cases}
$$

For a vertex $v$ of $G$ we define $\theta_{v}$, the cut degree of $v$, to be

$$
\theta_{v}= \begin{cases}\left|E_{G}(v, L)\right| & v \in B  \tag{5.2}\\ \left|E_{G}(v, B)\right| & v \in L\end{cases}
$$

where, for $S, T \subseteq V,\left|E_{G}(S, T)\right|$ is the sum of weights of edges between $(S, T)$ in $G$. Denote $k_{B}=\sqrt{k}-1$ and $k_{L}=\frac{1}{\sqrt{k}}-1$. The following claim is easy to verify and is stated without a proof.

Claim 5.3. The matrices $\mathbf{D}_{G_{\pi, L}}$ and $\mathbf{D}$ have the following properties:

1. $\mathbf{D}_{G_{\pi, L}} \mathbf{U}=\mathbf{U D}$ and $\mathbf{D}_{G_{\pi, L}}^{-1} \mathbf{U}=\mathbf{U D}^{-1}$.
2. For a vertex $u \in B$ the value of $\mathbf{D}_{u, u}$ is given by

$$
1 \cdot\left|E_{G}(u, B)\right|+\sqrt{k} \cdot\left|E_{G}(u, L)\right|=d+k_{B} \theta_{u} .
$$

3. For a vertex $u \in L$ the value of $\mathbf{D}_{u, u}$ is given by

$$
1 \cdot\left|E_{G}(u, L)\right|+\frac{1}{\sqrt{k}} \cdot\left|E_{G}(u, B)\right|=d+k_{L} \theta_{u}
$$

4. $\left(\mathbf{D}_{G_{\pi, L}}\right)_{u, u} \in\left[\frac{1}{\sqrt{k}} d, \sqrt{k} d\right]$.
5. $\mathbf{D}_{u, u} \in\left[\frac{1}{\sqrt{k}} d, \sqrt{k} d\right]$.

Lemma 5.4. A vector $\mathbf{x} \in \mathbb{R}^{n}$ is an eigenvector of $\mathbf{M}_{G} \mathbf{D}^{-1}$ corresponding to eigenvalue $\lambda$ if and only if $\mathbf{U x}$ is an eigenvector of $\mathbf{W}_{G_{\pi, L}}$ corresponding to the same eigenvalue.

Proof. By Items (5) and (2) of Claim 4.3,

$$
\begin{aligned}
\mathbf{M}_{G} \mathbf{D}^{-1} \mathbf{x}=\lambda \mathbf{x} & \Longleftrightarrow \mathbf{U}^{\top} \mathbf{M}_{G_{\pi, L}} \mathbf{U D}^{-1} \mathbf{x}=\lambda \mathbf{x} \\
& \Longleftrightarrow \mathbf{U U}^{\top} \mathbf{M}_{G_{\pi, L}} \mathbf{U D}^{-1} \mathbf{x}=\lambda \mathbf{U} \mathbf{x}
\end{aligned}
$$

Thus, by Item (1) of Claim 5.3,

$$
\mathbf{M}_{G} \mathbf{D}^{-1} \mathbf{x}=\lambda \mathbf{x} \quad \Longleftrightarrow \quad \mathbf{U U}^{\top} \mathbf{W}_{G_{\pi, L}} \mathbf{U} \mathbf{x}=\lambda \mathbf{U} \mathbf{x}
$$

By Item (1) of Claim 4.3, $\mathbf{U x} \in F^{\|}$and since $F^{\|}$is an invariant subspace of $\mathbf{W}_{G_{\pi, L}}$, we get that $\mathbf{W}_{G_{\pi, L}} \mathbf{U x} \in F^{\|}$. Item (4) of Claim 4.3 then implies that

$$
\mathbf{U U}^{\top} \mathbf{W}_{G_{\pi, L}} \mathbf{U x}=\mathbf{W}_{G_{\pi, L}} \mathbf{U x}
$$

and so

$$
\mathbf{M}_{G} \mathbf{D}^{-1} \mathbf{x}=\lambda \mathbf{x} \quad \Longleftrightarrow \quad \mathbf{W}_{G_{\pi, L}} \mathbf{U} \mathbf{x}=\lambda \mathbf{U} \mathbf{x}
$$

as desired.
Given Corollary 5.2 and Lemma 5.4, and since every vector in $F^{\|}$is of the form $\mathbf{U x}$ for some $\mathbf{x} \in \mathbb{R}^{n}$ (recall Item (1) of Claim 4.3), we can turn our focus to characterizing the eigenvalues of $\mathbf{M}_{G} \mathbf{D}^{-1}$. We do so by analyzing the eigenvalues of the symmetric matrix $\widetilde{\mathbf{M}}_{G}=\mathbf{D}^{-\frac{1}{2}} \mathbf{M}_{G} \mathbf{D}^{-\frac{1}{2}}$ as, note, it is similar to $\mathbf{M}_{G} \mathbf{D}^{-1}$. To start with, observe that $\mathbf{D}_{G_{\pi, L}} \mathbf{1}_{m}$ is an eigenvector of $\mathbf{W}_{G_{\pi, L}}$ corresponding to its largest eigenvalue, 1. Thus, Lemma 5.4 together with Item (4) of Claim 4.3 imply that $\mathbf{U}^{\top} \mathbf{D}_{G_{\pi, L}} \mathbf{1}$ is an eigenvector of $\mathbf{M}_{G} \mathbf{D}^{-1}$ corresponding to the eigenvalue 1. By Item (1) of Claim 5.3, $\mathbf{U}^{\top} \mathbf{D}_{G_{\pi, L}}=\mathbf{D U}^{\top}$, and so the latter eigenvector can be written as $\mathbf{D U}^{\top} \mathbf{1}$. As $\mathbf{M}_{G} \mathbf{D}^{-1}$ is similar to $\widetilde{\mathbf{M}}_{G}$, by the above, the latter has an eigenvector $\widetilde{\mathbf{x}}_{1}=\mathbf{D}^{\frac{1}{2}} \mathbf{U}^{\top} \mathbf{1}$ corresponding to its largest eigenvalue, 1. Since $\widetilde{\mathbf{M}}_{G}$ is symmetric, an eigenvector corresponding to its second largest eigenvalue has to be orthogonal to $\widetilde{\mathbf{x}}_{1}$.

As we assume $G$ is regular, $\mathbf{1}_{n}$ is an eigenvector corresponding to $\mathbf{M}_{G}$-s largest eigenvalue. For a vector $\mathbf{y}$, let $\mathbf{y}^{\|}=\left\langle\mathbf{1}_{n}, \mathbf{y}\right\rangle \cdot \mathbf{1}_{n}$ be the orthogonal projection of $\mathbf{y}$ onto $\mathbf{1}_{n}$. We write $\mathbf{y}^{\perp}=\mathbf{y}-\mathbf{y}^{\|}$and turn to analyze the Rayleigh quotient of a vector $\mathbf{y} \perp \widetilde{\mathbf{x}}_{1}$. Let $\mathbf{z}=\mathbf{D}^{-\frac{1}{2}} \mathbf{y}$ and note that $\mathbf{y} \perp \widetilde{\mathbf{x}}_{1}$ if and only if $\mathbf{z} \perp \mathbf{D}^{\frac{1}{2}} \widetilde{\mathbf{x}}_{1}$. With this, we have that

$$
\begin{equation*}
\frac{\mathbf{y}^{\top} \widetilde{\mathbf{M}}_{G} \mathbf{y}}{\mathbf{y}^{\top} \mathbf{y}}=\frac{\mathbf{z}^{\top} \mathbf{M}_{G} \mathbf{z}}{\mathbf{z}^{\top} \mathbf{D} \mathbf{z}}=\frac{\left(\mathbf{z}^{\|}\right)^{\top} \mathbf{M}_{G} \mathbf{z}^{\|}}{\mathbf{z}^{\top} \mathbf{D} \mathbf{z}}+\frac{\left(\mathbf{z}^{\perp}\right)^{\top} \mathbf{M}_{G} \mathbf{z}^{\perp}}{\mathbf{z}^{\top} \mathbf{D} \mathbf{z}} \tag{5.3}
\end{equation*}
$$

Using Item (5) of Claim 5.3, it is clear that $\frac{d}{\sqrt{k}}\|\mathbf{z}\|^{2} \leq \mathbf{z}^{\top} \mathbf{D} \mathbf{z}$. We can thus get a good bound on the size of the second summand in the right hand side of Equation (5.3), namely,

$$
\begin{equation*}
\left|\frac{\left(\mathbf{z}^{\perp}\right)^{\top} \mathbf{M}_{G} \mathbf{z}^{\perp}}{\mathbf{z}^{\top} \mathbf{D} \mathbf{z}}\right| \leq \frac{\lambda(G)\|\mathbf{z}\|^{2}}{\frac{d}{\sqrt{k}}\|\mathbf{z}\|^{2}}=\sqrt{k} \cdot \bar{\lambda}(G) \tag{5.4}
\end{equation*}
$$

The first summand in the right hand side of Equation (5.3) equals to

$$
\begin{equation*}
\frac{\left(\mathbf{z}^{\|}\right)^{\top} \mathbf{M}_{G} \mathbf{z}^{\|}}{\mathbf{z}^{\top} \mathbf{D} \mathbf{z}}=d \cdot \frac{\left\|\mathbf{z}^{\|}\right\|^{2}}{\|\mathbf{z}\|_{\mathbf{D}}^{2}} \tag{5.5}
\end{equation*}
$$

and is always non-negative. This already gives a bound on $\bar{\lambda}_{\text {min }}\left(\widetilde{\mathbf{M}}_{G}\right)$, because for every $\mathbf{y} \perp \widetilde{\mathbf{x}}_{1}$, we have

$$
\frac{\mathbf{y}^{\top} \widetilde{\mathbf{M}}_{G} \mathbf{y}}{\mathbf{y}^{\top} \mathbf{y}}=\frac{\left(\mathbf{z}^{\|}\right)^{\top} \mathbf{M}_{G} \mathbf{z}^{\|}}{\mathbf{z}^{\top} \mathbf{D} \mathbf{z}}+\frac{\left(\mathbf{z}^{\perp}\right)^{\top} \mathbf{M}_{G} \mathbf{z}^{\perp}}{\mathbf{z}^{\top} \mathbf{D} \mathbf{z}} \geq 0-\sqrt{k} \cdot \bar{\lambda}(G) .
$$

We summarize this in the following corollary.
Corollary 5.5. $\left|\lambda_{\text {min }}\left(\widetilde{\mathbf{M}}_{G}\right)\right| \leq \sqrt{k} \cdot \bar{\lambda}(G)$.
Going back to the first summand in the right hand side of Equation (5.3), per Equation (5.5), we are left to bound the quotient $\frac{\|\mathbf{z}\| \|}{\|\mathbf{z}\|_{\mathbf{D}}}$. We start with the numerator. As $\mathbf{z} \perp \mathbf{D}^{\frac{1}{2}} \widetilde{\mathbf{x}}_{1}$, for every $\alpha \in \mathbb{R}$ we have that

$$
\begin{equation*}
\left\|\mathbf{z}^{\|}\right\|=\langle\mathbf{z}, \mathbf{1}\rangle=\left\langle\mathbf{z}, \mathbf{1}-\alpha \mathbf{D}^{\frac{1}{2}} \widetilde{\mathbf{x}}_{1}\right\rangle=\left\langle\mathbf{D}^{\frac{1}{2}} \mathbf{z}, \mathbf{D}^{-\frac{1}{2}} \mathbf{1}-\alpha \widetilde{\mathbf{x}}_{1}\right\rangle \leq\left\|\mathbf{D}^{\frac{1}{2}} \mathbf{z}\right\|\left\|\mathbf{D}^{-\frac{1}{2}} \mathbf{1}-\alpha \widetilde{\mathbf{x}}_{1}\right\| . \tag{5.6}
\end{equation*}
$$

Choosing the optimal $\alpha$ for the bound, $\alpha=\frac{\left\langle\mathbf{D}^{-\frac{1}{2}} 1, \tilde{\mathbf{x}}_{1}\right\rangle}{\left\|\tilde{\mathbf{x}}_{1}\right\|^{2}}$, we get that

$$
\begin{equation*}
\left\|\mathbf{D}^{-\frac{1}{2}} \mathbf{1}-\alpha \widetilde{\mathbf{x}}_{1}\right\|^{2}=\left\|\mathbf{D}^{-\frac{1}{2}} \mathbf{1}\right\|^{2}-\frac{\left\langle\mathbf{D}^{-\frac{1}{2}} \mathbf{1}, \widetilde{\mathbf{x}}_{1}\right\rangle^{2}}{\left\|\widetilde{\mathbf{x}}_{1}\right\|^{2}} \tag{5.7}
\end{equation*}
$$

We now turn to analyze each of the summands in the above expression. To this end, we introduce the following notations. Let $s=|(B, L)|$ be the size of the cut $(B, L)$ in $G$, and let $e=s-\frac{b e}{n} d$. Note that, had $G$ been a $d$-regular random graph, $s$ would have equal to $\frac{b \ell}{n} d$ in expectation, and so we think of $e$ as the "cut size error". It will also be convenient to consider $e, b$ and $\ell$-s normalized counterpart $\bar{e}=\frac{e}{n d}, \bar{b}=\frac{b}{n}$ and $\bar{\ell}=\frac{\ell}{n}$.

From this point, denote $\lambda=\lambda(G)$ and $\bar{\lambda}=\bar{\lambda}(G)=\frac{\lambda}{d}$. We further define $\mu=b+\sqrt{k} \ell$ and its normalized counterpart $\bar{\mu}=\frac{\mu}{\sqrt{m n}}$ (where this normalization is in hindsight). The analysis of Equation (5.7) is divided to the following three claims.

## Claim 5.6.

$$
\left\|\widetilde{\mathbf{x}}_{1}\right\|^{2}=\frac{2\left|E\left(G_{\pi, L}\right)\right|}{m}=d \bar{\mu}^{2}-(\sqrt{k}-1)^{2} \frac{e}{m},
$$

where recall $\left|E\left(G_{\pi, L}\right)\right|$ counts the number of edges, accounting for the weights.
Claim 5.7. $\left\langle\mathbf{D}^{-\frac{1}{2}} \mathbf{1}, \widetilde{\mathbf{x}}_{1}\right\rangle=\bar{\mu}$.
Claim 5.8. $\left\|\mathbf{D}^{-\frac{1}{2}} \mathbf{1}\right\|^{2} \leq \frac{1+k \bar{\lambda}}{d}$.

Claim 5.6 and Claim 5.7 follow by a fairly straightforward calculation which, for ease of reading, is deferred to Section 5.3. Claim 5.8, whose proof also appears in Section 5.3, follows by the following two more substantial lemma.

## Lemma 5.9.

$$
\sum_{v \in B} \frac{1}{\mathbf{D}_{v, v}} \leq \frac{b}{d}\left(\frac{1}{1+k_{B} \bar{\ell}}+\sqrt{k} \bar{\lambda}\right) .
$$

## Lemma 5.10.

$$
\sum_{v \in L} \frac{1}{\mathbf{D}_{v, v}} \leq \frac{\ell}{d}\left(\frac{1}{1+k_{L} \bar{b}}+k \bar{\lambda}\right)
$$

The proof of Lemma 5.9 and Lemma 5.10 can be found in Section 5.1 and Section 5.2, respectively, and we proceed with the proof of Proposition 5.1. Using Claim 5.6 and Claim 5.7, we write

$$
\begin{align*}
\frac{\left\langle\mathbf{D}^{-\frac{1}{2}} \mathbf{1}, \widetilde{\mathbf{x}}_{1}\right\rangle^{2}}{\left\|\widetilde{\mathbf{x}}_{1}\right\|^{2}} & =\frac{1}{d} \cdot \frac{\bar{\mu}^{2}}{\bar{\mu}^{2}-(\sqrt{k}-1)^{2} \frac{e}{d m}} \\
& =\frac{1}{d} \cdot \frac{1}{1-(\sqrt{k}-1)^{2} \frac{e}{d m \bar{\mu}^{2}}} \\
& \geq \frac{1}{d}\left(1+(\sqrt{k}-1)^{2} \frac{e}{d m \bar{\mu}^{2}}\right) \\
& \geq \frac{1}{d}\left(1-(\sqrt{k}-1)^{2} \frac{|e|}{d m \bar{\mu}^{2}}\right) . \tag{5.8}
\end{align*}
$$

Focusing on the error term,

$$
(\sqrt{k}-1)^{2} \frac{|e|}{d m \bar{\mu}^{2}}=(\sqrt{k}-1)^{2} \frac{|\bar{e}|}{(\mu / n)^{2}}
$$

observe that according to the expander mixing lemma, $|\bar{e}| \leq \bar{\lambda} \sqrt{\bar{b} \bar{\ell}} \leq \bar{\lambda}$. Additionally, $\frac{\mu}{n}$ is bounded below by 1 . The error term is thus bounded above by $\bar{\lambda}(\sqrt{k}-1)^{2}$. Plugging the above back to Equation (5.8), we get

$$
\begin{equation*}
\frac{\left\langle\mathbf{D}^{-\frac{1}{2}} \mathbf{1}, \tilde{\mathbf{x}}_{1}\right\rangle^{2}}{\left\|\tilde{\mathbf{x}}_{1}\right\|^{2}} \geq \frac{1}{d} \cdot\left(1-(\sqrt{k}-1)^{2} \bar{\lambda}\right) \tag{5.9}
\end{equation*}
$$

By Equation (5.6), Equation (5.7), Claim 5.8, and Equation (5.9),

$$
\begin{align*}
\left\|\mathbf{z}^{\|}\right\| & \leq\left\|\mathbf{D}^{\frac{1}{2}} \mathbf{z}\right\| \cdot \sqrt{\left\|\mathbf{D}^{-\frac{1}{2}} \mathbf{1}\right\|^{2}-\frac{\left\langle\mathbf{D}^{-\frac{1}{2}} \mathbf{1}, \widetilde{\mathbf{x}}_{1}\right\rangle^{2}}{\left\|\widetilde{\mathbf{x}}_{1}\right\|^{2}}} \\
& \leq \frac{\left\|\mathbf{D}^{\frac{1}{2}} \mathbf{z}\right\| \cdot \sqrt{\bar{\lambda}}}{\sqrt{d}} \cdot \sqrt{k+(\sqrt{k}-1)^{2}} . \tag{5.10}
\end{align*}
$$

By Equation (5.5) and Equation (5.10), using that $\|\mathbf{z}\|_{\mathbf{D}}=\left\|\mathbf{D}^{\frac{1}{2}} \mathbf{z}\right\|$,

$$
\frac{\left(\mathbf{z}^{\|}\right)^{\top} \mathbf{M}_{G} \mathbf{z}^{\|}}{\mathbf{z}^{\top} \mathbf{D} \mathbf{z}}=d \cdot \frac{\left\|\mathbf{z}^{\|}\right\|^{2}}{\|\mathbf{z}\|_{\mathbf{D}}^{2}} \leq\left(k+(\sqrt{k}-1)^{2}\right) \bar{\lambda}
$$

Thus, by Equation (5.3) and Equation (5.4),

$$
\lambda_{2}\left(\widetilde{\mathbf{M}}_{G}\right) \leq d \cdot \frac{\left\|\mathbf{z}^{\|}\right\|^{2}}{\|\mathbf{z}\|_{\mathbf{D}}^{2}}+\sqrt{k} \cdot \bar{\lambda}(G) \leq\left(k+\sqrt{k}+(\sqrt{k}-1)^{2}\right) \bar{\lambda}=O(k \cdot \bar{\lambda})
$$

Combining this with Corollary 5.5, we obtain $\lambda\left(\widetilde{\mathbf{M}}_{G}\right)=O(k \cdot \bar{\lambda})$. Restating this result, for every $\mathbf{x} \in F^{\|}$with $\mathbf{x} \perp \mathbf{D}_{G_{\pi, L}} \mathbf{1}_{m}$ we have $\mathbf{x}^{\top} \mathbf{W}_{G_{\pi, L}} \mathbf{x}=O(k \cdot \bar{\lambda})$. Recall $\bar{\lambda}=\bar{\lambda}(G) \leq \bar{\lambda}\left(G_{\pi}\right)$. Combining this and Corollary 5.2 we conclude $\bar{\lambda}\left(G_{\pi, L}\right)=O\left(k \cdot \bar{\lambda}\left(G_{\pi}\right)\right)$, which completes the proof.

### 5.1 Proof of Lemma 5.9

Proof of Lemma 5.9. We remind the reader that for $v \in B, \mathbf{D}_{v, v}=\operatorname{deg}_{G_{\pi, L}}(v)$ (Equation (5.1)) and $\theta_{v}=\left|E_{G}(v, L)\right|$ (Equation (5.2)). For $\theta=0,1, \ldots, d$ we define $B_{\theta}=\{v \in$ $\left.B: \theta_{v}=\theta\right\}, B_{\leq \theta}=\left\{v \in B: \theta_{v} \leq \theta\right\}$, and denote $b_{\theta}=\left|B_{\theta}\right|$ and $b_{\leq \theta}=\left|B_{\leq \theta}\right|$. With this, we can partition the vertices $B$ in the summation we wish to bound according to their $\theta$-value,

$$
\sum_{v \in B} \frac{1}{\mathbf{D}_{v, v}}=\sum_{\theta=0}^{d} \frac{b_{\theta}}{d+k_{B} \theta}
$$

where we remind the reader that $k_{B}=\sqrt{k}-1$. For every integer $0 \leq \theta \leq d$ we can write $B_{\theta}$ as $B_{\theta}=B_{\leq \theta} \backslash B_{\leq \theta-1}$ with the understanding that $B_{-1}=\emptyset$, and so

$$
\sum_{\theta=0}^{d} \frac{b_{\theta}}{d+k_{B} \theta}=\sum_{\theta=0}^{d} \frac{b_{\leq \theta}-b_{\leq \theta-1}}{d+k_{B} \theta}=\sum_{\theta=0}^{d} \frac{b_{\leq \theta}}{d+k_{B} \theta}-\sum_{\theta=0}^{d} \frac{b_{\leq \theta-1}}{d+k_{B} \theta} .
$$

Taking the last summand of the first sum separately and changing the indices of the second sum we have

$$
\sum_{\theta=0}^{d} \frac{b_{\leq \theta}}{d+k_{B} \theta}-\sum_{\theta=0}^{d} \frac{b_{\leq \theta-1}}{d+k_{B} \theta}=\frac{b_{\leq d}}{d+k_{B} d}+\sum_{\theta=0}^{d-1} \frac{b_{\leq \theta}}{d+k_{B} \theta}-\sum_{\theta=-1}^{d-1} \frac{b_{\leq \theta}}{d+k_{B}(\theta+1)} .
$$

As $b_{\leq d}=b$, the first term on the right hand side equals $\frac{b}{d+k_{B} d}$. As for the other two terms, $b_{\leq-1}=0$, and so

$$
\begin{aligned}
\sum_{\theta=0}^{d-1} \frac{b_{\leq \theta}}{d+k_{B} \theta}-\sum_{\theta=-1}^{d-1} \frac{b_{\leq \theta}}{d+k_{B}(\theta+1)} & =\sum_{\theta=0}^{d-1} b_{\leq \theta}\left(\frac{1}{d+k_{B} \theta}-\frac{1}{d+k_{B}(\theta+1)}\right) \\
& =\sum_{\theta=0}^{d-1} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)\left(d+k_{B}(\theta+1)\right)} \\
& \leq \sum_{\theta=0}^{d-1} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}}
\end{aligned}
$$

We summarize the above in the following inequality.

$$
\begin{equation*}
\sum_{v \in B} \frac{1}{\mathbf{D}_{v, v}} \leq \frac{b}{d+k_{B} d}+\sum_{\theta=0}^{d-1} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}} \tag{5.11}
\end{equation*}
$$

For a parameter $\Delta$ to be determined later, we partition the summands in the second term into three parts, and bound each of them separately.

$$
\begin{equation*}
\sum_{\theta=0}^{d-1} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}} \leq \sum_{\theta=0}^{\lfloor d \bar{l}-\Delta\rfloor-1} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}}+\sum_{\theta=\lfloor d \bar{l}-\Delta\rfloor}^{\lfloor d \bar{l}\rfloor+1} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}}+\sum_{\lfloor d \bar{l}\rfloor+2}^{d} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}} \tag{5.12}
\end{equation*}
$$

Let us start with the second sum. It consists of at most $\Delta+3$ summands, each of which is bounded above by $\frac{k_{B} b}{d^{2}}$, and so

$$
\begin{equation*}
\sum_{\theta=\lfloor d \bar{l}-\Delta\rfloor}^{\lfloor d \bar{\jmath}\rfloor+1} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}} \leq \frac{k_{B}(\Delta+3) b}{d^{2}} \tag{5.13}
\end{equation*}
$$

For the third sum we use a slightly more delicate bound.

$$
\sum_{\lfloor d \bar{\jmath}\rfloor+2}^{d} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}} \leq \sum_{\lfloor d \bar{\jmath}\rfloor+2}^{d} \frac{k_{B} b}{\left(d+k_{B} \theta\right)^{2}} .
$$

The summands in the right hand side are a monotone decreasing function of $\theta$, which allows us to replace the sum by an integral with the following inequality

$$
\begin{equation*}
\sum_{\lfloor d \bar{\ell}\rfloor+2}^{d} \frac{k_{B} b}{\left(d+k_{B} \theta\right)^{2}} \leq \int_{d \bar{\ell}}^{d} \frac{k_{B} b}{\left(d+k_{B} \theta\right)^{2}} d \theta=\left.\left[-\frac{b}{d+k_{B} \theta}\right]\right|_{d \bar{\ell}} ^{d}=\frac{b}{d+k_{B} d \bar{\ell}}-\frac{b}{d+k_{B} d} \tag{5.14}
\end{equation*}
$$

The bulk of the proof is in bounding the first sum of Equation (5.12).

$$
\begin{equation*}
\sum_{\theta=0}^{\lfloor d \bar{\ell}-\Delta\rfloor-1} \frac{k_{B} b_{\leq \theta}}{\left(d+k_{B} \theta\right)^{2}} \leq \sum_{\theta=0}^{\lfloor d \bar{\ell}-\Delta\rfloor-1} \frac{k_{B} b_{\leq \theta}}{d^{2}}=\frac{k_{B}}{d^{2}} \sum_{\theta=0}^{\lfloor\lfloor\bar{\ell}-\Delta\rfloor-1} b_{\leq \theta} . \tag{5.15}
\end{equation*}
$$

For $\theta<d \bar{\ell}$ let us count the number of edges in $G$ between $B_{\leq \theta}$ and $B$ in two ways. On the one hand,

$$
\begin{equation*}
\left|E_{G}\left(B, B_{\leq \theta}\right)\right|=b_{\leq \theta}(d-\theta)+\sum_{\alpha=0}^{\theta-1} b_{\leq \alpha} \tag{5.16}
\end{equation*}
$$

because

$$
\left|E_{G}\left(B, B_{\leq \theta}\right)\right|=\sum_{\alpha=0}^{\theta}\left|E_{G}\left(B, B_{\alpha}\right)\right|=\sum_{\alpha=0}^{\theta} b_{\alpha}(d-\alpha)=\sum_{\alpha=0}^{\theta} b_{\alpha}(d-\theta)+\sum_{\alpha=0}^{\theta} b_{\alpha}(\theta-\alpha)
$$

Observe that in $b_{\leq \theta}$, we count $b_{\alpha}$ exactly once for every $\alpha \leq \theta$ and that in $\sum_{\alpha=0}^{\theta-1} b_{\leq \alpha}$ we count $b_{\alpha}$ exactly $\theta-\alpha$ times, for every $\alpha<\theta$. So,

$$
\sum_{\alpha=0}^{\theta} b_{\alpha}(d-\theta)+\sum_{\alpha=0}^{\theta} b_{\alpha}(\theta-\alpha)=b_{\leq \theta}(d-\theta)+\sum_{\alpha=0}^{\theta-1} b_{\leq \alpha},
$$

which justifies Equation (5.16). On the other hand, using the expander mixing lemma,

$$
\left|E_{G}\left(B, B_{\leq \theta}\right)\right| \leq \frac{b \cdot b_{\leq \theta}}{n} d+\lambda \sqrt{b \cdot b_{\leq \theta}}
$$

The above two equations yields a quadratic equation in $x \triangleq \sqrt{b_{\leq \theta}}$.

$$
(d-\theta) x^{2}+\sum_{\alpha=0}^{\theta-1} b_{\leq \alpha} \leq \bar{b} d x^{2}+\lambda \sqrt{b} x .
$$

Rearranging, we get

$$
(d \bar{\ell}-\theta) x^{2}-\lambda \sqrt{b} x+\sum_{\alpha=0}^{\theta-1} b_{\leq \alpha} \leq 0
$$

As we assume $\theta<d \bar{\ell}$, this inequality can hold only if the discriminant is non-negative, and so

$$
\lambda^{2} b-4(d \bar{\ell}-\theta) \sum_{\alpha=0}^{\theta-1} b_{\leq \alpha} \geq 0
$$

This gives us the desired bound

$$
\sum_{\alpha=0}^{\theta-1} b_{\leq \alpha} \leq \frac{\lambda^{2} b}{4(d \bar{\ell}-\theta)}
$$

Plugging this back in Equation (5.15), we get

$$
\begin{equation*}
\frac{k_{B}}{d^{2}} \sum_{\theta=0}^{\lfloor\lfloor\bar{l}-\Delta\rfloor-1} b_{\leq \theta} \leq \frac{k_{B} \lambda^{2} b}{4 d^{2} \Delta} \tag{5.17}
\end{equation*}
$$

By Equation (5.11), Equation (5.12) and the bounds obtained for the three summands in the latter equation (Equations (5.13), (5.14) and (5.17)), we get

$$
\sum_{v \in B} \frac{1}{\mathbf{D}_{v, v}} \leq \frac{b}{d+k_{B} d \bar{\ell}}+\frac{k_{B}(\Delta+3) b}{d^{2}}+\frac{k_{B} \lambda^{2} b}{4 d^{2} \Delta}
$$

Choosing $\Delta=\frac{\lambda}{2}$, and using that $k_{B}=\sqrt{k}-1$, we get

$$
\begin{aligned}
\sum_{v \in B} \frac{1}{\mathbf{D}_{v, v}} & \leq \frac{b}{d}\left(\frac{1}{1+k_{B} \bar{\ell}}+\frac{k_{B} \bar{\lambda}}{2}+\frac{k_{B} \bar{\lambda}}{2}+3 \frac{k_{B}}{d}\right) \\
& =\frac{b}{d}\left(\frac{1}{1+k_{B} \bar{\ell}}+(\sqrt{k}-1)\left(\bar{\lambda}+\frac{3}{d}\right)\right) .
\end{aligned}
$$

The proof then follows per our assumption $\sqrt{k} \leq \frac{\lambda}{3}+1$.

### 5.2 Proof of Lemma 5.10

The proof of Lemma 5.10 is similar to that of Lemma 5.9. Before we begin, we remind the reader that for $v \in L, \mathbf{D}_{v, v}=\operatorname{deg}_{G_{\pi, L}}((1, v))$ (Equation (5.1)) and $\theta_{v}=\left|E_{G}(v, B)\right|$ (Equation (5.2)). Furthermore, recall that $k_{L}=\frac{1}{\sqrt{k}}-1$ and note that, unlike $k_{B}$ that appears in the proof of Lemma 5.9, $k_{L}$ is negative.

Proof of Lemma 5.10. For $\theta=0,1, \ldots, d$ define $L_{\theta}=\left\{v \in L: \theta_{v}=\theta\right\}$ and $L_{\geq \theta}=\{v \in$ $\left.L: \theta_{v} \geq \theta\right\}$, and let $\ell_{\theta}=\left|L_{\theta}\right|, \ell_{\geq \theta}=\left|L_{\geq \theta}\right|$. For every $v \in L_{\theta}$,

$$
\mathbf{D}_{v, v}=\operatorname{deg}_{G_{\pi, L}}((1, v))=\frac{1}{\sqrt{k}} \theta+(d-\theta)=d+k_{L} \theta
$$

and so the expression we wish to bound can be written as

$$
\sum_{v \in L} \frac{1}{\mathbf{D}_{v, v}}=\sum_{\theta=0}^{d} \frac{\ell_{\theta}}{d+k_{L} \theta}
$$

For every integer $0 \leq \theta \leq d$ we have that $L_{\theta}=L_{\geq \theta} \backslash L_{\geq \theta+1}$ with the understanding that $L_{d+1}=\emptyset$, and so

$$
\begin{aligned}
\sum_{\theta=0}^{d} \frac{\ell_{\theta}}{d+k_{L} \theta} & =\sum_{\theta=0}^{d} \frac{\ell \geq \theta-\ell \geq \theta+1}{d+k_{L} \theta} \\
& =\sum_{\theta=0}^{d} \frac{\ell_{\geq \theta}}{d+k_{L} \theta}-\sum_{\theta=0}^{d} \frac{\ell_{\geq \theta+1}}{d+k_{L} \theta} \\
& =\frac{\ell_{\geq 0}}{d}+\sum_{\theta=1}^{d} \frac{\ell_{\geq \theta}}{d+k_{L} \theta}-\sum_{\theta=1}^{d+1} \frac{\ell_{\geq \theta}}{d+k_{L}(\theta-1)} .
\end{aligned}
$$

As $\ell_{\geq 0}=\ell$, the first term equals $\frac{\ell}{d}$. Since $\ell_{\geq d+1}=0$,

$$
\begin{aligned}
\sum_{\theta=1}^{d} \frac{\ell \geq \theta}{d+k_{L} \theta}-\sum_{\theta=1}^{d+1} \frac{\ell \geq \theta}{d+k_{L}(\theta-1)} & =\sum_{\theta=1}^{d} \ell_{\geq \theta}\left(\frac{1}{d+k_{L} \theta}-\frac{1}{d+k_{L}(\theta-1)}\right) \\
& =\sum_{\theta=1}^{d} \frac{-k_{L} \ell \geq \theta}{\left(d+k_{L} \theta\right)\left(d+k_{L}(\theta-1)\right)} \\
& \leq \sum_{\theta=1}^{d} \frac{-k_{L} \ell \geq \theta}{\left(d+k_{L} \theta\right)^{2}}
\end{aligned}
$$

where the inequality holds because $k_{L}$ is negative. We conclude the above calculation with the following inequality

$$
\begin{equation*}
\sum_{v \in L} \frac{1}{\mathbf{D}_{v, v}} \leq \frac{\ell}{d}+\sum_{\theta=1}^{d} \frac{-k_{L} \ell \geq \theta}{\left(d+k_{L} \theta\right)^{2}} \tag{5.18}
\end{equation*}
$$

With respect to a parameter $\Delta$ that will be determined later, we partition the sum on the right hand side to three parts, and bound each of them separately.

$$
\begin{equation*}
\sum_{\theta=1}^{d} \frac{-k_{L} \ell_{\geq \theta}}{\left(d+k_{L} \theta\right)^{2}}=\sum_{\theta=0}^{\lfloor d \bar{b}\rfloor-1} \frac{-k_{L} \ell_{\geq \theta}}{\left(d+k_{L} \theta\right)^{2}}+\sum_{\theta=\lfloor d \bar{b}\rfloor}^{\lfloor d \bar{b}+\Delta\rfloor+1} \frac{-k_{L} \ell_{\geq \theta}}{\left(d+k_{L} \theta\right)^{2}}+\sum_{\lfloor d \bar{b}+\Delta\rfloor+2}^{d} \frac{-k_{L} \ell_{\geq \theta}}{\left(d+k_{L} \theta\right)^{2}} \tag{5.19}
\end{equation*}
$$

Let us start with the second sum. It consists of at most $\Delta+3$ summands, each of them is bounded above by $\frac{-k_{L} \ell}{\left(1+k_{L}\right)^{2} d^{2}}$ bounding the second sum by

$$
\sum_{\theta=\lfloor d \bar{b}\rfloor}^{\lfloor d \bar{b}+\Delta\rfloor+1} \frac{-k_{L} \ell \geq \theta}{\left(d+k_{L} \theta\right)^{2}} \leq \frac{-k_{L}(\Delta+3) \ell}{\left(k_{L}+1\right)^{2} d^{2}} .
$$

For the first sum we use a slightly more delicate bound.

$$
\sum_{\theta=0}^{\lfloor d \bar{b}\rfloor-1} \frac{-k_{L} \ell_{\geq \theta}}{\left(d+k_{L} \theta\right)^{2}} \leq \sum_{\theta=0}^{\lfloor d \bar{b}\rfloor-1} \frac{-k_{L} \ell}{\left(d+k_{L} \theta\right)^{2}}
$$

The summands are a monotonic increasing function of $\theta$, allowing us to replace the sum with an integral according to the following inequality

$$
\sum_{\theta=0}^{\lfloor d \bar{b}\rfloor-1} \frac{-k_{L} \ell}{\left(d+k_{L} \theta\right)^{2}} \leq \int_{\theta=0}^{d \bar{b}} \frac{-k_{L} \ell}{\left(d+k_{L} \theta\right)^{2}} d \theta=\left.\left[\frac{\ell}{d+k_{L} \theta}\right]\right|_{\theta=0} ^{d \bar{b}}=\frac{\ell}{d+k_{L} d \bar{b}}-\frac{\ell}{d}
$$

Finally, we bound the third sum of Equation (5.19).

$$
\begin{equation*}
\sum_{\lfloor d \bar{b}+\Delta\rfloor+2}^{d} \frac{-k_{L} \ell \geq \theta}{\left(d+k_{L} \theta\right)^{2}} \leq \sum_{\lfloor d \bar{b}+\Delta\rfloor+2}^{d} \frac{-k_{L} \ell_{\geq \theta}}{\left(k_{L}+1\right)^{2} d^{2}}=\frac{-k_{L}}{\left(k_{L}+1\right)^{2} d^{2}} \cdot \sum_{\lfloor d \bar{b}+\Delta\rfloor+2}^{d} \ell_{\geq \theta} . \tag{5.20}
\end{equation*}
$$

For $\theta>d \bar{b}$, Let us count the number of edges between $L_{\geq \theta}$ and $L$ in two ways. On the one hand,

$$
\left|E_{G}\left(L, L_{\geq \theta}\right)\right|=\sum_{\alpha=\theta}^{d}\left|E_{G}\left(L, L_{\alpha}\right)\right|=\sum_{\alpha=\theta}^{d} \ell_{\alpha}(d-\alpha)=\ell_{\geq \theta}(d-\theta)-\sum_{\alpha=\theta+1}^{d} \ell_{\geq \alpha},
$$

where the last inequality follows a similar reasoning to the one in Equation (5.16). On the other hand, using the expander mixing lemma,

$$
\left|E_{G}\left(L, L_{\geq \theta}\right)\right| \geq \frac{\ell \cdot \ell_{\geq \theta}}{n} d-\lambda \sqrt{\ell \cdot \ell_{\geq \theta}}
$$

Putting these two characterizations of $\left|E_{G}\left(L, L_{\geq \theta}\right)\right|$ together, we get a quadratic equation in $\sqrt{\ell_{\geq \theta}}$.

$$
\ell_{\geq \theta}(d-\theta)-\sum_{\alpha=\theta+1}^{d} \ell_{\geq \alpha} \geq \bar{\ell} \cdot \ell_{\geq \theta} d-\lambda \sqrt{\ell} \sqrt{\ell_{\geq \theta}} .
$$

Rearranging the terms, we have

$$
(\theta-d \bar{b}) \ell_{\geq \theta}-\lambda \sqrt{b} \sqrt{\ell_{\geq \theta}}+\sum_{\alpha=\theta+1}^{d} \ell_{\geq \alpha} \leq 0
$$

As we assumed $\theta>d \bar{b}$, this inequality can hold only if the discriminant is non-negative.

$$
\lambda^{2} b-4(\theta-d \bar{b}) \sum_{\alpha=\theta+1}^{d} \ell_{\geq \alpha} \geq 0
$$

This gives us the desired bound

$$
\sum_{\alpha=\theta+1}^{d} \ell_{\geq \alpha} \leq \frac{\lambda^{2} \ell}{4(\theta-d \bar{b})}
$$

Plugging this back in Equation (5.20), we get

$$
\frac{-k_{L}}{\left(k_{L}+1\right)^{2} d^{2}} \cdot \sum_{\lfloor d \bar{b}+\Delta\rfloor+2}^{d} \ell_{\geq \theta} \leq \frac{-k_{L} \lambda^{2} \ell}{4\left(k_{L}+1\right)^{2} d^{2}(\lfloor d \bar{b}+\Delta\rfloor+1-d \bar{b})} \leq \frac{-k_{L} \lambda^{2} \ell}{4\left(k_{L}+1\right)^{2} d^{2} \Delta}
$$

Putting everything together, we get

$$
\sum_{v \in L} \frac{1}{\mathbf{D}_{v, v}} \leq \frac{\ell}{d+k_{L} d \bar{b}}+\frac{-k_{L}(\Delta+3) \ell}{\left(k_{L}+1\right)^{2} d^{2}}+\frac{-k_{L} \lambda^{2} \ell}{4\left(k_{L}+1\right)^{2} d^{2} \Delta}
$$

Choosing $\Delta=\frac{\lambda}{2}$ and observing that $\frac{-k_{L}}{\left(k_{L}+1\right)^{2}}=k-\sqrt{k}$ gives us

$$
\begin{aligned}
\sum_{v \in L} \frac{1}{\mathbf{D}_{v, v}} & \leq \frac{\ell}{d}\left[\frac{1}{1+k_{L} \bar{b}}+\frac{(k-\sqrt{k}) \bar{\lambda}}{2}+\frac{(k-\sqrt{k}) \bar{\lambda}}{2}+(k-\sqrt{k}) \frac{3}{d}\right] \\
& \leq \frac{\ell}{d}\left[\frac{1}{1+k_{L} \bar{b}}+k \bar{\lambda}+k \frac{3}{d}-\sqrt{k} \bar{\lambda}\right]
\end{aligned}
$$

Once again, per our assumption, $k \cdot \frac{3}{d}-\sqrt{k} \bar{\lambda}$ is negative and can be omitted, finishing the proof.

### 5.3 Missing proofs

In this section we prove Claim 5.6, Claim 5.7, and Claim 5.8 whose proofs were deferred, thus completing the proof of Proposition 5.1.

Proof of Claim 5.6. Recall that $\widetilde{\mathbf{x}}_{1}=\mathbf{D}^{\frac{1}{2}} \mathbf{U}^{\top} \mathbf{1}$, and so

$$
\left\|\widetilde{\mathbf{x}}_{1}\right\|^{2}=\mathbf{1}^{\top} \mathbf{U D} \mathbf{U}^{\top} \mathbf{1}=\mathbf{1}^{\top} \mathbf{U U}^{\top} \mathbf{D}_{G_{\pi, L}} \mathbf{1}
$$

where for the last equality we used Item (1) of Claim 5.3. Note that $\mathbf{D}_{G_{\pi, L}} \mathbf{1} \in F^{\|}$and so, by Item (4) of Claim 4.3, we have that

$$
\begin{equation*}
\left\|\widetilde{\mathbf{x}}_{1}\right\|^{2}=\mathbf{1}^{\top} \mathbf{D}_{G_{\pi, L}} \mathbf{1}=\frac{1}{m} \sum_{v \in V\left(G_{\pi, L}\right)} \operatorname{deg}_{G_{\pi, L}}(v)=\frac{2\left|E\left(G_{\pi, L}\right)\right|}{m} \tag{5.21}
\end{equation*}
$$

Counting the edges, accounting for the weights, we get that

$$
\begin{aligned}
\left|E\left(G_{\pi, L}\right)\right| & =\left|E_{G}(B, B)\right|+\sqrt{k}\left|E_{G}(B, L)\right|+k\left|E_{G}(L, L)\right| \\
& =\frac{b d-s}{2}+\sqrt{k} s+k \frac{\ell d-s}{2} \\
& =\frac{m}{2} d-\frac{(\sqrt{k}-1)^{2}}{2} s .
\end{aligned}
$$

Recall that $e=s-\frac{b e}{n} d$ and write

$$
\begin{aligned}
2\left|E\left(G_{\pi, L}\right)\right| & =d\left(m-(\sqrt{k}-1)^{2} \frac{b \ell}{n}\right)-(\sqrt{k}-1)^{2} e \\
& =\frac{d}{n}\left(n m-(\sqrt{k}-1)^{2} b \ell\right)-(\sqrt{k}-1)^{2} e \\
& =\frac{d}{n}\left((b+\ell)(b+k \ell)-(\sqrt{k}-1)^{2} b \ell\right)-(\sqrt{k}-1)^{2} e \\
& =\frac{d}{n} \mu^{2}-(\sqrt{k}-1)^{2} e .
\end{aligned}
$$

Plugging this back to Equation (5.21), we get the desired result

$$
\left\|\widetilde{\mathbf{x}}_{1}\right\|^{2}=\frac{2\left|E\left(G_{\pi, L}\right)\right|}{m}=d \bar{\mu}^{2}-(\sqrt{k}-1)^{2} \frac{e}{m}
$$

Proof of Claim 5.7. This follows by a straightforward calculation. Indeed,

$$
\left\langle\mathbf{D}^{-\frac{1}{2}} \mathbf{1}, \widetilde{\mathbf{x}}_{1}\right\rangle=\mathbf{1}_{m}^{\top} \mathbf{U} \mathbf{1}_{n}=\frac{b+\sqrt{k} \ell}{\sqrt{n m}}=\bar{\mu}
$$

Proof of Claim 5.8.

$$
\left\|\mathbf{D}^{-\frac{1}{2}} \mathbf{1}\right\|^{2}=\frac{1}{n} \sum_{v \in V(G)} \frac{1}{\mathbf{D}_{v, v}}
$$

Using Lemma 5.9, Lemma 5.10 we conclude

$$
\begin{aligned}
\left\|\mathbf{D}^{-\frac{1}{2}} \mathbf{1}\right\|^{2} & =\frac{1}{n} \sum_{v \in V(G)} \frac{1}{\mathbf{D}_{v, v}} \\
& \leq \frac{1}{n d}\left(\frac{b}{1+k_{B} \bar{\ell}}+\frac{\ell}{1+k_{L} \bar{b}}+b \sqrt{k} \bar{\lambda}+\ell k \bar{\lambda}\right) \\
& \leq \frac{1}{n d}\left(\frac{b}{\bar{b}+\sqrt{k} \bar{\ell}}+\frac{\ell}{\frac{1}{\sqrt{k}} \bar{b}+\bar{\ell}}+n k \bar{\lambda}\right) \\
& =\frac{1}{n d}\left(\frac{b}{\bar{b}+\sqrt{k} \bar{\ell}}+\frac{\sqrt{k} \ell}{\bar{b}+\sqrt{k} \bar{\ell}}+n k \bar{\lambda}\right)
\end{aligned}
$$

which equals $\frac{1+k \bar{\lambda}}{d}$, concluding the proof.

## 6 Proof of Theorem 1.1

In this section we wrap it all up and prove Theorem 1.1.
Proof of Theorem 1.1. By repeatedly applying Corollary 3.1 of [BL06] to the base graph, denoted $\mathrm{BL}_{0}$, which is the clique on $d+1$ vertices, we obtain an explicit family of $d$-regular expanders $\mathcal{B L}=\left(\mathrm{BL}_{n}\right)_{n \in \mathcal{I}}$, where $\mathcal{I}=\left\{(d+1) \cdot 2^{i} \mid i \in \mathbb{N}\right\}$ and $\lambda(\mathcal{B L})=O\left(\sqrt{d \log ^{3} d}\right)$. Moreover, as $\mathrm{BL}_{0}$ is simple, all graphs in $\mathcal{B L}$ are simple. By regularity,

$$
\bar{\lambda}(\mathcal{B L})=\frac{1}{d} \lambda(\mathcal{B L})=O\left(\sqrt{\frac{\log ^{3} d}{d}}\right)
$$

Let $n: \mathbb{N} \rightarrow \mathcal{I}$ be the function defined by $n(i)=(d+1) \cdot 2^{i}$. That is, $n(i)$ is the number of vertices of the $i$-th graph in $\mathcal{B L}$. Observe that for every $i \in \mathcal{I}$, $\mathrm{BL}_{n(i+2)}$ is a $\pi_{i}$-lift of $\mathrm{BL}_{n(i)}$ with $k=4$. Indeed, the 2 -lift of a 2 -lift is a 4 -lift.

Fix $i \in \mathbb{N}$. Choose an arbitrary ordering on the vertices of $\mathrm{BL}_{n(i)}$ and denote the first $j$ vertices, under this ordering, by $L_{n(i), j}$. Define $P_{n(i), j}$ to be the $L_{n(i), j}$-partial $\pi_{i}$-lift of
$\mathrm{BL}_{n(i)}$. Note that the edge weights of $P_{n(i), j}$ are 1 and $\frac{1}{2}$. In order to avoid fractional edges, multiply every edge by 2 to obtain the unweighted graph with multiple edges $G_{n(i), j}$. Note that the latter is a graph on $n(i)+3 j$ vertices, and that $G_{n(i), n(i)}=G_{n(i+2), 0}$. The family that we construct is given by $\mathcal{G}=\left(G_{n, j}\right)_{(n, j) \in \mathcal{I}^{\prime}}$, where the index set

$$
\mathcal{I}^{\prime}=\{(n(i), j) \mid i \in 2 \mathbb{N} \text { and } 0 \leq j \leq n(i)\}
$$

is lexicographically ordered.
Per Definition 4.1, and as we duplicated all edges, the degrees of all vertices in this family are in the range $\left[2 \frac{d}{\sqrt{4}}, 2 \sqrt{4} d\right]=[d, 4 d]$, as claimed. Proposition 4.2 and Proposition 5.1 readily imply the bounds on $\lambda(\mathcal{G})$ and $\bar{\lambda}(\mathcal{G})$, respectively. To conclude the proof, note that the expansion cost is $O(d)$.

## 7 Expanding Nearly-Ramanujan Graphs Exist

In this section we prove Theorem 1.2 based on a seminal result by Friedman [Fri08]. We first introduce the following notation. For an integer $d \in \mathbb{N}$ and an even integer $n$, let $\mathcal{M}_{n, d}$ be the distribution of graphs given by the union of $d$ independent uniformly sampled perfect matchings on $n$ vertices.

Theorem 7.1 (Theorem 1.3 from [Fri08]; rephrased). For every $\epsilon>0$ and even $d \in \mathbb{N}$ there exists a constant, $c$, such that for a random graph $G$ that is sampled from $\mathcal{M}_{n, d}$, with probability at least $1-\frac{c}{n^{\tau}}$, we have for all $i>1$,

$$
\left|\lambda_{i}(G)\right| \leq 2 \sqrt{d-1}+\epsilon
$$

where $\tau=\lceil\sqrt{d-1}\rceil-1$.
We start by proving the following claim.
Claim 7.2. If $X$ is a uniformly random matching on $2 n$ vertices, then the extension of $X$ (the output distribution of Algorithm 1 applied on $X$ ) is a uniform random matching on $2 n+2$ vertices

Proof. First, note that Algorithm 1 is invertible (in the sense that there is a unique preimage for every matching on $[2 n+2]$ ) The reader may verify that Algorithm 2 composed with Algorithm 1 results in the identity. Denote the internal randomness of Algorithm 1

```
Algorithm 1 Extend
Input: A matching \(M\) on [2n].
Output: A matching on \([2 n+2]\).
    Sample \(i\) uniformly at random from \([2 n+1]\).
    if \(i=2 n+1\) then
        return \(M \cup\{(2 n+1,2 n+2)\}\)
    else
        return \((M \backslash\{(i, M(i))\}) \cup\{(i, 2 n+2),(M(i), 2 n+1)\}\)
    end if
```

```
Algorithm 2 Shrink
Input: A matching \(M\) on \([2 n+2]\).
Output: A matching on [2n].
    if \(M(2 n+2)=2 n+1\) then
        return \(M \backslash\{(2 n+1,2 n+2)\}\)
    else
        \(i=M(2 n+2)\)
        \(j=M(2 n+1)\)
        return \((M \backslash\{(i, 2 n+2),(j, 2 n+1)\}) \cup\{(i, j)\}\)
    end if
```

by $r_{\text {Extend }}$. Then, for every matching $M$ on $[2 n+2]$,

$$
\begin{aligned}
\operatorname{Pr}_{r_{\text {Extend }, X}}[\operatorname{Extend}(X)=M] & =\operatorname{Pr}_{i \leftarrow[2 n+1], X}[X=\operatorname{Shrink}(M) \wedge i=M(2 n+2)] \\
& =\operatorname{Pr}_{X}[X=\operatorname{Shrink}(M)] \cdot \underset{i \leftarrow[2 n+1]}{\operatorname{Pr}^{2}}[i=M(2 n+2)] .
\end{aligned}
$$

As both $X$ and $i$ are uniform, the RHS, and thus also the LHS, of the above equation not depend on $M$, concluding the proof.

Proof of Theorem 1.2. Let $n_{0} \in \mathbb{N}$ be a parameter to be set later on. Set $\mathcal{I}=\left\{2\left(n_{0}+i\right) \mid\right.$ $i \in \mathbb{N}\}$. We consider a distribution over families of $d$-regular graphs $\mathcal{G}=\left(G_{i}\right)_{i \in \mathcal{I}}$ in which $G_{2 n_{0}}$ is drawn from $\mathcal{M}_{2 n_{0}, d}$, and for every $i \geq 0$,

$$
G_{2\left(n_{0}+i+1\right)}=\operatorname{Extend}\left(G_{2\left(n_{0}+i\right)}\right)
$$

Note that for every $n$, we can write $\mathcal{M}_{2 n, d}=\sum_{i=1}^{d} X_{i}$, where the $X_{i}$-s are independent uniform random matching on $[2 n]$. By Claim 7.2,

$$
\begin{equation*}
\mathcal{M}_{2 n+2, d}=\sum_{i=1}^{d} \operatorname{Extend}\left(X_{i}\right) . \tag{7.1}
\end{equation*}
$$

Thus, for every $i \geq 0, G_{2\left(n_{0}+i\right)}$ has the same distribution as $\mathcal{M}_{2\left(n_{0}+i\right), d}$. Note further that $c(\mathcal{G}) \leq 3 d$ with probability 1 . We are only left with analyzing the spectral expansion of $\mathcal{G}$. By Theorem 7.1, for every $G_{2\left(n_{0}+i\right)}$ we have that

$$
\operatorname{Pr}\left[\lambda\left(G_{2\left(n_{0}+i\right)}\right)>2 \sqrt{d-1}+\epsilon\right] \leq \frac{c}{\left(2\left(n_{0}+i\right)\right)^{\tau}}
$$

For $d \geq 6$, the RHS is bounded above by $\frac{c}{\left(2\left(n_{0}+i\right)\right)^{2}}$. Applying the union bound, we get that

$$
\begin{aligned}
\operatorname{Pr}\left[\exists i \in \mathbb{N} \quad \lambda\left(G_{2\left(n_{0}+i\right)}\right)>2 \sqrt{d-1}+\epsilon\right] & \leq \sum_{i \in \mathbb{N}} \operatorname{Pr}\left[\lambda\left(G_{2\left(n_{0}+i\right)}\right)>2 \sqrt{d-1}+\epsilon\right] \\
& \leq \sum_{i \in \mathbb{N}} \frac{c}{\left(2 n_{0}+2 i\right)^{2}}
\end{aligned}
$$

This series always converges, and for large enough $n_{0}$, is strictly smaller than 1 . We conclude that there is a positive probability of satisfying $\forall i: \lambda\left(G_{2\left(n_{0}+i\right)}\right) \leq 2 \sqrt{d-1}+\epsilon$, proving the existence of the desired spectral expanding expander family.

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[^1]:    ${ }^{1}$ There is some harmless inconsistency in the literature regarding the definition of spectral expansion. Some sources refer to $d-\lambda(G)$ as the spectral expansion. Others consider $1-\frac{1}{d} \lambda(G)$. In some cases, it is only $\lambda_{2}$ that is considered.

